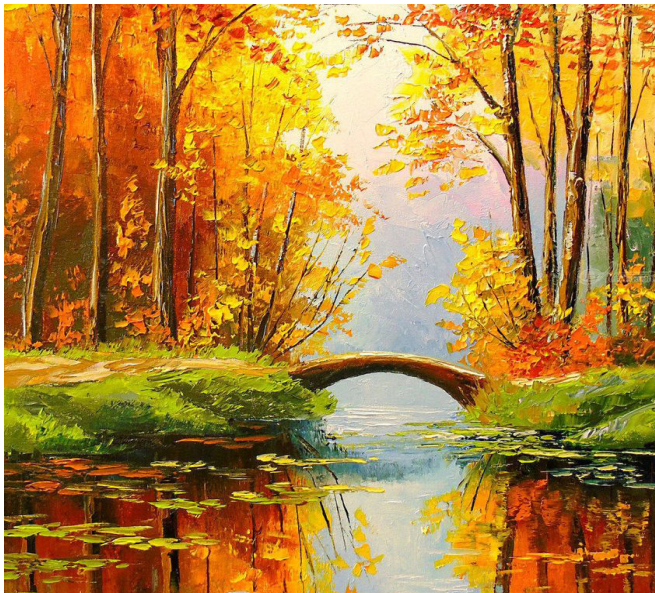


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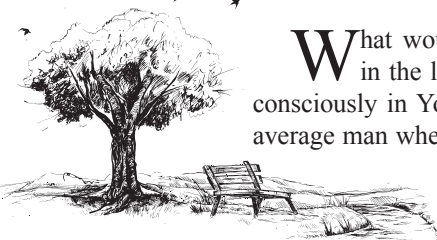
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THE PATH OF TRUTH

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Living in the Presence



What would it not mean, my Father, in the lives of all of us, if we lived consciously in Your Presence? Careful is the average man when – on some social occasion – he is sitting chatting with his boss. He skims lightly over subjects on

which they do not see eye to eye, he is on his guard not to appear controversial, opinionated or over-confident. In every way he is very mindful of his p's and q's. And when he is talking to his latest girlfriend, how he exerts himself to be courteous and attentive; even when it is merely a couple of drinks he is having with some cronies he takes the trouble to be cordial and amusing, or when playing with his two small children how kind, patient and understanding he can be! Even to the stranger, casually encountered, he strives to make a good impression, but when it is a question of You, my father, of his GOD Who created him, maintains, protects and *loves* him – with an infinite Love with which no earthly love be it ever so deep, tender and true, can

ever compare – does he lay himself out to please You or does he, for the most part, disregard You and more often than not offend against You?

How foolish and short sighted, my Father, we, Your errant children, can be! It is for our own sakes not for Yours that we should companion with You, serve You and follow after You, for You alone are our all-sufficiency in all things, our Life, our Light and our Salvation. And when – in awareness – we are separated from You we are all alone indeed. As flotsam and jetsam we are tossed on stormy seas, driven by the winds of chance, smashed up on the rocks of failure, doubt and fear. It is only as we attune ourselves – IN LOVE – to You, *unite with You*, that we can stand firm, assured and free, more than conquerors in life and can, here on earth, enter into our heritage as sons and heirs of the Most High.

Let us then, with your help, my Father, “seek the Lord where He is to be found (within ourselves) and forever more be faithful in Word and deed to Him.”



One of the grandest things in having rights is, that though they are your rights you may give them up.

- G. McDonald



No man has a right to do as he pleases, except when he pleases to do right.

- C. Simmons

“I asked you to Pray –”

Extracts from letters received by the School of Truth...



I want to thank you for sending me *The Path of Truth* so regularly. Words are inadequate to express what this magazine has daily meant to me. Through your various lectures and the reading of this book I have achieved quite a different outlook on life, and so has my husband.

May God's love illumine your work.

Our most grateful thanks are extended to all our known and unknown friends for their constant spiritual and material support of this, Gods work. To Him we render our gratitude for His unfailing inspiration and guidance.

My sister has been helped not only spiritually but also physically by means of your prayers. Her husband has given up drinking and has built a lovely house. His two sons are giving him more love and respect and he is more patient with them too. My sister cannot thank God enough for the help that has been given her. Also, a wonderful thing has happened in our home. My husband smokes far less cigarettes and rejoices in his wonderful appetite and change in health.

My son suffered a double fracture of the spine so I asked you to pray for him. Within six weeks he was out of bed and walking, after the doctors had said it would be months. God bless you for the wonderful work you are doing.



I want to thank you and bless your wonderful work. I was paralysed and your little books have helped me back to health. God bless you as always.



I wrote and asked you to pray for me in connection with a threatened miscarriage. You wrote back an encouraging and beautiful letter, that our little one would be born at the right time and in a perfect way. Now I want to tell you that two weeks ago we had a little son and he was indeed born in a perfect way. The staff in the nursing home were so impressed they could not stop talking about it. It is a marvellous manifestation of God's love. Thank you so much for your prayers, your letter and your magazine.



Thank you for what you have shown me and taught me. I like the fruits of the new way of living my life as taught in *The Path of Truth*. I have never before felt so free of fear, so relaxed and so confident in saying, "Thy will be done". The consequence is that everything goes well and works out so much better than when I tried to control it all.

I asked you to pray for my grandson who would not do a thing and was very untruthful. Now he has changed, he has a good job and is going steady. Thank you for your help and prayers. God is so good.



You prayed for my husband and me and I am happy to tell you that almost immediately after I had written to you the growth on my throat began to disappear and within a week my throat was almost normal. Now it is as it always has been. God has also restored my husband's equilibrium. As I told you, his faith had been shaken but now he is his own sweet self again and feels 100% fit after the heart attack. We praise God daily for his blessings. Thank you for your prayers and God's blessings be upon you and your work.



It is with the deepest gratitude that I let you know that our little girl is quite cured of eczema and there is not a mark left on her arms. It just proves to us what healing power the prayer of faith has.



I asked you to pray for us as we were in financial difficulties and my husband was far from well. I am happy to say my husband is ever so much better and our financial difficulties have been solved. Many thanks for all you have done.

It is all through your prayers and God's infinite love that I am a happy person again. Throughout the day there is not a moment that I do not thank God for what you have done for me. God bless you and your work.



I wrote to you in desperation as my daughter and her husband were in straightened circumstances as he had been unemployed for several months. I had a letter from them a few days ago to say that he had started work as a credit manager to a well-known concern with a very good salary and prospects. I am overwhelmed with joy and thank God and the School of Truth for what has been done.



I have been optimistic about my friend's health ever since I wrote my first letter to you and am thankful to be able to tell you that he is gaining strength daily and has also gained fifty pounds in weight. His case was given up as hopeless by the doctors. What a wonderful thing the prayer of faith is!



My son-in-law was drinking excessively when I wrote to you. I feel now that the age of miracles has not passed for he has completely stopped drinking. God does hear and answer prayer. Thank you so much for your help.

I asked you to pray for my husband. The specialists and our doctor were sceptical of his recovery as he was suffering from an obscure lung disease and they were working in the dark. Imagine our joy when, after the X-ray examination, we were told that one lung was completely cured and the other considerably improved, after we had been told that recovery would take months. The doctors were amazed at this rapid improvement and declared it was a miracle. Since then my husband has been completely cured. He has returned to work and everything has worked out for his good. We are grateful for your prayers and help and for this manifestation of God's love.



Prayer for Universal Peace

Let the forces of light bring illumination to mankind,

Let the spirit of Peace be spread abroad,

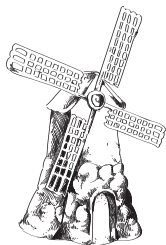
*Let men of goodwill everywhere, meet in a spirit
of co-operation,*

*Let forgiveness on the part of all men be the keynote
at this time,*

Let Power attend the efforts of the brotherhood of man,

So be it – and I do my part.

Lecture delivered in Johannesburg by Nicol C. Campbell



I Do My Part

Have you ever thought of the word “inexhaustible” in connexion with God? It has a pleasant sound, has it not? Pleasant in the sense that with Him, His Omnipotence, Omniscience and Omnipresence are literally an illimitable source of ALL GOOD on which you and I and all other people and creatures can draw without any fear of depleting it. However, it is not quite as simple as it sounds, nor as it appears to be to the man in the street.

We have to think of it in connection with the spiritual side of life, for before we can look for the manifestation in our bodies and affairs of all that God is and has, it is necessary for us to establish contact with Him. This approach can be a very simple thing to accomplish; all that is required of us is that we grow into the consciousness of Him as our all-sufficiency in all things. If we have a child like faith it is easy, but very few of us are blessed with that, so when we try to condense the spiritual Force of Love into visibility we meet with many setbacks. If we could accept *in toto* in our mental, emotional and material affairs the idea of God manifest as all good on every plane of consciousness, we should all reflect perfect health and happiness and abundant supply to share and to spare.

However, if we look around us, we shall not see much evidence of this complete state of well-being. It is of course true that there are people expressing health, and others showing forth harmony, as well as many who manifest prosperity, but where is the individual who enjoys all three of these blessings? Go into any home, and you will not find him for he is far to seek. Wherever you look one of these qualities – at least – will always be missing and the question is, “Why should this be so? Why cannot God give us wholeness, and bring to our conscious minds the realisation of Himself as our mental, emotional and physical fullness?” He is impotent where this is concerned because, in spite of what we may say to the contrary, if any of these qualities are lacking, it is so because we have failed to accept them on trust. There is always something wanting in relation to harmony. It may be that the husband irritates his wife, or that she worries him; with respect to health someone may say, “It is nothing to do with me personally; this one or that one upsets me, with the result that my bodily rhythm and tranquillity are disturbed and the condition of sickness ensues”. Where an absence of prosperity obtains one hears the lament, “If only I had more education, a better background, rich parents or wealthy relations I should be able to *accept* abundance for myself; but as it is I cannot see any channel through which God can manifest for me as affluence.”

All these are very limiting ideas, and a complete denial of the truth that whatever we need is already within us, within our unseen selves, a part of our spiritual consciousness, an inexhaustible supply, not of just what we absolutely need, but of the infinite riches of our father. Nevertheless, in order ourselves to participate in these we must experience that quickening of the spirit that comes with the knowledgeable faith that enables him that attains it, to say: "I KNOW THAT IT IS TRUE". This certainty arises out of personal experience; it is no mere belief but a deep inner conviction, and as long as any discordant condition persists this has not been achieved; there is still a sense of separation with the consequent absence of the thing desired.

What, then, can a man do if he wants happiness in his home and his wife upsets him? And what steps can a person take who is suffering from illness through the disturbing influence of someone in his environment? Or what action is open to the individual who may *have* rich relations who will not help him? None of these persons has anything at all to do! We are all self-sufficient; we have, contained within ourselves, the spiritual substance that has but one thought, one desire, which is to press itself out into livingness in our homes as harmony, in our bodies as health, and in our affairs as prosperity *as soon* as we have risen sufficiently above the place, conditions, circumstances, appearances or people that are confounding us.

It is we, by our own reactions, who are limiting ourselves. We are shutting out the things we want because of people who are nothing but our growing pains, and it is only by and through our overcoming that we shall attain to that quality of consciousness, that realisation of the fullness of spirit within us, that will lead to the externalisation of all that we need.

I think it is worth it! Even if poverty, unhappiness and lack manifest for a time, the experience that will ultimately make of you independent entities, self-assured, free as the air you breathe, is well worth going through if it gives you the awareness of your oneness with God, so lifting all mental, emotional and physical burdens from your shoulders and flooding your homes with harmony, your bodies with health, and your affairs with prosperity, sunshine and success.

Think of it like this. Suppose you were a poor student who, having just passed your matric, were about to start out in life and someone came along and said: "I see you have excellent abilities that are capable of unlimited development if they are given a fair chance; what would you like to do? I am prepared to finance you, I will pay for your further education, clothe and feed you" what would your reaction be? Would you accept that offer and work as hard as within you lay, to profit by the opportunity and make a success of yourself?

If I knew anything of people you would do your best sitting up at night studying, starting again early in the morning, without counting the cost in either time or effort, knowing that not the present, with its stress and strain, was important, but the future which had in store your success in your chosen métier, the complete fulfilment of your ambitions and your innermost heart's desire.

As far as your professors were concerned, they would be quite impersonal, and if you did not come up to scratch you would be failed and you would have to do the work over again. You would accept this; but when it comes to God we feel differently, we expect Him to pour into our lives everything He is without effort on our part. We are not concerned as to the type of *lives* we are leading, we are content to *pray* for – but not to earn – our prosperity, health or happiness, and we are affronted when we do not receive what we have asked for. We wonder why the good does not come to pass, forgetting that it is we who are limiting Him and that he can do no more than He has already done, for has He not said, “all that I have, is thine”?

He has placed no limit upon this, all that He is and has is ours in whatever form and to whatever degree we desire, but we – not He – are the ones who set our health, happiness or prosperity free; we alone are responsible for our mental attitude towards these things, and if they ever appear to be receding from us, that is because we, by our doubts and fears, have brought this to pass.

We are confronted with a spiritual Law which we *have* to accept, and this we can do only as we expand our consciousnesses to such an extent that we are enabled to understand It and receive It. We should welcome our growing pains, for it is by and through them that our faith will eventually be established on solid ground.

We cannot afford to deviate from the path; cannot, as some people tell me they want to do, give up the struggle, and live lives of spiritual indolence, for, within us, permeating our entire beings, is God's hypersensitive Law, which we must obey implicitly if we would demonstrate.

You all know what you want from life – not the crumbs from the table but happiness in yourselves and in your relations with others, vitally healthy bodies, the freedom to come and to go as you please, abundant prosperity to share and to spare; and to achieve this, you have to earn it. You have to follow Christ's simple teachings, loving, forgiving, turning the other cheek, not judging by appearances, and above all, you have to recognise that you are temples of the living God, that His Kingdom is within you and is your All-sufficiency in all things.

You have not the strength to carry this out on your own, so ask of God. Ask Him to teach you how to grow, to test you so that you may increase in stature, and to prove you so that you may indeed qualify as His children recognising His Presence, and the indwelling Christ, ever working through you and for you.

I know how much you want this realisation, how you yearn to be free from circumstances and dependence upon people, and these are not your personal desires, they are the Christ within you, calling to each of you to arise in consciousness, thereby taking your minds off the negative appearances that bind you and destroy you.

As you listen to these promptings within your own souls, rejoice in the knowledge that they are the Voice of God saying, “I want to fill you full with radiant health, peace and happiness, and with abundant prosperity to share and to spare in My service”.

The average individual does not listen to these desires at all, he hearkens rather to the clamouring of outside conditions and his emotional state shows on what he is focusing his attention. If discords persist he becomes disappointed, frustrated and disgruntled; if his good hangs fire a restlessness begins to stir in him, he feels that he is just a dreamer of dreams because the things he wants do not show up, either in his life or his affairs, and, as he worries more and more about this, his state of consciousness, that which he is registering emotionally, is reflected to an ever greater and greater extent throughout his whole being and all that concerns him.

I am often asked, “How does one pray? How must *I* pray?”, and I answer that prayer is not so much a matter of words – though these are useful – but a mental and emotional attunement of the one praying with the Spirit of Love within him. It is an inner relaxation, a spiritual acceptance, the identifying of the individual

with the plan that God, *his own spirit*, is trying to express through the particular channel that he is. It is rather as if I (representing the Spirit) picked up a telephone and rang you at home to tell you of your good fortune in coming into a legacy. You, having listened very attentively to what I had to say, would be happy and elated; there would be a lifting of your state of consciousness the instant you heard the good news, and no matter how disgruntled or wretched you had been before, you would feel light and free, you would be re-energised and revitalised as the result of my message. That is what would happen if I, a human being, gave good news to you; yet God, the Spirit of Love, is doing this for you and me and all mankind continually.

If His will were not for our highest good there would be nothing on earth that we could do about it. And as a matter of fact we should not even *want* to do anything, we should all be consciously or unconsciously resigned to struggling through life until death released us. Your present restlessness is the “divine discontent” that God inspires in His “temples” to act as a prod, impelling us to take our mental emotional and material tests so that we may, having refused everything but perfection, receive His inexhaustible flood of All-good.

There are people who are under the impression that we of the School do not have to make any effort to attain our good – health, happiness or prosperity – but this is a fallacy; we have to strive precisely as you do to achieve the consciousness of God as Supply, and what is more we know that we cannot afford to

fall short where this is concerned. We are our own examiners, our own teachers, too, and we keep ourselves ever on the path because we may not permit ourselves to fail.

What is love asking of *you* at this present? Just that you listen, not outside to the problem, but to the Voice within that is telling you to transmute the negative seeming into the positive reality; that is asking you, because of Its desire for your well-being in all things, to put aside sorrow and depression and to follow the admonition of the Christ, so giving happiness to those that mourn, health to them that are sick, and prosperity to all in want. There are thousands for whom you can pray, people to whom you can give, by and through your prayers, all that you crave for yourselves. As you pass this on, unselfishly, you will awaken to the realisation that it is not you, the little man, who is doing this but that it is God within you, opening His Hands and using your mental, emotional and spiritual hands to give *to* you, through you, not according to your needs, not even according to your deserts, but in accordance with the inexhaustible measure of His Bounty and His Love.



*If thou seest anything in thyself which may make thee proud,
look a little further and thou shall find enough to humble thee;
if thou be wise, view the peacock's feathers with his feet,
and weigh thy best parts with thy imperfections.*

- Quarles

There are no accidents



I have sometimes spoken the above words to friends, and the reaction has been immediate incredulity. Yet let us consider them. What is an accident? Something that is supposed to happen outside the Law. But can we get “outside” the Law?

The whole universe with its planets and stars held in their courses, day and night, the tides of oceans, light and dark, heat and cold, electricity, all tell us of law and order. In our own lives I think it will be agreed that we live on different “levels” of consciousness which produce their own results. At the lower end of the scale we are “down in the dumps”, and at the higher end of the scale we say we are “in our seventh heaven”. There are many levels in between, and our experiences are in accordance with them – they cannot be otherwise because all is in accordance with Law. Law is divine and infinite – we cannot escape it, we cannot get “outside” it.

Following the teachings of Truth, meditating, and making contact with the Divine Mind at the beginning of each day sets us on a high level and we find our experiences are more and more harmonious and “accidents” do not occur. In fact, we *seem* to have risen above Law. This is not a contradiction, for all is still governed by all-inclusive Divine Law, but at the higher end of

the scale the Bible terms it “grace”, as it is given in Romans 6:14, “For sin shall not have dominion over you: for ye are not under the law, but under grace”. Meditating upon this quotation, I feel it means that influences which seem adverse cannot touch us when we live above man-made laws; they cannot touch us when we express love as much as possible and thus “fulfil the law”. We are then receptive to “grace” which transcends “law” as we think of it on this human level.

Sometimes in a case of sickness there is what appears to be a miraculous recovery. This is really no “miracle” but a breakthrough from a higher level of Law to the Child of God needing healing. All is still governed by Law.

We may well ask at this point, “How can we live on the higher levels of consciousness?” One answer is, “The truth shall make you free” (John 8:32) – free from sickness, lack, unhappiness and “accidents”. This truth is simply to realise our oneness with Divinity and our inseparability from Divinity. We are “Ideas in Mind” – and what could be safer than an idea in mind? With the understanding that there are no “accidents”, we do not experience “accidents”.

People argue in this wise: “A friend of mine was on the pavement when a lorry jumped the curb and knocked her down.” I ask, “Did that friend *understand* that there are no ‘accidents’? Had she been *realising* her oneness with God, Divine Principle, Law?” We create our own environment and draw to ourselves the effects of our thoughts and actions. All IS cause and effect – Law.

Another point of truth is that we are all in our right places, and the bit of road or pavement that I am using is not wanted by anyone else – we only have to realise this truth. If it is necessary for someone to stand on a chair to reach up to something, he or she will not slip off if there is the conviction of oneness with the infinite strength, poise, balance, guidance, etc. We have to discipline ourselves in thought, word and deed, but it is well worth while, and so let us sing with the Psalmist, “Open Thou mine eyes, that I may behold wondrous things out of Thy law” (Ps. 119:18). And prove for ourselves that there are no “accidents”.



While it is futile for man to try to oppose the power of gigantic waterfalls, he can yet harness them to his use. The energy that lies hidden in those swiftly moving waters can be converted into electrical power, which, in turn, can be carried by cable to light distant towns, to turn its machinery, and bring prosperity to men. In the same way, while we cannot successfully oppose life, yet hidden powers enable us to overcome and work through all experiences, until we become master of our life, through mastery over ourselves.

- H. T. Hamblin in Divine Adjustment.



Think on these things

Probably most of us if we were asked, would say that we loved beauty, but do we prove it in our daily lives?

All the destructive emotions are ugly, and how many of us can say truthfully that we never give way to them? How often do we lose our tempers for instance, and so say and do things which we bitterly regret when we have regained our poise? Anger is ugly, and what it produces is also ugly. Not only that, but it injures us physically, mentally, and spiritually. And so often we become angry for such trivial reasons! This means a loss of power and dignity. We should learn self-control by looking to the spirit within us. As Vera Stanley Alder says: "One learns to control in measure only as one learns to be controlled by that which is higher than oneself." Then let us allow ourselves to be governed by God and not by our less worthy emotions.

Hatred is another ugly thing, and one which distorts our judgement. And hate breeds hate. We should keep our minds stayed on God. As students of Truth we know that hatred must be banished if we are to live richly and fully. If we hate we may or may not hurt the person towards whom our hatred is directed, but we certainly hurt ourselves. We separate ourselves from God when we hate any of his children. We block up the channel through which his goodness flows to us. There may be

certain circumstances in which we feel it is impossible not to hate someone who has injured one dear to us. We might have forgiven an injury to ourselves, but it is far more difficult to forgive an injury to a loved one. In such a case we must go to God for help, for to him all things are possible. We must ask him to cleanse our hearts and minds of this ugly thing.

Greed, injustice, selfishness, and intolerance are all to be avoided by the beauty lover. They create disharmony amongst individuals and nations. We must be ready to share what we have; to be just in all things; to be unselfish; and to be tolerant. Jealousy, too, is an ugly thing. We should rejoice in the successes of our neighbours as if they were our own. It is foolish to be envious because they have more than we, for everything we need has already been provided for us in God's Kingdom, and our faith will bring it into manifestation.

St. Paul tells us to think on the things that are true, honourable, just, pure, lovely, and of good report. If our thoughts are concentrated on beauty our lives will be beautiful, since our actions are the result of our thoughts, and as we think, so we are.

Beauty is to be found on every side by those with seeing eyes, hearing ears, and understanding hearts. There is beauty in an aged face glowing with love and kindness; in the violent crashing of waves on the seashore during a storm; in the setting of the sun and the rising of the moon. There is the beauty of words, of pictures, and of music. Even the little yellow weed which we uproot from our gardens is an exquisite thing when

we see it through a microscope. And yet so many people are only half awake to the loveliness of Nature; and to the kindliness of their fellowmen so many of whom are doing so much to alleviate the lot of those less privileged than they.

Everything we do begins as a thought, so let us guard our minds that nothing ugly can take root there. Love, goodness, truth, and beauty, should be the ideals to which we are striving. If we make love the ruling factor of our lives they must be beautiful, and beauty is God in expression. Love is the greatest thing in the world. If we cultivated it to the full – not love of the few, but love of all God's creation – there would be no more wars, and we should all know Gods peace which passes understanding. And how great is the need for peace in this world in these days of uncertainty!

Look for beauty. Woo it. Take time to “stand and stare”. Bring out the beauty of your own soul by cultivating the things of the Spirit. So many problems could be solved if we loved beauty sufficiently. It has been called one of God's most blessed gifts to men, and so indeed it is, for it is the gift of God Himself.



The consideration that human happiness and moral duty are inseparably connected, will always continue to prompt me to promote the former by inculcating the practise of the latter.

- Washington.

God's Law of Good



Frustrated in mind, physically ill, and lacking in supply, desperately I turn to the Love within me to know why, for so long, I seem to be separated from the Good which I know it is the Father's only desire to bestow upon me. I know that God's Law of Good is outworking in the lives of many for I see evidence all around me, yet at the present moment in my life there seems to be so much to cause me pain and suffering.

I know that God's law of Good must work perfectly and therefore these conditions in my life are no part of it. I accept that God has a perfect plan for His Universe and all in it and that His Law works perfectly in spite of the appearances which impress themselves upon me so unhappily.

Why is it, then, that in spite of my acceptance of the desire of God to express Himself as Good in my life, I seem to be so separated from His Law at this moment? Why is it that I seem to be so helpless in overcoming these conditions when I know that the Power but awaits my recognition to be used of me?

As I search within myself for the answers to my puzzlement, I review my life in retrospect and I become aware that I have met other situations like these and always God led me out of the wilderness. I realise that though the present situation is bigger than anything that I have ever experienced before, I am also

aware that I am in a position to view things differently and that I am spiritually stronger to cope with them. I have learned that if I am to grow spiritually I must be ready to accept these experiences that come into my life no matter how hard they appear, and that they can prove stepping stones to greater knowledge and understanding. From this I see that God never fails and that I need to be more trusting, so I quietly affirm with conviction and feeling: *I am more trusting and I accept that God's Law of Good is even now working in my life to fulfil itself only as Harmony, Health and Prosperity.*

Next, I ask myself if this sense of separation persists because my mind has become anchored to a wrong conception of finite time. As I review the things that are happening I find myself steadily unwinding the fetters of this wrong conception in my mind and I clearly affirm: *In God there is only the Eternal Now and spiritually I am one with him NOW.* As I let the light of this Truth illumine my consciousness I am aware of the lessening of the darkness and despair that previously appeared to reign in my life and affairs. Then, carrying it further, I realise that not only must I free myself of this limited idea of time, but I must also set to work to lift up many other limited ideas that could be holding up my demonstration. As I search within myself, I become aware of many wrong ideas which I thought I had eliminated but had again crept back into my consciousness. Forcefully I deny that such negative feelings as impatience, fear and frustration have any place in God's plan for me and see that they are without power in my life.

As the light of Truth floods my consciousness I feel the tensions of mind and body being released and replaced by a glorious feeling of renewed faith and gratitude. I really feel that God's Law of Good is working in and through me and that there is nothing more for me to do but to keep the switch on by living constantly in this realisation. Should my thoughts move away from this realisation, I bring them back immediately by affirming: *God's goodness, God's power, God's health and God's prosperity are the only true reality in my life.* Carefully I watch my emotions (feelings) and my reactions to events around me until I subconsciously follow what is required of me personally in working with God's Law of Good. By doing good to others, by doing my work well, and in generally living up to the highest within me I foster a feeling of "Good" within that tells me that I am attuned to the Power required to transform my affairs.

I also become aware that much of the "little self" that obtruded into the picture has disappeared and that the Higher Self is now in command. Whereas before my thoughts only reached a certain level, I find that they now go much deeper and clearly discern the Truth. I see how little avail my own efforts of human will have proved in overcoming my problem for, time and time again, I had failed although I had made every effort sincerely and hopefully to change the conditions that presented themselves.

Thus I arrive at a stage when there is a complete "letting go" to God, when everything is handed over in complete trust. If there is still a seeming delay I repeat the affirmation,

God, I am trusting, and I say it over many times. With this comes the realisation of what a big part self-pride has played in obstructing and delaying my good from reaching me. How difficult I found it to shed the grand seeming cloak of pride and replace it with the unassuming garment of humility. How hard I found it to take the questioning of fellow men who could only judge the outer appearances of failure by their human standards.

Very much as a radio set becomes attuned to its right station, so all the discord and clamour of a separation in consciousness gives way to the sweet harmony of being attuned to the law of good. Peace and love now reign within and I give thanks for this realisation that God's law of good ever pours forth to bless all as I recall the lines of the poet;

"Nay, Nay, 'twas not the law that failed:

'Twas thou who trusted not.

Is law alone for me to keep?

Nay, thou must do thy part

Thou art to ask for naught but good,

And, asking, never doubt.

That is the law that thou must keep –

Seek good, and ever believe.

When thou hast kept this law of good,

Then ask: and thou wilt receive."

Extract from "The Law"

- by Linda Buntyn Willie

PRAYER

*Our Father, Spirit That is Love within me,
Revered and holy be Thy name*

*Let thy Kingdom of Love and Goodness
come into expression through me,
and Thy Will be carried out in and by me,
here upon earth as is done in Thy Spiritual Realm.*

*Be thou, this day, the fulfilment of my every need
and the illumination of my understanding.*

*Help me to forgive my debtors
that I myself may be set free.*

*Teach me of Thy Presence of All-good
And lead me away from all error thinking,
all negation, delusion and vacillation.*

*Preserve me, my Father,
from every kind of separation.*

*For Thine is the Kingdom within me,
The Power and the Glory that fill me,
For ever and ever, Amen.*



MEMBER'S GUIDE

Extracted from The Path

1. We allow a period each day for meditation and communication with God.
2. We try to live every moment of the day with an uplifted consciousness, realising that our own positive prayers (thoughts and feelings) have all power in our lives.
3. We remember that progress in Truth is reflected in our thoughts, feelings, words and actions.
4. We do not waste the substance of our thought and energy on fears for the future, but live each day fully in the realisation of our true being in Spirit and Truth.
5. When we are faced with a health problem, we turn first to God, KNOWING that He is the Source of all perfect health.
6. We stand guard at the door of our thoughts and feelings so that negative ideas do not enter our consciousness.
7. We do not repeat idle gossip and negative reports which we may hear of others.
8. When an unexpected blessing or some good comes to us, we turn first to God and give thanks to Him as the Source of ALL Good.

9. If people appear to misunderstand, misjudge or mistreat us, readily forgive them, beholding love (God) in each individual concerned.
10. Instead of looking to our employers, our debtors or other human sources, we look directly to Truth in us for Supply.
11. In taking practical steps to work out our problems, we must feel and know, that we have done our share and therefore we are justified in confidently expecting God to supply our need.
12. We do not indulge in open or mental criticism of a destructive nature regarding our fellowmen.
13. We put first things first and refuse to let minor irritations and problems take our time and energy.
14. We make every effort to see that our conversations reflect a loving, tolerant, understanding and gracious attitude.
15. We exercise wise judgement in spending and using money and other resources at our command; knowing that we are thus opening the way for more and greater good in our lives.
16. We place ourselves, our loved ones, and our affairs in God's care and we do not dictate to him the manner in which the blessings desired should manifest.
17. When we fall short in our understanding of Truth and make mistakes, we do not waste time in self condemnation and worry, but accept the experience as indicating an opportunity for greater growth.

18. We make it a habit to speak words of cheer and silently pray for a friend or loved one who is facing a serious problem. We do not sympathise NEGATIVELY.
19. We KNOW that as an expression of God we have unlimited ability, power and wisdom at our command.
20. We have no right to be justifiably angry about anything. We must follow the warning "What is that to thee? Follow thou ME."
21. We let go of all outgrown ideas, attitudes of mind, and conditions that may be hindrances to our progress.
22. We are convinced that God not only can, but does bless us through many channels other than our own regular income.
23. In all our human associations, we conscientiously conduct ourselves in the realisation that, as Truth students, we should do all in our power to add to the happiness and well-being of others.
24. We rejoice in the triumphs, successes and blessings of others. We do not feel envious or inferior, nor are we given to feeling superior to others.
25. We remain true and consistent to Truth ideals under all circumstances.
26. We avoid trying to impose Truth ideas and principles upon others, and we do our utmost to make our own lives an example of the value of practising Truth teachings.

The School of Truth has prayers at 11:00 a.m.

Students are encouraged to join us in prayer at that time.

Prayers are indeed very powerful.

A suggested prayer may be:

The Light of God surrounds me

The Love of God enfolds me

The Power of God protects me

The Peace of God is over me

Wherever I am, God is.

This prayer may be used at any time.



March 1st**WEDNESDAY**

- ◆ *Love your enemies, and pray for them that persecute you.*
— Mat. 5:44.

It is not easy to love our enemies and return good for evil, because all men's instincts seem to demand an eye for an eye and a tooth for a tooth.

This, however, is not the way the master taught us to behave. Nor is it the way to bring peace to the world. To retaliate in kind when others have misused us merely makes matters worse. It increases the ill feeling. And if we cannot live harmoniously amongst ourselves, how can we expect to create a harmonious world?

We need to develop a cosmic love for all men. This is not an emotional love, but the love which Christ had for humanity which expressed itself always in the desire to help. It is a love which gives and expects nothing in return. It is a love which blesses everyone; and those who possess it never harbour a grudge against anyone. There is no reward in loving those who love us. We should let God's great love flow into us, and through us to all whom we meet.

Let me be a channel for your love, Father

March 2nd**THURSDAY**

◆ *Whoso hath the world's goods, and beholdeth his brother in need, and shutteth up his compassion for him, how doth the love of God abide in him? – 1 John 3:17.*

Our possessions are lent to us by God; we are endowed with them, not alone for our selfish pleasure, but that we may use them in His service. What we hoard, dwindles and is gone, what we use for the benefit of our fellowmen multiplies and blesses both “him that gives and him that takes”.

If we feel that we have to lay up treasure against a rainy day we are merely proving that we have no faith in the Fathers providing and also that we do not understand the nature of Divine Supply. All our worldly goods are but the out-picturing on this plane of God's Bounty, Which is everlasting and unlimited. The more of it we use wisely and generously, the more will it increase, for the giving of His Substance can never bring about its depletion; it is as we cast our bread upon the waters in complete abandonment, with no thought of a return, that it comes back to us, after many days, multiplied an hundredfold.

***The Lord is my shepherd so I shall not
and I cannot want***

March 3rd**FRIDAY**

◆ *The work of our hands establish thou it. – Ps. 90:17.*

Are you in need of work, and are you finding it difficult to obtain? Here is an affirmation for you to use: I PUT MYSELF INTO THE HANDS OF GOD, AND I GIVE THANKS THAT HE IS NOW LEADING ME TO MY RIGHT WORK UNDER GRACE AND IN A PERFECT WAY. It is not God's plan for you that you should be idle, or lack any good thing, so put your trust in Him. You give thanks before you see results as a sign of faith as well as gratitude.

Having made your affirmation do not worry, for worry blocks up the channel through which God's help flows. While trusting God to guide you to your right work, play your human part by examining any possibilities – do not sit with folded hands and do nothing. There is always something we must do if God's promises are to be fulfilled. We must seek if we would find, and this applies to work as to other things. Play your part, and put your trust in God – do not waver in your faith. Then relax and know that he is a God of Love.

*In quietness and confidence,
I place my trust in God*

March 4th**SATURDAY****April 1st**

◆ *They that plough iniquity... Reap the same.* – Job 4:8.

Life is a matter of giving and receiving. It is governed by God's Justice, and we can reap only what we have sown. That is the law of cause and effect. If we put in good seed – and care for it – our harvest will be rich and plentiful, and if we sow poor seed our crops will be scanty and of indifferent quality

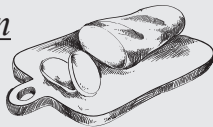
This law of like returns applies in all that concerns us. When we give smiles we get goodwill back; when we put our best into our work the results are ten times the measure of the effort we have made; when we live Truth we are blessed *beyond* computing; and when we deal exclusively in LOVE the Kingdom is ours and all that It encompasses.

This dealing in Love is usually the last thing the average human being thinks of doing; he feels that he must seek his own advantage first, which means that he really hasn't any time to devote to the service of other people. But WHO ARE OTHER PEOPLE? They are none other than *himself* whom he meets at every corner, for all men are one in God and can flourish only as, in brotherly charity, they serve one another.

***These are my fellow men, and to all of these
I owe nothing else but love***

March 5th**SUNDAY****April 2nd**

Meditation



My Father

As I take these moments to open mind and heart to you, I find a small island of fearlessness. Here now, with You, I experience a place that is entirely safe from all that seems to threaten me. You have taken me into Your innermost chamber and I am safe.

As I relax and let you suffuse my being with your presence, I feel this zone of fearlessness, this zone of Love, expand. Now it encompasses my home and my family, my suburb, my daily rounds and all who appear in them, my health, my finances, my whole life.

Yours is one World, one Heaven, one Life, I am in You and You in me. Everything real is an expression of You alone, and is Good alone. What is there to fear? You welcome me, dear Father, with open arms. I am in Your house and all is well.

March 6th**MONDAY****April 3rd**

◆ *He is a rewarder of them that seek after Him.* – Heb. 11:6.

“Seek ye first the Kingdom of God,” we are admonished, “then shall all things else be added unto you.” but we look around us with our eyes of the flesh and see just things, things, things, and it is upon these that we set our hearts. This would be quite in order if we would put them second and our service to Love first, because while things are only extras, LOVE is the fulfilment of the Law of all Being.

God, Who is All-knowledge, knows that externals will never satisfy us because we are Himself in expression. We are not physical beings that can live by bread alone, we are spiritual entities and have to base our lives upon spiritual Truth. LOVE governs us and our affairs, so our first concern must be to acquaint ourselves with it. To do this we must turn to the Spirit dwelling in us and learn of it that only in GIVING shall we find the All-good that is our heritage. The Father’s provision is lavish but before we can take of it, we must give it away that, in passing through us, it may become ours *to use and to enjoy*.

***Knowing that Love’s bounty is inexhaustible,
I can give and give and fear no depletion***

March 7th**TUESDAY****April 4th**

◆ *For freedom did Christ set us free.* – Gal. 5:1.

There is so much possessiveness in the world. Husbands and wives think they possess each other instead of realising that marriage is for the enrichment of people's lives spiritually, mentally, and physically. But no one has the right to try and possess another soul. Each is an individual with personal ideas, tastes, and ideals which should be respected.

It is the same with our children. We do not possess them because we have brought them into the world, they are merely lent to us. And once they have reached years of discretion, they should be allowed to go free. Instead of which so many parents try to keep them chained. But how can they fulfil themselves if they are not allowed to choose their own way of life? If they are contemplating something we know is wrong, we shall naturally do our best to persuade them not to do it, but otherwise let us allow them their freedom.

*I do not give way to possessiveness,
but let others go free*

March 8th**WEDNESDAY****April 5th**

◆ *Let my meditation be sweet unto Him. – Ps. 104:34.*

When we come down to essentials, there is only one thing upon which we need to meditate, LOVE. Love is what constitutes us and the cosmos; Love is the governing factor that keeps the planets rolling and watches over the butterfly that wings its way from flower to flower for a day; Love is the only tribute we can bring to God, the only coin in which we can repay His multifarious benefits; Love is all we owe to any fellow-creature.

It is the burden of Christ's entire teaching. He came to this plane of consciousness to *show* mankind that Love is the basis of being and that only as we radiate Love can we live fully, richly and happily. The Master was the first man to advocate that we should love not only our friends and relations, but our enemies also, on the grounds that LOVE is all there is. It is GOD, you, your lives, your friends, your seeming enemies; nothing IS that is not LOVE, so it is your sole REAL commodity of exchange which, as you give of It, RETURNS TO YOU MULTIPLIED A HUNDREDFOLD.

***Because God first loved me,
so do I now offer up my love to Him***

March 9th**THURSDAY****April 6th**

◆ *Be still, and know that I am God.* – Ps. 46:10.

So many people block up the channel through which God's help flows by being anxious. And anxiety shows lack of faith. How can we expect to have our prayers answered when we do not trust God? Did not the Master tell us that according to our faith it was done unto us? You may remember that He did not make mighty works in Nazareth because of the unbelief of the people.

We live, many of us, in a state of tension. We do not relax sufficiently. We should make time to do so – make time to be alone with God, and absorb His strength and His peace.

Whenever we find ourselves in a state of tension we should relax and turn our thoughts inwards to the Spirit, affirming that the peace of God now reigns in our hearts and minds, and giving thanks that it is so; or we could repeat today's text. We should turn away refreshed and better able to continue our tasks.

***I will quiet my mind and my emotions
that I may receive the divine peace***

March 10th**FRIDAY****April 7th**

◆ *I will lift mine eyes unto the hills. – Ps. 121:1.*

“**T**he Hills” stands for spiritual enlightenment, for which all mankind is seeking. Whatever of negation expresses in the life of the individual is due to his erroneous human thinking which he can correct only as he gains an understanding of the spiritual nature of his life and being.

In spite of appearances this is not a physical universe, and man is not constituted of a material which is alien to God. Just as an ice cube that floats, tangibly and visibly upon the surface of a stretch of water, is made-up solely of the invisible vapour into which that water can be transmuted, so is man fashioned out of Divine Substance only. Nothing that does not derive from the Almighty – no sickness, discord or lack – forms any part of him or his life here on earth. The human mind which judges from the evidence of the senses cannot grasp this Truth, so we have to lift our eyes to spiritual visioning and open our ears to the Voice of Love in our souls before we can enter into the “deep things of God” which will reveal to us that we are one with Him and that we, and all our concerns, participate in His Good.

***I fear no evil for I know that
God alone is me and all of my affairs***

March 11th**SATURDAY****April 8th**

◆ *Now faith is assurance of things hoped for,
a conviction of things not seen. – Heb. 11:1.*

Probably most of us would like to have absolute faith in God and in His unfailing goodness and desire to help us. But many of us have not yet reached that stage of spiritual progress.

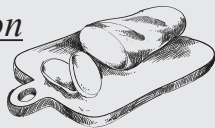
How can we increase our faith? By behaving as if we had all the faith we need – by making use of the little we have even though it may be only the size of a grain of mustard seed. In this way we assume the virtue that we have not, and that is a good thing to do. Another thing is to think, speak, and act constructively and positively.

Are you filled with fear? Are you suffering from illness; or lack of supply; or are you miserable? If so, turn your thoughts to God and affirm that His health is now flowing into every part of your being; that you share His abundance; and that your happiness comes from obeying His laws – but you must know that it is not enough merely to affirm that you are doing so – you must do it.

***Help me to increase my faith, Father,
that I may live richly and contribute something
of value to the world***

March 12th**SUNDAY****April 9th**

Meditation



My Father

I relax my aching muscles and taut nerves. The tumult in my mind and heart subside. My body goes limp. My whole being melts into your everlasting arms. In your loving embrace a deep comfort sweeps over me, a feeling of belonging, of being exactly where I should be. I am one with you, I am complete.

Now I cast my mind over the settings and events of my daily life, and imagine Your comfort enveloping each of these, stripping them of irritation and anxiety. I imagine myself relaxed and poised in each situation, confident and generous in my dealings. Your presence assuring a just and stable outcome.

My face relaxes, my brow goes smooth and my breathing is steady and gentle. Never have I felt so comfortable and at home with myself and my world.

March 13th**MONDAY****April 10th**

◆ *He saith in his heart, I shall not be moved.* – Ps. 10:6.

Some people worry far too much about what others think or say of them. They are those who have a sense of inferiority. Folks with the courage of their convictions are above bothering about the opinions of others, provided they feel that what they are doing is right.

If we are to be of value in the world we must think, speak, and act as we think proper, no matter though others may scoff at us. It is what God thinks of us and what we think of ourselves that is important. Many people imagine that the principles of Christianity are too idealistic to be practised in this modern, workaday world, and some may even ridicule those who try to live up to them, but that will not deter the true followers of the Master.

Those who criticise us destructively we should ignore, but on the other hand we should listen to those who try to help us with constructive criticism. Otherwise let us take as our motto: “They say. What say they? Let them say.”

***I strive always to live according
to the highest that is in me***

March 14th**TUESDAY****April 11th**

◆ *Fear not, little flock.* – Luke 12:32.

If it is true that “I and My Father are one” what is there in all the world for us to fear? We have only to accept this spiritual fact, and stick to it, for our lives to become a carefree and happy pilgrimage through this “vale of tears”. Most of us have accepted that God is All-in-All, every constructive idea and positive quality there is, to the exclusion of all seeming negation, and if we are unified with Him, we must participate in what He is and in nothing else. Evil is an illusion; it is an out-picturing of erroneous human thought which has but to be dropped from our minds in order for it to fade out, because being a lie it can persist only so long as it is believed in. Is it, then, so difficult to discount appearances? If our minds are stayed on Him it should be very easy for we *know* the Nature of our Creator; IT IS LOVE, and if Love fills all time and space of what can anyone be afraid? Surely goodness and mercy shall follow us all the days of our lives if we put our faith in omnipotent, omnipresent LOVE!

***In God only will I trust, and He shall
direct my paths***

March 15th**WEDNESDAY****April 12th**

◆ *Arise and be doing.* – 1 Chr. 22:16.

Do you find life dull and uneventful? Are you bored with it? There is no excuse for boredom provided we have the use of our limbs and all our faculties. This wonderful world is full of interest for those who have hearing ears, seeing eyes, and understanding hearts, and for those who have some purpose in life.

Have you defined that purpose? Is there some goal towards which you are working with the best that is in you? If so, you are not one of the bored ones, are you? Life, to you, is full of interesting things to see and do.

To use a cliché – life is what we make it. It can be a great adventure, if we have courage to face it boldly, and if we have alert minds, and active bodies; though some of our great ones have been sickly folks, so an active body is not an essential.

If you are bored, find some worthwhile objective, and let it be something that will benefit others as well as yourself.

***My life is full and joyous for I spend
it in service to my fellow beings***

March 16th**THURSDAY****April 13th**

◆ *Ye ought to help the weak.* – Acts 20:35.

Whatever it is that man has – spiritual qualities, mental talents, material possessions – has come to him from God that he may use it in the service of those who feel themselves to be less well-endowed than he is.

If we have substance it has been entrusted to us that we may share it with those who *think* they have none (even though in Truth God indwelling is their all-sufficiency in all things); if we have knowledge it has been vouchsafed us that we may pass it on to those who, still steeped in spiritual ignorance, know nothing of the Verities of being; if we have strength it has been bestowed upon us that we may help the weak and raise up them that are fallen. We are all our brothers' keepers for no man lives unto himself alone, and it is our bounden duty – laid on us by the Master – to succour all who are in need. We owe no man, He told us, anything but *love*, which encompasses all things – spiritual counsel, mental support, material aid – so let us give freely of the Charity within us, remembering that “as ye do it unto the least of these little ones, ye do it unto Me.”

***Freely I have received,
therefore freely will I also give***

March 17th**FRIDAY****April 14th**

◆ *He that overcometh, I will give to him to sit down with me in my throne. – Rev. 3:21.*

What would not most men give to know that they could overcome sickness, poverty, unhappiness, and fear, and every other unfortunate circumstance or emotion, not on some other plane in the dim future, but on this plane of consciousness.

Some may think that they have done all in their power to rise above the conditions in which they find themselves, yet instead of doing so their circumstances have worsened. They become more and more depressed and discouraged realising the futility of all their efforts.

The trouble is that they have been striving in their own strength; and that they have either forgotten, or do not know, that the power of God is within them. Of themselves they can do nothing, but God can do all things.

Perfect faith casts out fear. Then put your trust in God, Who is all Love, all power, and all knowledge; and His presence is within you. Realise your unity with Him, and all that He is. Turn to Him at all times, and in all situations, that you may rise above the adverse conditions and be the master of circumstances.

*In every experience of my life I give thanks that
my indwelling power is there to bless me*

March 18th**SATURDAY****April 15th**

- ◆ *The path of the just is as the shining light that shineth more and more unto the perfect day.* – Prov. 4:18.

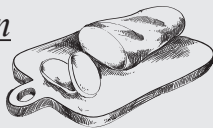
Human justice can be a chilly sort of thing, not so the justice that is part of LOVE, for Love sees all people, things and circumstances through Its own Eyes that are too pure to behold iniquity and unable to cognise evil. There is no individual, no action, no condition in which – despite the seeming – there does not lie hidden the quality that is Love because Love is Omnipresent and even when the human being thinks itself to be in a state of separation from It, this cannot be for Love, that is in and through all things, pervades It also. This indwelling quality is what Love sees *and* JUDGES, and all It beholds and assesses, is “very good”. It knows reality from illusion and if we, who cannot see as It can, would take the Good on trust and address ourselves only to *It*, nothing in all the world would be able to prevent Its expressing for us.

From the very depths of human degradation it would HAVE to shine forth with the pure, white Light which lighteth *every* man that cometh into the world. We have but to put it to the test to see it in blessed manifestation.

The light shineth in the darkness and the darkness comprehended it not. Lighten Thou, therefore, my darkness, Father

March 19th**SUNDAY****April 16th**

Meditation



My Father

Communion with You silences the ringing in my ears, brings coolness to hot eyes and skin, lifts the pressure from my brain. I forget the world about me and open myself without reservation to Your presence. I slip into Forgetfulness, into Timelessness. I am overcome by Peace.

Now, as in a silent movie, the scenes of my daily life pass remotely before my consciousness. Your peace makes each softly luminous. Characters who have the role of adversaries now appear neutral and harmless, they become almost as friends to me. As I watch this story I wonder what it was that ever distressed me.

Your peace, dear Father, detaches me entirely from conflict, anger and unhappiness. These fade into nothingness and I am made whole – Your beloved and protected child.

March 20th**MONDAY****April 17th**

- ◆ *Every good gift and every perfect gift is from above.*
– Jas. 1:17.

It is blessedly, gloriously, true that the father “Knoweth what things we have need of” and has already met all our requirements and fulfilled – lavishly – all of our desires. If this is so, why, we may ask, does mankind lack so many things, often the bare necessities of daily living? Never, oh never, because the Divine Provision has fallen short! “All that I have is thine” says LOVE and that certainly covers every human want. We are the ones that are at fault; it is our hard heartedness that cuts us off, in consciousness, from the celestial supply. We cannot see with the inner eye the things that are not made from things that do appear, so these fail to manifest for us. We have to develop spiritually before we can perceive the Truth that “I and My Father are one” and that what is his is ours also. When we understand this we shall recognise that before we called He had answered and we shall no longer ask for blessings, we shall accept that which already IS, in Love and gratitude, knowing that Love has bestowed it upon us.

It is in giving only that man can receive more abundantly, therefore that which I have, I share freely with all my brethren

March 21st**TUESDAY****April 18th**

◆ *I press on toward the goal.* – Phil. 3:14.

Many People Have no ready reply when asked to name the object for which they are striving. They drift through the days possibly content with their normal duties; others may consider that the business of earning a living is sufficient goal in itself; and some waste their time on futilities.

The poor man is probably striving for wealth – the unknown but ambitious wants to achieve recognition and fame, but such goals will bring no lasting satisfaction. A certain amount of fleeting pleasure they will give us, but not an abiding sense of fulfilment and joy. Only some worthwhile aim which will enrich the spirit and make us feel our lives are of value to God and man will bring us any lasting satisfaction.

Material achievement is likely to turn to dust and ashes, but the riches of the Kingdom of God remain with us throughout eternity. No one can deprive us of them for they are within us; and they are the only things which we shall be able to take with us on our journey into the future life.

My desire is that God may be glorified through me in love and service to my fellow beings

March 22nd**WEDNESDAY****April 19th**

◆ *For none of us liveth to himself.* – Rom. 14:7.

Not even the smallest leaf on the mightiest oak “liveth unto itself” alone for it is one with the whole, fed by it, sustained by it, and itself constitutes, with all the rest of the tree, its completed being.

We, too, are all members one of another, all individual facets of the illimitable Life That is God. Not one of us can drop out of that Life or be in anyway separated from It; if we were It would be like a circle bereft of a minute portion of its circumference, in which event it would be a circle no longer, just a nothing without identity or purpose.

Every one of us is equally precious in the Sight of God, is watched over by Him, and is here on earth to be an open channel for His Self-expression. None is great and none is small in the Eyes of the Father; the humblest creature performs the same function of releasing His LOVE into His visible world as does the most exalted. Let us *know* this day that creation is a unity in which every tiniest atom is an absolutely essential part.

***Let me ever do that which my hand findeth
to do in the certainty that I am fulfilling
Love's high purpose***

March 23rd**THURSDAY****April 20th**

- ◆ *It is easier for heaven and earth to pass away, than for one tittle of the law to fail.* – Luke 16:17.

Does the text seem to be a harsh ruling? Actually it is not, for God's laws are perfect. We suffer only when we disobey them. And let us always remember that ignorance is no excuse for disobedience. We can blame no one but ourselves if we do not know the Universal laws. The Bible sets them out quite clearly for us, and we should study them in order to understand them.

We know that the kingdom of heaven is within us, and in heaven there is only perfection. If any circumstance in our lives is inharmonious, let us look within for the cause. Are we obeying the law which decrees that as a man thinketh in his heart, so is he? There would be no lack of harmony if we would all cultivate the inner peace which passes understanding.

This we shall do when we have put love of God and of all He has created before everything else. Only when we live within the law shall we experience true joy and a sense of fulfilment.

I know that constantly the divine law is evolving me towards perfection and I cooperate with it

March 24th**FRIDAY****April 21st**

◆ *Thou wilt guide me with Thy counsel. – Ps. 73:24.*

When You And I want to do anything constructive, when we have some worthwhile goal we would achieve, if it is in tune with LOVE, it is – unbeknown to us – the Father desiring to accomplish this end through us.

We, who are the vehicles of His Self-expression, have to carry it through, *but* we can be quite certain that He is watching over us as we go about it and that if we put ourselves consciously and in faith in His care He will bring it to pass, under grace and in a perfect way.

He will not do it for us; if He did we should have no function on this plane and should be but useless cumberers of the earth, but He will guide and counsel us, will give us strength and initiative, will bless all our efforts and in the end crown them with success. So let us start out boldly and IN EVERYTHING GIVE THANKS.

*I rejoice in whatever is set before me because
I recognise it as an opportunity, blessed of him,
for me to express my God given powers*

March 25th**SATURDAY****April 22nd**

- ◆ *Your Father knoweth what things ye have need of, before ye ask him. – Mat. 6:8.*

Why, some might ask, should we pray at all? And indeed, if we fully realised that we were one with God, and were always conscious of the fact, prayer would be unnecessary. But we have not yet arrived at that stage of our spiritual progress, and so we pray in order to increase our consciousness of our unity – or we should do.

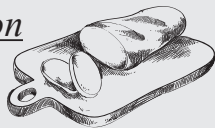
God has already provided for all your needs, and they are all known to Him. But, as Lowell Fillmore tells us, prayer is the wire which connects us with the great power house of God. And just as we press a switch in order to obtain light, so should we give thanks in order to allow God's blessings to flow freely to us.

We do not need to ask God to give us this or that, but we do need to keep in touch with him by constantly lifting up our hearts – by constantly taking our thoughts away from the visible, and allowing them to dwell on the invisible and eternal. We can take our problems to God, and then wait for his guidance to help us solve them.

*I seek first His kingdom,
knowing that all else will be added unto me*

March 26th**SUNDAY****April 23rd**

Meditation



My Father

As I meditate quietly and sincerely upon Your infinite Good I find my life's surroundings transformed in consciousness. Environments that seemed unattractive and dull take on gentleness and beauty. The radiant glow of Your presence illuminates them, making them welcoming and lovely.

Deep in reverie I imagine weathered parts of my house and neglected corners of the garden refreshed and verdant. I see the street bright and cheerful, a place of positive activity and cooperation among its users. The sky above is clear and infinite, made soft for me by ever moving cloud umbrellas. I breathe deeply of Your clean, life-giving air.

Dear Father, Your beauty and perfection is truly within me, and I pass it on in everything I think, feel, say and do.

March 27th**MONDAY****April 24th**

- ◆ *Cast not away therefore your boldness, which hath great recompense of reward.* – Heb. 10:35.

How much self-confidence have you? Are you shy of meeting new people; applying for a position; or facing fresh situations?

Shyness and a lack of self-confidence are signs of a sense of inferiority which, in turn, represents fear. What does it matter if others are cleverer, or have more money, or hold a better position than you? You may not be able to do all the things they can, but probably you can do some things much better than they.

You may feel shy because you think you are unattractive, but if you have a kindly heart and are tolerant and interested in your fellowmen you can develop your own charm. Such qualities are more important than mere physical beauty. You have much to give to and share with others if you will. And remember that there are many people as shy as you who might welcome an effort on your part to be friendly.

As a child of God you have a place in His great scheme of life. Cultivate your talents – be helpful to those about you – overcome your fear by realising you have work to do.

I forget self in service to God and my fellowmen

March 28th**TUESDAY****April 25th**

◆ *The truth shall make you free.* – John. 8:32.

What truth shall set us free? There is but one Truth which is that we are free already, and never can be bound. Ah yes! But if we would profit from It we must know it. “Ye shall know the Truth”, said the Master. Now how are we to know this Verity that is so impalpable, that we cannot pin it down in any physically-mental way? We can know It only as we discern it spiritually for it is one of the “deep things of God” that we cannot reason out with our limited human intelligence.

What we have to understand is that there is nothing in all the cosmos apart from LOVE. God is His creation, ourselves included. We are of the Father; we live, and move, and have our being in Him, there is no other Power or Presence; consequently nothing menaces us, threatens us, or can in anyway harm us. The truth about us is that what GOD is – Love, Perfection, All-good – we are, and that what God has – the earth and the fullness thereof – we have also. ARE WE, THEN, NOT FREE INDEED?

*All my needs are forever met by the
fullness of Love constituting me*

March 29th**WEDNESDAY****April 26th**

◆ *To give unto them a garland for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness.*

– Isa. 61:3.

How can we substitute beauty for ashes? Surely by finding the truth – by realising that God's love surrounds us on every side – that the loveliness of the earth and the heavens is an expression of this love which he gives to us. By knowing that his will for us is goodwill; and that his gift to us is eternal life.

It is this gift which hopes to dry our tears when we mourn – to substitute the oil of joy in their place. If we thought this life were all, how much more difficult it would be for us when our loved ones went on ahead. But knowing that this is but one of many planes of consciousness we are able to rise above our grief.

And to give the garment of praise for the spirit of heaviness is another way of turning ashes into a garland, and mourning into the oil of joy. If we count our blessings and thank God for them we surely cannot remain depressed? And let us not only praise God but also our fellowmen, that we may encourage them.

***Use me, Father, to uplift those who are discouraged,
and bring joy to the sorrowing***

March 30th**THURSDAY****April 27th**

- ◆ *Let no man seek his own, but each his neighbour's good.*
– 1 Cor. 10:24.

To those of us who know that our neighbour's good is ours this will be an easy thing to do. The trouble is that most of us see our fellows as beings separate from, and often hostile to, ourselves so that in very many cases their good appears to us not to coincide with ours at all but to be entirely opposed to it. Is then the injunction just foolishness as far as the average man is concerned and so should he simply disregard it? No, he should not! What he must do – if he would be saved – is to discover wherein his good is identical with that of his neighbour, and this he can learn from his Exemplar, the Christ, who declared, “I and My Father are one; I in thee, and Thou in Me, and We in them,” which statement makes clear to him that all men are not only his brothers but are his very self, so that inevitably “What blesses one blesses all”. When he has accepted this Truth, he will no longer pray the prayer “of theft and meanness”, he will pray for all mankind, knowing that in so doing he includes himself.

*It shall be in my brother's good that I will seek
my own, because we two are ever one, in Love*

March 31st**FRIDAY****April 28th**

◆ *Not by might, nor by power, but by my spirit.* – Zech. 4:6.

Most of us have not yet sufficient faith to realise that we can accomplish all things through the power of God within us. Probably, in our feverish rush through life, we do not spend enough time in meditation to become fully conscious of our oneness with the Father.

There is nothing impossible to God, and there would be nothing impossible to us if we would rely wholly on the Spirit within us. Through it we have been given dominion over all things for we have free will to use it at all times. But instead of co-operating with it, the majority of us ignore it, or doubt its power, and so we find barriers on the path, and life becomes inharmonious.

As A. J. Cronin says: “God cannot be proved like a mathematical equation.” but as A. S. Knowlson tells us we ourselves are visible creatures who in essence are invisible, so it is not astonishing that we cannot see God.

If we want to believe in and rely on His Spirit within us we must test it for ourselves.

***Through love, courage and steadfast spiritual vision
does the Spirit become manifest through me***

SATURDAY**April 29th**

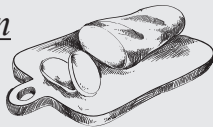
- ◆ *The old has passed away, behold the new has come.*
– 2 Cor. 5:17.

Commonly we think we are new only once – when we are born – and that life is at best a developing or maturing of potential fixed at birth. No, says the master, the new keeps rising in you as you admit God's presence evermore into your life; In Paul's parlance "if anyone is in Christ, he is a new creation".

To be renewed we must renew. Faith never sits back and waits for things to happen. Renew yourself, become a new wine skin so that God's spirit may pour into you. Make this a practical process, fix and refresh your environment whenever you can. Pass on goods that you no longer use, order and reduce old papers, start taking an interest in something you have never tackled before.

Your practical renewal leads to renewal of understanding and fresh expression of God in other aspects of your life. Without renewal there is no purpose to this life – you are simply waiting for it to end.

I renew myself that God may renew me

SUNDAY**April 30th***Meditation**My father*

As I enter Your house I become aware of brittleness in my mind and heart. I realise that I have allowed Joy to slip from me. But now I relax in the subdued atmosphere of this Your inner chamber and gradually hear distant bells and the laughter of children. They kindle in me forgotten happiness. I feel rising in me a wave of relaxation and joy.

In this state of Divine happiness all harsh memories fade. I forgive and am forgiven. My whole world becomes benign. I see my departed dear ones in different settings, in the peak of health, smiling and doing the things they most loved to do. I move among them and through the settings of my daily life without the hindrance of regret, free of all sadness.

I thank You dear Father that in Your timelessness no good is ever lost and that I may experience Joy without end.

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