

# *The Path of Truth* *and* *Practical Philosophy*



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# THE PATH OF TRUTH

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## Editorial

### *Are we Peacemakers?*

We find little peace in the world today so let us remember that the thoughts, words, and actions of each one of us can do something to create peace or discord. We may think that we are too unimportant to have any effect on the world conditions but each of us has a part to play. Just as many drops of water make up the mighty ocean so do many individuals make up the nations. And if there is to be peace amongst nations there must be peace amongst individuals.

Are we doing our best to keep the peace in our own homes and communities? Are we living harmoniously with those about us? If not, we are working against world peace. If we cannot live in harmony in our own small circles we cannot advance the cause of harmonious relationships amongst the nations.

Let us look for the good in all men that we may help to call it forth. Let us remember that the Spirit of God is in each one of us.

## ***“I asked you to pray –”***

Extracts from letters received by the School of Truth

**We thank our known and unknown friends for their spiritual and material support, which sustains and expands the work that we do for God and our fellow men.**

Six months ago today our little grandson, then four months old, underwent a five-hour open heart operation for a serious heart defect. The operation was a complete success thanks to God, your and our prayers and the skill of the surgeon. Now at ten months S. is the picture of health, chubby and pink-cheeked.



I telephoned and asked for prayers for my two grandchildren who were seriously ill in hospital with meningitis. We are indeed grateful to God for healing both kiddies.



It is with a heart singing with joy that I write to thank you for your prayers for me. I had not been able to walk a single step for ten and a half months. Suddenly one day something was urging me: walk on your own! I did just that. I walked unaided all over the room. God had answered! How can I ever express my gratitude to God for His healing and for His boundless love?

You will be pleased to learn that I passed my nursing examinations quite comfortably in spite of domestic problems. Although I as a rule start panicking the moment I enter an examination room I was calm, full of confidence, courage and trust especially as I realised you were upholding me in prayers that very moment. I thank God for granting me success and you for your prayers and encouragement.



I have good news about L. she duly underwent the operation to her ears and it turned out that it would not be necessary to have another but bigger operation. We praise the Lord.



You will be pleased to hear that our Son S. has passed his examinations and got his M.B.L. degree. It is wonderful news. Once again my thanks for all the prayers on our behalf.



We have always had the security of a mine house, but as time for retirement drew near, we often wondered what the future would hold. In the most wonderful way we were led to a little cottage God had set aside for us. We are now settled in; there were no hitches. Everything unfolded faultlessly and seemed very carefully planned. Please join us in thanking God for the miracles of the past year.

You will be happy to hear that my daughter M. is home again after an operation which was a complete success. The doctors who informed her that there was no trace of cancer were amazed at her rapid recovery. As she had a brain tumour removed six years ago practically everybody thought that malignancy was at the root of her illness, but I did not accept this and God answered your and our prayers and she is just fine.



### **CORRESPONDENCE**

When writing or e-mailing the School of Truth:

- Give your previous address as well as your new address when notifying us of a change of address.
- Always quote the reference number of any letter received from us, to which you are replying.

Lecture by Nicol C. Campbell***“I Will Lead Them . . .”***

In our seeking after Truth – that is, in our attempt to attain to the consciousness of the Presence of God as a reality, I think one of the most difficult things for the student to understand is guidance.

Many people come to me and tell me that they have prayed for vision, for understanding or for guidance but when the answer came they could not distinguish between the three and were never sure which one was being given to them or what action they were being encouraged to take.

On the face of it this seems strange, but actually it is not so bewildering. Most of us listen to what I would term “wishful thinking”; we hope to receive the reply that we want to hear. It is as though, seeking the fulfilment of some desire, we set out after it in a Northerly direction and then tried to impose on our own choice of route on Omniscience as being the correct one, when in fact our quickest and best way would have been to travel South.

What we have to learn is that God – our own particular Life within us – speaks to the individual in a way that is distinctive and personal to him. It does not necessarily follow that the line I take, which produces for me my good will be the same

for you; we are all differently constituted and the presence of God within all of us – which is an integral part of each of His body-temples – will unfold in everyone in the way best suited to the understanding of the person in question.

I often have to ask myself which path to take and as I want to do the right thing I do not rely on my own fallible human mind but instead I put it up to God. I want to move knowing that the Divine Mind, omniscience, that constitutes me will make me take the right road to His successful accomplishment through me; and after I have attuned my mind and heart to the Spirit within I leave the whole matter with It and forget all about it. I do not look for indications or wait for some emissary from God to knock on my door and give me instructions. I let go, and wait upon Him.

Some time ago I asked a question that was very important to me and to the people who come to see me and between the prompting of my mind and the inclination of my heart, I could not decide what was the right thing to do. So, as I never take any step unless I am completely sure that in so doing I am completely in tune with God, doing what He would have me do and not following after my own wishful thinking, I turned the matter over to Him and dropped it entirely from my mind.

At about 4 o'clock the next morning I had a most peculiar dream. I saw before me a very rough, tempestuous sea, and riding the breakers was a motor launch, full of Children, and



I thought to myself “that is a very dangerous thing for them to be doing,” and as the boat passed in front of me for the third time a terrific wave struck it and it capsized. My immediate reactions was that I must go to the rescue of those who had been in it, so I plunged in, but found that, try as I would, I could not get through the turbulent waters. I went through all the sensations of being drowned as I was swept up to the surf and hurled back upon the beach. As I got up for the third time and prepared to make another attempt, a man, wearing a swimsuit, and gown said: “Don’t worry, I will go and save them” so I stood still and watched him and he appeared to be reaching them without making any effort at all! I had always felt myself to be a pretty good swimmer and I thought, “How queer, he is not experiencing any trouble.” And then, after he had brought out the youngsters one by one and landed the last one on the sand, I woke up, and immediately the name of someone, who had asked me for some specific information in relation to Truth (the answer to which I could not give) came into my mind and in about five minutes I had interpreted the dream, and then I had it! It seems a strange way for God to answer, does it not? Spread out before me there had been the Sea of Life, the terrific waves, the opposition, my own fear when I found myself unable to help those people being battered by the storm, and then the man. I could not find connection between him and the rest of the episode until, like a flash, inspiration came, and I knew that I had nothing to do with the spiritual dream that had been given to me, it was for the person who had asked the question.

He was going through a terrible experience, being buffeted by circumstances, and it was he who was in difficulties and unable to reach the shipwrecked people. In actual fact he had a tremendous step to take, and had passed on the responsibility to me. It was made clear to me that I was merely an onlooker; I had nothing whatsoever to do with the matter, even though I had been through all the emotional experience of that scene, yet in the unfoldment that came to me on awakening I received the guidance I was seeking, which uncovered for the man what he had to do.

It seems singular, does it not, that God – if He is Omnipotence, Omnipresence and Omniscience – should not give a straight answer saying, “Do that” instead of resorting to symbols. However, though he does not appear to speak plainly, He does talk to us in a way that we can understand.

For many years I have been working spiritually upon the interpretation of these symbols that constitute the universal language of God and he gave me the information I needed in a way that I have learned to understand, so that this knowledge, passing through me, might help the man who had come to me for aid. This, however, does not suggest that he will speak to you in the same manner for you would not understand Him if He did; He will talk to you in some way through which He will be able to get into your consciousnesses.

How many of you are there who feel that you can unburden yourselves to this spiritual Power, can hand over

to God whatever problems you have, whether of a spiritual, mental or emotional nature, and then with full trust in Him, forget all about them?

Do you not tend to give them to Him with one hand and to take them back the other? Are you not apt to deny the lying condition and to affirm the reality of God instead of relaxing completely and giving the matter no thought at all? You are not really letting go. After all, the ability to do that comes only with much experience and constant, persistent work with the spiritual Truth that is God and that constitutes every human being under the sun.

In the meantime, however, your efforts are not wasted for you are building up within yourselves a knowledge of the reality of God, denying the outer circumstances, acquiring the consciousness of vision, or understanding, but there is as yet no inner freedom. That comes later as you travel along the path with a growing consciousness of expressing love.

I see so much of mankind's struggle in the lives of those who come to visit me or call me up. So many look for indications, ask me when and how it will come to pass, yet when you have really reached the consciousness of trust, or faith, there is such an awareness of the Presence of God, of His Omnipotence and Omniscience, that you can afford to forget the problem and consequently cease to look for signs. There is no longer any sense of separation. It is this feeling of division that causes people to run backwards and forwards

from one teacher to another, but when, at last, you really believe that before you call He has answered there is no need look for signals, proofs or evidence because the knowledge that it is done is within yourselves.

The Spirit of God speaks from the inside. Even if the spiritual guidance comes through a fellowman, the contact still has to be made within, for the one spiritual Life that constitutes you, constitutes also him, and his voice is the Voice of God and your ears, when you hear understandingly, are the Ears of God. You will grasp this if you will spend sufficient time realising within yourselves that your bodies are the temples of God; you will discover that the Kingdom of spiritual Ideas necessary for your well being, is within you, that you are permeated with His Life because He is Omnipresent, that He is nearer to you than hands and feet, closer to you than breathing; and that it is true that in Him you live and move and exist and that He, the Spirit of Life, the Spirit of Intelligence, lives and moves and exists through you and, moreover, that before you call He has answered.

Why, I wonder, do we complicate Truth? Why do many of us who have an extensive knowledge of God, continue to seek our good from outside, believing that it has to come to us by way of other people? It has to come through us, for it is the very Presence of Love, permeating us, that releases the spiritual ideas – the expression of Life in our bodies as health, and the spiritual concepts of prosperity through our brains

as affluence, and That becomes, in us, the fearlessness that makes us openhanded.

The one thing that every Truth student must ultimately understand is that he cannot afford to keep his hand closed. It is what constitutes his safety valve whether it be used in the giving of love, joy or happiness, or of encouragement, prosperity or faith. Can the supply of these, which are God, be depleted, if He IS us? Can His attributes within us run out? If this could happen, then we are sunk, for we should be dependent upon economic conditions, governed by the actions and reactions people, but the Christ never recognised any lack in God. On the contrary, He was so confident – thanks to His consciousness of the Presence of God – that He said, “Ask what you will, and it shall be given unto you,” but we can only “ask amiss” if we are entirely cluttered up mentally and emotionally inside; if we are concentrating our whole being on negation, for we are then so confused that we cannot possibly ask for the good.

My own experience over half my lifetime has been one of goodness, of love, protection, wellbeing, peace and prosperity, and I would share these qualities with you. I would have you discover the Substance of God within yourselves, I would like it to become true.

Many people have said to me that only the wealthy go to our lectures on a Sunday, and I have accepted that affirmation gratefully and graciously for our members. I would wish it to

become materially manifest, I would like to be assured that every one of our students has built up this consciousness of affluence and knows God to be his prosperity, his happiness, his health, wellbeing and protection, and realises furthermore that no man can interpose between him and the Presence that is his Good.

The more you understand of Truth, the simpler It becomes. Life runs more smoothly, God is nearer for happiness is your daily companion. There is no more rushing round in a state of tension, with the whole mind and brain stretched out trying to produce in manifest form some quality of good. There is instead a peace, based on the realisation that your good is all that constitutes you and is manifesting here and now, in you, through you and for you according to God's purpose.

I would that Truth were something tangible that I could handle and pass over to you saying, "Here It is – experience It, feel what It is like to know that God is Love. That does not censure, criticise or condemn, but cares for His body-temples and desires to produce in all things only the good that He has promised." Did He not say, "I will make all things NEW"?

"If you will but think on ME – turn your minds away from lying appearances, be they things, conditions or people; if you will come to Me I will renew your minds, bodies, hearts and affairs with My spiritual Substance of Perfection. You and I are a majority, you and I are the Universe; with me you can do all things." Is not that a wonderful thought? It is

something that I have recognised, realised and grasped and it has become my experience. When I know my heart to be right with God, it does not matter what people say or do. I know I have nothing to fear. If my love is one with his, He is my banner of protection, over me, around me and about me, the Source of all my good, Its inlet and Its outlet.

This state of things can be yours also if you will seek Him with all your hearts, your minds and your might; and there is no material thing, no physical thing, that can take the place of this awareness, that can replace this consciousness of the innerness of Spirit, the closeness of Love. These can never be depleted, shut off or taken from you. They and they alone – whether you know it or not – are what you are seeking; the knowledge that God-in-the-midst-of-you is mighty, mighty to heal, mighty to lead you out of life's wilderness up to his Pastures of shining Peace.



*Do not consider anything for your interest which makes you break your word, quit your modesty, or inclines you to any practice which will to bear the light, or look the world in the face – Marcus Antoninus*



*Plato, on hearing that some asserted he was a very bad man, said, "I shall take care so to live that nobody will believe them."*

*From Nicol Campbell's book "My Path of Truth"*

## ***I am with thee***

The greatest promise ever made by Spirit through man to you and me is the promise "Fear not, for I am with thee." Those are the most reassuring words that could ever have been uttered to the man and woman starting out in truth.

When you look about you as you take your first steps in Truth and see the multitudinous problems presented to almost every individual you know, you wonder if it is really is possible that God can be this beneficent Power of which you have heard, a Power that will manifest through your bodies as health and in your affairs as harmony and peace, abundance and success.

For me, God, Whom I can neither see, touch nor feel – Whom I know to be abstract in the universal yet personal to each one of us individually, is a very close and constant Friend Who loves me in spite of my many faults. He is a Friend Who gives to me His very all, One Whose eager hands uplift me when I fall, Who will lead me when I go astray, Who will be my health should sickness overtake me, and my supply should there be any lack – a very personal Friend indeed.

I talk to Him just as I do to you, as I would speak to my own father. I have to talk to someone who understands. His



nature is Perfection – Beauty, Love, Abundance, Peace, and Health. I come to Him with all my difficulties connected with these things. In order to carry out my work, when I see in my path some problem that according to human thinking appears to be insurmountable, I have to persuade myself of the Omnipresence of God perhaps a hundred or two hundred times a day. I have to reassure myself with those words again and again, not using them as an affirmation, or statement of Truth in which I want to believe, but listening to the Spirit within saying to me “Fear not, for I am with you. I am All-knowledge, All-power, All-presence. There is no problem that can be presented to you that I have not already solved, no disease, no matter how chronic, that My life cannot instantly dissipate, no lack of any nature that my Substance cannot fill, no discord, no disharmony, that may enter into your affairs that I cannot remove, if you will but trust Me. I am already waiting for you to allow Peace and Harmony, the Substance of My very Being, to flood your consciousness as All-good.”

I do not walk around in a state of tension with regard to conditions, affirming and striving by visualisation or imagining literally to draw Him from the spiritual realm into my physical body and material concerns. I just listen to the Voice saying “Fear not, for I am with you. Be not afraid, I am your God.” And what I do you must do also if you would be set free.

We can think of our bodies and emotional make-up as

we would of a building. A storm may be howling outside, accompanied by hailstones, thunder and lightning, but we feel quite safe and secure; we are not in the least afraid because we know that nothing will harm us unless we open the windows and doors and admit the fury lashing and flashing without. We are not able to still the tempest simply by closing the windows but we do prevent it from entering our place of sanctuary. And so it is with your lives – storms are constantly raging, storms of poverty and disease, of unhappiness and lack, of failure and discord, but they cannot touch us as long as we keep our mental and emotional windows closed for , in doing so, we have contacted the Presence within and have heard Him say “fear not for I am with thee.”

We have to remind ourselves that these outer happenings have no power except that which we, as individuals, invest in them. We have to know that there is no human being in all the world that can do us any harm unless we furnish them with the opening and consciously accept the evil that they have to offer. Does the student of Truth faced with a difficult situation turn to God, or does he or she think “I must do something about this! I must not allow this or that person to do this to me. I must protect myself lest they harm me.” Such thoughts are actually giving way to fear. Although we proclaim to all and sundry that we believe there is a Presence called God, Whom we know to be All-presence, All-knowledge and All-power, we still behave as if He is unable to help us, and we take action ourselves instead of relying on Him.

I cannot compromise where God is concerned. For me He either IS or He is *not*. If the latter conclusion were true I should find myself compelled to “worship” individuals and go out of my way to pander to personalities. But any such supposition is entirely untenable, for I know that God alone, even though He is intangible and unseen, is All-power, All-presence and All-knowledge, and is therefore supreme in heaven and on earth.

In the long run it does not matter what the other person does to you or thinks about you; it is solely your *own* reactions that are vital as far as you are concerned. It is your *own* thoughts and feelings alone – whether directed towards yourself or others, that can harm you. Therefore your only course, if you would be protected, is to think in tune with God and, no matter how the world may scoff, you and God are a majority. Every human being is self-sufficient. Each one of you, when you consciously ally yourself with God, is a majority with Him. When you refuse to split His power with anyone or anything else at all, no matter if everything appears to crumble around you, or to be taken from you, you will be safe under the shelter of His love.

There is no power except God, God Who does not say to me alone but to every individual in the universe “Fear not. There is nothing to be afraid of. *I am with you. I am your God.*”

## *The Secret Place*

I think most of us have a favourite psalm, one that says something to us, and mine is the Ninety-first which begins with “He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.”

Let us explore the meaning of “the secret place”. It is a place which is not obvious. It is not a material place, so it must be spiritual but we can dwell in it. Then it surely is God-consciousness. God being omnipresent, we can all dwell in it and it is within us.

Another passage of the Bible tells us to “enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret”. So we have to shut out all thoughts of exterior and temporal things and, instead, think of God and His perfection in order to enter the silence and contact God-consciousness. And in omnipresence we can contact those who are also receptive to God-consciousness.

Having reached this understanding of the secret place, we find that it applies throughout the Psalm and gives promise of guidance and protection in all circumstances, but it is no use just reading through or even memorising it. It has to be realised and lived day by day. We make it our habitation.

God-consciousness is a refuge from wrong thinking. It will deliver us from false beliefs and lead us into Truth. If the

conditions under which we live or work are unsatisfactory, “surely He shall deliver thee” when we realise the omnipotence, the infinite power, of God-consciousness.

There will be no more fear or anxiety, either for ourselves or for others. We shall not go crossing bridges before we come to them, but will trust. We shall be able to face life boldly, trusting in omniscience, our all knowing Father.

Enlightenment will take the place of our groping along life's highways and byways. Only with our physical eyes shall we see death and destruction, knowing that, in Truth, life is eternal, and this realisation will give strength and protection.

Lets us go back to the first verse again. What is this “shadow” of Almighty?” It is the shade, the protection, of a mighty Mind, a pure all-knowing Intelligence which is always with us. By this intelligence we perceive there is a Spiritual Presence and an Infinite Mind in the Universe, upon our receptivity to It depends Its flow through us.

The promises are not for those who neglect God when things go right and who only seek Him when they are in trouble. We have to abide in his word and take refuge in it, keeping calm and rested and becoming one with the same Truth as was possessed by the inspired writer of the Psalms. Thus we enter into the secret place and are at peace.

## *If you will accept*



“Call upon Me in your day of trouble and I will deliver you,” an invitation to you and to me and to all humanity, but you must call before you can be delivered. You must call.

You can call in a whisper or in a thought, provided there is *feeling* behind the thought. There must be fusion between the mind and the heart. Many come to me and say they believe implicitly in God, and they ask why they do not have a demonstration of His power. I reply that it is a question of realisation. God does not create, or cause to be created, anything for us – it is already finished and done.

I believe in God, that He is All-presence therefore He is me, that He is All-wisdom to bring to fruition the true desires of the hearts of all people. It is not a question of praying and supplicating, it is *being* it, realising it in consciousness. I never count my money because I know that within me is the Bank of Heaven Unlimited, not only as my substance but as my health, as my harmony and peace. These I know to be actualities, Truths. My part is to act it, to live in the consciousness thereof.

The Master and all great teachers tell us that all which God is and ever can be is within us, because He cannot separate Himself from us. People habitually look in their cheque

books or their purses or their pockets to check what money is there. But while you have no consciousness of it you really have no money, and if you *do* have the consciousness you do not have to check. I do not look outside myself for wholeness. “I am” these qualities fulfilled – health, happiness, harmony, prosperity. God is always *here*, we do not have to go to churches or to read books to find His Presence. It is within ourselves, as ourselves. It is like the sunshine which is always here, but we have to get into it. If we live in the shadows it is our own fault.

What are we doing about it? Are we fearless, or faithless? Are we looking to channels, to family, friends, businesses? Oh yes, you may look to these agencies outside yourself yet you will always be limited. But you will never be limited if you identify with the Divine Spirit within you Which we call God. Jesus did not say to people whom he healed “If you sit down in certain postures, if you use certain affirmations, you will be healed.” He said “Do you believe in God?” “Yes.” “Do you believe that God can heal you?” “Surely.” “Then take up your bed and walk.” In over fifty years of my experience of people who have suffered these unhappy conditions, who have had the courage to take up their beds and walk, they have been healed instantly – not by me but by their *acceptance of God* in them.

You see my good friends, there is no essential difference between health, happiness and prosperity. They are merely

different ideas of the same Substance and in the decades that I have tested, or proved, God I have never found Him wanting. I have never found Him to sell me short. He always gives an added blessing. I have never had to look to any human being, to any channel. What I need is always there for the taking. Before I have had to call it has been provided, not because I am any better than anyone else but because I have child-like acceptance of God in me and as me. I take literally these words: “*Prove Me now herewith if I will not open the windows of heaven (of your consciousness) and pour you out a blessing so great that there shall not be room enough to receive it.*”

Why are people so hard-headed, so slow to believe? I know many people who can quote chapter and verse right through the Bible. I knew one man who knew every single verse in the Bible, yet he could not release God’s demonstration in his life. He did not know to bring God’s blessing into manifestation. *It is the soulness of man that releases the Spiritual Idea that always is, always was, and always will be here in us, extant.*

But we are timid, we are afraid to put God to the test. Why? Has He not invited us to do so? He says to us: “If you are mentally and emotionally upset, come and rest awhile and we will reason together and I will show you clearly that you are My temples – spirit, mind, soul and body – and that you can never want any good thing while you are attuned to



Me.” This attunement takes place through simple but regular meditation and *practical application*. You will say, like the Master, “the prince of this world – negation, anything that is the antithesis of goodness - comes, but finds nothing in me.”

There cannot be darkness in my mind and in my body if I have an enlightened consciousness. I cannot be poor if I know that I am in the hand of God and in this hand is prosperity to use fearlessly. It depends on you and me. What are we doing about it? God’s work is finished. We live and move in the Presence of all that is beautiful and good. *Do we accept it?* Or do we pray and pray and find things exactly the same as when we started out, that we are in the same limited state of consciousness? We must *go and do the things* that we thought God first had to make possible for us.

In over fifty years in The School of Truth there was a time when all the money we had was this ten shilling note which I have since kept in my pocket and have shown you before. There were dozens of workers to be paid and every door seemed closed. We did not panic, we did not phone around and say we needed supply. We became still. In the silence of our own sanctuary we attuned ourselves to the Spirit and gave thanks for His manifold blessings pouring through us in His service. Maybe from one, maybe from ten, maybe from Timbuktu, it came. And it always came, depending on our awareness, as it will do for you according to your awareness. You see, it does not have to *come – you are it*.

And your health, your happiness, your prosperity, your security? You *are* all these too. “I am” is the name of God. Everything *is*, and this is what gives you the mental peace you long for, the mental balance, emotional stability, physical wellbeing. There is no doubt in your heart, no question in your mind whether it is going to work. You *know* it is going to work and you have courage to go forward.

“Come unto Me all you who are weary and heavy laden, and I will give you rest.” “Come unto Me, and I will fill you with peace, and your heart with joy and your pockets with plenty.” This is not wishful thinking. This is what I have observed for over fifty years, and I am no different from you. We are made of the same Substance, we have the same Presence of God in us. It is not how we pray about it, but how we act it, step out and *do* it, and *become* it. So step out into the dark, step out into the deep. The old prince of this world, the liar, will tell you not to do it, but you tell him to get behind you.

Walk with God – He cannot separate Himself from you. Stop condemning yourself and saying “I am so full of sin, I don’t know whether God will forgive me.” God *is* forgiveness. God *is* Love. You have simply to accept it. Not one of us is perfect, and yet we can touch the hem of the spiritual garment and be set free from all negation. I worked on this prayer day and night: “God in the midst of me is almighty to heal, to walk through me, to talk through me, to hear through me,

because there is only the one Presence, the one Power, the Presence of God the Good.” I repeated this self-realisation sitting under a tree, walking among people down busy streets, not only in a special place at a special time. As constantly as I could my mind was inwardly attuned to God.

What is God? All that you could ever need – wisdom, health, peace, protection. All these qualities are in every single cell of your being, but you have to activate it by taking the practical steps. You will find that the good pouring into your lives will be far more than you expected. The sadness in the world is because ninety percent of people suffer from a have-not consciousness. They bewail their fate, but fate is the path you make for yourself. Your inevitable destiny is to become God-conscious.

“How wonderful are Thy blessings.” I listened to this on the radio this morning. I thought – how wonderful is God in all His blessings, like the rain pouring on the good, the bad, the just and the unjust, white, black, brown and yellow. There it is pouring down – but we don’t accept it, We go out with our umbrellas preventing it from soaking us. Consider it : It is God thinking, feeling, speaking and acting through me and as me. I have nothing and no-one to fear. The kingdom of God in all the universes constitutes me and I cannot lack for a single thing. It is my acceptance that brings it forth.

Go out this morning saying to the prince of this world, to the liar, the tempter : “Get out of my sight, I will not accept you. There is only one Power and one Presence in me – God the Good, fulfilled as everything my heart truly desires, to share and to spare.

**(Ref. Durban 8706)**



Do you not say “There are yet four months, then comes the harvest”? I tell you, lift up your eyes, and see how the fields are already white for harvest.

(Jn 4:35)



## MEDITATION

### **The Truth that sets me free...**

There is only one Presence and one Power in me – the Presence and Power of God, my Father, now manifesting in and through me and all my affairs as the fulfilment of my every need and righteous desire.

In this consciousness, Father, I am content to live each day to the full, expressing myself to the best of my ability in love, faith, and service. No matter what the negative appearances may be in my life at the moment, I know that they can have no lasting power over me for I refuse absolutely to accord them any reality whatsoever. I know that within me is Your dominion waiting to be released through me, and as I consciously apply myself in attuning my heart and mind to you, I know that, as has been proved so often in my life, the appearances must change and be transmuted into the good I desire, and which I gratefully acknowledge is Your desire for me.

With quiet confidence and trust I place myself unreservedly in Your care, Father, for now I have the assurance in my heart that Your love for me can never be limited nor obstructed by any person, place, or circumstance outside myself. I AM mightier than circumstance for I accept the truth that Your love now sets me free. In the name of my indwelling Christ I give thanks.

**July 1****Friday**

♦ *Happy is the man who finds wisdom. – Pro. 3:13.*

**I SEEK WISDOM OF THE SPIRIT WITHIN ME  
THAT I MAY KNOW OF LOVE, MY  
ALL-SUFFICIENCY IN ALL THINGS.**

The important word here is “finds”. We do not cultivate wisdom or spontaneously grow into it, we receive it from the Spirit when we go within and earnestly seek it. It has nothing in common with mortal logic, knowledge, or inventions. It is a divine gift that illumines our minds and hearts when we open these up to Love and humbly await Its unfoldment within the soul.

We cannot rationalise Love because It is GOD, our own inner selves knowing and functioning through the Spirit. Love speaks of unity where our intelligence sees separation, of harmony where discord appears to reign, of health amid sickness, plenty in lack of eternal Goodness where evil seems to hold sway. Wisdom knows that Love is All-in-all, that in It we live and move and have our being, and when this Truth is eventually revealed to us, we find complete happiness, which is our heritage here on earth.

**July 2****Saturday**

◆ *Seeing that ye have put off the old man with his doings. – Col 3:9.*

**FROM THIS DAY I STRIVE TO LIVE AND WORK IN TUNE WITH GOD.**

Have we put off the old man entirely? Is there nothing left of our old and erroneous beliefs – nothing left of old wrong thoughts and actions? Have we no little faults or failures for which we blame circumstances or people instead of blaming ourselves?

When we put off the old man we must rid ourselves of everything that is not in accordance with the will of God. We must yield ourselves up to Him entirely. If we are suffering from adversity in some form or other we must search for the cause and eradicate it.

Our deeds are the result of our thoughts, so we must see to it that we have our minds under control and think only right thoughts if our actions are also to be right. We must try and follow in the footsteps of the Christ and do the will of God at all times.

**July 3****Sunday****MEDITATION**

My Father,

In the familiar settings of room, home, neighbourhood, city and country do I enact my fears and hopes, my joys and sorrows, my successes and failures. I would seek the relief of Infinity, but You are Omnipresence – eternally everywhere.

The place that surrounds me now is as real as any other place in Your kingdom, earth as real as heaven, matter as real as Spirit. You are not divided. Where shall I flee from Your presence? Wherever I go in body, mind or spirit, You are there.

I cannot get closer to You dear Father than here, so I cherish it as holy ground and honour it with my mind and heart, with my whole body and with all my endeavour.



**July 4****Monday****August 1**

◆ *By works a man is justified. – Jas. 2:24.*

**I GIVE GRATEFUL THANKS THAT GOD’S WILL OF  
GOOD IS DONE IN MY LIFE.**

We all have our own particular work to do during our stay on this plane of consciousness; it consists in the God-functioning through us for which Divine Activity we were specifically created.

Most of us have our very personal human notions of what we should like to do and what we hope to be, and these seldom coincide with God’s Ideas for us, so if we would find the complete self-expression in our daily lives that is our heritage, our first concern must be to discover the nature of His Perfect Plan. This we shall be able to do only as we go within and listen to the Christ indwelling.

If we close our ears to the call of the senses and listen, attentively, to the still, small Voice of Spirit, we shall learn of that which is required of us. Then as we go forth and ACT accordingly we shall earn the Father’s commendation. “Well done, thou good and faithful servant, in whom I am well pleased.”

**July 5****Tuesday****August 2**

♦ *Keep yourself pure. – 1 Tim. 5:22.*

I strive to be an effective instrument through which the Spirit can act

If we want to live pure lives, we must cultivate pure minds, for everything we do starts as thought. To see no evil, speak no evil, think no evil should be our motto.

We must keep our bodies pure and healthy. They are the temples of the Holy Spirit and as such should not be polluted. If we are to be channels through which God's Goodness flows to His children, we must keep the channels free from anything that would form a barrier to that flow.

Let us keep our minds and hearts free from hatred, selfishness, jealousy, greed, and every other destructive quality. Let us overcome the beast in us. Plato said, "The first and best victory is to conquer self; to be conquered by self is, of all things, the most shameful and vile." Then let us cultivate the spiritual in us – the Higher Self.

**July 6****Wednesday****August 3**

◆ *Then shalt thou make thy way prosperous. – Josh. 1:8.*

**MY TRUE SUCCESS COMES ONLY AS I SEEK GOD  
IN SPIRIT AND IN TRUTH.**

We all, without exception, want our ways to be prosperous, but how many of us know what TRUE prosperity is? We think of it in terms of affluence, power, influence, worldly success and material possessions. With all our might and main we go after these things sometimes ruining our health in the struggle, sometimes losing friends because of the fierce, relentless competition, and sometimes becoming separated from our families because business takes up all our time and we have none left over to devote to our near and dear ones. In the end we find that what we have been so one-pointedly chasing has turned to Dead Sea fruit in our hands, leaving them empty of everything else.

If we would have TRUE prosperity instead of the useless toys we have collected, we shall have to seek it on the spiritual side of life for it covers more than money, rank and empty prestige; it includes besides supply the far greater blessings of health, happiness, and love, and these are not to be found in market places of the outside world but only within our own souls.

**July 7****Thursday****August 4**

◆ *Blessed is the man that trusteth in the Lord. – Jer. 17:7.*

## **I GIVE THANKS, FATHER, THAT DAILY MY FAITH IN YOU INCREASES.**

What a wonderful thing it would be to have absolute faith. It would mean that we should never be afraid of anything in the world, neither life nor death, nor failure, nor anything that is negative or destructive.

To increase our faith it is necessary to make use of what we have, even if it may be only the size of mustard seed. Others may tell us what faith has done for them but that will not necessarily convince us that it will do the same for us. We must put it to the test and prove it for ourselves.

It may seem difficult for us to have faith in the ‘All-originating Spirit,’ for Spirit cannot be seen, or felt, or heard, but we can believe in the expressions of Spirit – love, goodness, truth and beauty, and so we believe in It.

Take God into your daily life. Make Him a partner in all you do and turn Him often. It takes but a moment to lift up your heart to Him in gratitude and anyone can spare a moment to do so.

**July 8****Friday****August 5**

♦ *And I shall walk at liberty. Ps. 119:45.*

**I AM A BELOVED EXPRESSION OF GOD AND MY  
LOVE FOR AND FAITH IN HIM FULFIL MY GOOD.**

So many of us are chained to something or someone. We may be the victims of fear; and what would we not give to be free of this destructive emotion? It prevents us from living fully and richly – from living adventurously and excitingly. Instead of enjoying the thrill of striving against the current in the middle of the stream of life, fearful people try to stay in a quiet backwater which they hope will be safe. We should all cultivate courage diligently. It will come with faith. Faith in the Power of God within us will make us bold and free.

We also need to rid ourselves of outworn ideas – the wrong ones instilled into us by ignorant people in our childhood perhaps. And these are not easy to eradicate.

But we must get rid of the idea of God as a God, sitting on a throne in some remote heaven noting the errors of His erring children that He may punish them. God is a God of LOVE, understanding, and forgiveness.

**July 9****Saturday****August 6**

♦ *Do not I fill heaven and earth? Said the Lord. Jer. 23:24.*

**DIVINE LOVE IS WITH ME AND GOES BEFORE  
ME. I GIVE GRATEFUL THANKS**

It is written that “the heavens declare the glory of God and the firmament showeth His handiwork,” and we who tread the rich earth beneath the blue sky above us apparently know nothing of these truths, for if we did how could we believe in two posers – the one forever seeking to dim the glory of the other?

God created the Universe and our small world is part of It. It is spread before us, a wonderful panorama, but we are blind to its fairness, doubtful of its abundance, of its winding ways because we do not KNOW that GOD IS EVER WITH US; that He is the Beauty that should uplift our hearts and delight our eyes; that He is the teeming harvest of land and sea; that as we go forward on our journey through this plane of experience to which – in love – He has brought us, his Presence shall protect us, his arm support us as He goes before us lighting our path and leading us to the Kingdom of our good awaiting us at its end.

**July 10****Sunday****August 7****MEDITATION****The Endearing Name**

My Father,

Of all the many and profound Names by which You are known, the name ‘Father’ is the One which brings You closest to my heart and mind, and presents me with a glimpse of Your Love and Compassion. Omniscience, Omnipresence and Omnipotence I find so abstract, so infinite and impersonal. “King of King’s” sounds wonderful and majestic, but somehow it places You beyond my reach.

Perhaps it is because I am a father myself and I find such comfort and warmth in the thought of You as my Father, for I know that no matter how wayward I may be or how far I fall short of being a good son, Your Love encompasses me and Your Wisdom is ever available to guide my footsteps. Besides, I am strengthened in the knowledge that, as a Father, Your Will for me is that I should enjoy the Life You have given me; that if I follow Your Way, obey Your Laws, I shall live consciously in Your Eternal Presence so that anxiety shall leave me and I shall know the peace of mind and security which Your Love alone can give me.

**July 11****Monday****August 8**

◆ *Faith is assurance of things hoped for, a conviction of things not seen. Heb. 11:1.*

**I NOW EXPRESS MY FAITH IN GOD IN CHEERFUL  
EXPECTANCY AND UPLIFTED THOUGHT.**

Here is an explanation of faith by Ralph Waldo Trine which may prove helpful: “Faith is nothing more or less than the operation of the THOUGHT FORCES in the form of an earnest desire, coupled with expectation as to its fulfilment. And in the degree that faith, the earnest desire thus sent out, is continually held to and watered by firm expectation, in just that degree does it either draw to itself, or does it change from the unseen into the visible, from the spiritual into the material, that for which it is sent.”

We all have earnest desires which we want fulfilled, and the thing to do is to expect them – take make pictures in our minds of the things we need, and keep them there. In that way we shall be releasing the force through us which will bring us our heart’s desires. But let us not concentrate only on what we want for ourselves – let us think of the needs of the others involved in the situation in order that we may serve.



**July 12****Tuesday****August 9**

♦ *O give thanks to God; for He is good. Ps. 136:1.*

## **I SHOW MY GRATITUDE TO GOD BY LOVING HIS CREATION.**

How many of us always remember to give thanks to God for the many blessings He bestows upon us daily? Do we often not take them for granted? Even when an urgent prayer is answered do we always turn to Him before doing anything else in order to express our gratitude?

God IS good, and anything that is not good in our lives is not thrust upon us by Him. It is of our own making, so we cannot blame Him for it. But we should thank Him daily for our loved ones; for our homes; for our work if we are fortunate enough to have work to do, for the beautiful world in which we live; and for life itself. Above all we should thank Him for His love which comes to us in the measure in which we are able to receive it. And the best way of showing our gratitude is by letting this love flow from us to those about us as freely as it comes to us.

Thankfulness is an expression of our love; and we cannot show too much love to God and our fellows.

**July 13****Wednesday****August 10**

♦ *Silver and gold have I none; but what I have that give I thee. – Acts 3:6.*

**I GIVE OF THE BEST THAT IS IN ME TO MY  
FELLOW BEINGS, BOTH HUMAN AND ANIMAL.**

How much more precious than silver and gold was the gift which Peter bestowed on the lame man! He gave him the ability to walk though he had been lame all his life.

What have you and I to give? Money if we have it, surely to help in the spreading of Truth. Also to assist those who lack the necessities of life, though we should try to teach them how to obtain them for themselves. However, it is not much use to talk to a starving man unless we feed him first.

But we all have something to give for there are few people who have not some talent which they can use to the glory of “God and for the betterment of mankind.” What we must not do is allow our talents to lie dormant. We must make use of them whatever they happen to be.

And the great gift is that of love. It flows to us from God in the measure in which we are able to receive it and it should flow freely from us to others.

**July 14****Thursday****August 11**

◆ *He that is soon angry will deal foolishly. – Pro. 14:17.*

### **I WILL BE RULED BY LOVE ALONE, FATHER.**

One thing we must learn is to master our unworthy emotions. The man who cannot control his temper is unlikely to do well in any sphere of life. If we want to be put into any position of trust we must be in command of ourselves. We cannot expect to be given authority unless we have self-control. The anger of one man in an office or workshop can have disastrous effects.

It is said that our thoughts go out into the ether and attract similar thoughts which strengthen them. What happens then when our thoughts are destructive? How can we tell what the results of our anger, for instance, may be?

We must not be ruled by our baser feelings. We must master them for our own sake and for the sake of others. When we give way to them we cause unhappiness or worse things. If we stir up strife we must expect to suffer from the consequences.

Let us learn to remain poised whatever the provocation may be. If someone else loses his temper let us keep calm.

**July 15****Friday****August 12**

♦ *My meat is to do the will of Him that sent me. John 4:34.*

**THANK YOU, FATHER, THAT YOUR WILL OF  
LOVE IS BEING DONE IN, TO, AND THROUGH ME  
THIS DAY AND ALWAYS.**

If we want to live the Life of Truth, we must yield the personal will to the divine will.

It has been said that “Thy will be done” has been a wail instead of a shout of joyful expectation. And How many people who say the Lord’s Prayer use this phrase with absolute sincerity? Do not a great number fear that the Divine Will, will not be in accordance with their own wishes? The ambitious man may desire fame and fortune and may fear that such things do not enter into the Divine Plan.

Let us realise that we are one with the Father and that He wants only the best for His children. We should be ready to give up any of our personal wishes that we feel may not be in accordance with God’s Will. ‘Thy will be done’ is one of the finest of all prayers if we would only realise it, for God’s Will is always goodwill.

Have we not sufficient faith to put our trust in Him? To do His Will is to know joy and peace of mind, and what more can we desire?

**July 16****Saturday****August 13**

◆ *Jehovah will be thy confidence. – Prov 3:26.*

## **I LIVE IN THE PRESENCE OF DIVINE LOVE AND LIFE.**

If you asked the average man in what he placed his confidence, you would get many different answers. One might say “in the stability of the Stock Exchange”, a second “in the company I work for”, a third “in the government of the country”, another “in the law and order obtaining in nature”. Few would answer, “In God.”

It is not until the day of adversity dawns that we take Him – who has promised never to leave us nor in any circumstances to forsake us – into our reckoning. When things are going swimmingly we just do not companion with Him, nor are we aware of His indwelling. When trouble strikes we rush first to human beings for succour and they cannot help us.

God is OMNIPRESENCE, and being LOVE remains ready to serve us the moment we turn in trust to Him. We should spare ourselves a lot of anxiety, strain and downright sorrow if, from the beginning, we would “make Him our confidence”; if we would attune ourselves to Him.

**July 17****Sunday****August 14****MEDITATION****Love be my guide**

My Father,

Deep in the meditations of my heart,

Is the desire

To live as You would have me live,

To speak as You would have me speak,

To act as You would have me act...

Show me the way that You would have me go

So that I may remove all obstructions

That appear to keep your Good from manifesting in Me...

Open my eyes that I may see the

True Beauty of all things.

Open my ears that I may hear Your Devine Harmony

Above the discord of human endeavour.

Teach me to speak words of praise and encouragement to all,

And overlook my failures

So that they become stepping stones to success ...

Let my meditation be acceptable to You

And Love be my guide.

## ***PRAYER***

*Our Father, Spirit That is Love within me,  
Revered and holy be Thy name,*

*Let Thy Kingdom of Love and Goodness  
come into expression through me,  
and Thy Will be carried out in and by me,  
here upon earth as is done in Thy Spiritual Realm.*

*Be Thou, this day, the fulfilment of my every need and the  
Illumination of my understanding.*

*Help me to forgive my debtors  
that I myself may be set free.*

*Teach me of Thy Presence of All-good  
and lead me away from all error thinking,  
all negation, delusion and vacillation.*

*Preserve me, my Father,  
from every kind of separation.*

*For Thine is the Kingdom within me,  
The Power and the Glory that fill me,  
For ever and ever, Amen*

**July 18****Monday****August 15**

♦ *The prayer of faith shall save him. – Jas 5:15.*

**I GIVE GRATEFUL THANKS THAT GOD,  
MY FATHER IS ALWAYS THE FULFILMENT OF  
MY NEED.**

When we pray, to whom are we offering up our prayer? If to God what are we hoping to gain thereby? The granting of a boon, the changing of condition (brought about by us), a healing of some disease?

God's part is already done in all that concerns us. He is the VINE, we are the branches. Would it make sense for certain leaves on an oak to beg the tree to send up sap to nourish them, to induce the sun to shine on them, to incline the rain to wash them free of dust? The sap will rise because it is its nature so to do, the sun cannot withhold the light which streams out of it, and the gentle rain from heaven falls upon the just and the unjust.

In order to attain peace of mind, to still our doubts we do remind ourselves that God governs; that He is our all-sufficing supply, and is expressing Himself – all that He is and has – in and through us. THAT is what we achieve through prayer – a sense of unity with our Maker, the attunement with him that convinces us that all is good and good is ours to use and to enjoy.



**July 19****Tuesday****August 16**

◆ *The law of the Lord is perfect. – Ps. 19:7.*

**I DO MY BEST TO CULTIVATE A COSMIC LOVE  
FOR ALL GOD'S CREATIONS.**

What is the most important of God's laws and the one on which all others depend? It is the law of love, love of God and love of all that He has created. It is not enough to love deeply our friends and relations. We must love all men with a universal love, and all Nature.

God is love and we are His expressions so we must also be love. When man learns to love his fellowmen and all other forms of creation we shall have brought heaven to earth and there will be harmony amongst men and nations.

Is each of us doing his best to bring about this state of consciousness? Can we honestly say that we love all our fellows? Do we forgive them for anything they may do to hurt us – instantly and completely? Do we never bear a grudge against anyone?

If we obey the law of love we cannot disobey any of the other laws.

**July 20****Wednesday****August 17**

◆ *They that are wise, shall understand. – Dan 12:10.*

**I DEVELOP WISDOM AND UNDERSTANDING OF  
GOD AND HIS LAW THROUGH THE PRACTICE  
AND EXERCISE GIVEN BY LIFE'S EXPERIENCES.**

It is our lack of understanding of Truth which causes so much trouble and misery in the world.

If we would increase our understanding we must look beyond the physical – those things that we can see, feel, and touch – to the spiritual which we cannot see, feel, or touch. We must perceive the Truth which sets us free from fear and all other destructive emotions.

Understanding comes with knowledge and experience. Therefore we must put Truth to the test and prove it for ourselves. It is not enough to hear it from others, it must be a personal experience. We must be able to put our trust in it so we must cultivate faith.

Starr King says: “The chief difference between a wise man and an ignorant one is, not that the first is acquainted with regions invisible to the second, away from common sight and interest, but that he understand the common things which the second only sees.”

**July 21****Thursday****August 18**

♦ *Give, and it shall be given unto you. Luke 6:38.*

## **WHAT I GIVE, I GIVE IN LOVE FOR THIS IS THE CHRIST WAY**

We should give without any thought of return. We should give with love in our hearts, glad to share what has been given to us by a loving Father.

Today's text goes on to say: "good measure, pressed down, shaken together, running over, shall they give into your bosom. For with what measure ye mete it shall be measured to you again." We do not necessarily receive in the form in which we have given, but what we give in love comes back to us in some way for that is the promise.

It may be that sometimes we make a contribution to something of which we do not approve because not to do so would make us conspicuous. If we do this we have not the courage of our convictions. Let us confine our giving to what we consider worthy causes, not give for the sake of what others may think of us.

There are things we can bestow more precious than gold, ye they cost us nothing. Love, kindness, and appreciation are some of them. Who can put a price on such things?

**July 22****Friday****August 19**

◆ *Arise, shine for thy light is come. – Isa 60:1.*

**QUIETLY DO I TRY TO LET MY UNDERSTANDING  
OF TRUTH ILLUMINE THE PATH FOR MY  
FELLOWMEN.**

What light is it that shall enable us to “rise and shine”? Surely the light of UNDERSTANDING. When we have understanding we know what we are and the purpose for which we have been brought to this plane of experience.

Understanding is that knowledge of the Truth which shall set us free, and it is not to be found in books, lectures, or teachings, not even in “sermons in stones”. It is gleaned only from the Spirit dwelling at the centre of each and every man alive, from which we learn – what the Master sought to pass onto humanity – that “I and My Father are one”; that there is no separation between the Creator and His created; that what God is, we are, and that what He has is ours also.

When we have only an inkling of this blessed truth, it will be clear to us that we are come to this realm to USE the Divine Qualities out of which we are made, the “greatest of which is charity” love.

**July 23****Saturday****August 20**

◆ *Tend the flock of God. – 1 Peter 5:2.*

## **I SERVE MANKIND IN THE BEST WAY I CAN.**

We cannot all be preachers for we are not all gifted that way, but we can teach through being and doing. Practice is better than precept and if we live the good Life we are setting the right example to those about us.

Whether we realise it or not, we influence our neighbours to a greater or lesser degree, unless they are unusually strongminded. Anyone can talk about religion who knows anything of it, but men do not find it so easy to live up to it. Yet to influence people in the right manner is one way of tending the flock of God. There are many other ways of course. We may be nurses or doctors, teachers or minsters, artisans or artists, but we can all do our share.

Another way of doing it is by putting the best of ourselves into our work, for we are all dependent on one another to a certain extent. We expect good service from the ‘butcher, the bake, the candlestick maker’, and so on. We rely on them and they should be able to rely on us.

**July 24****Sunday****August 21****MEDITATION****“All I ask”**

My Father,

I ask not that my problems be removed, nor that my path be strewn with roses all the way, for were it so, how would I learn to have dominion over all things? How would I develop character and understanding? What need would there be for me to seek Your Love, Wisdom and Power; to crave for the awareness of Your Companionship and Presence?

It is the knowledge that Your Spirit is within me that strengthens and encourages me to face up to life's experience, the assurance that Your Wisdom guides me, your Power guards and sustains me, and that Your Love governs me. In this understanding is the solution to whatever may confront me. It is the blazing Star of Hope, the Evidence of things not seen, the truth that sets me free.

I go forward unfalteringly, certain of ultimate victory, for You, Father, and I form a majority.

**July 25****Monday****August 22**

♦ *Make me hear joy and gladness. Ps 51:8.*

**I TRY TO MAKE OF MY LIFE A WORTHY  
INSTRUMENT IN GOD'S SERVICE.**

We hear so much of the sorrow in the world that we should make the most of the joyous things that come our way. We should sing a happy song as often as we can. While we admit the sorrow let us try not to be submerged by it. Let us remember the words of the Psalmist of old:

“Weeping may tarry for the night,  
But joy cometh in the morning,”

Let us also remember that God is our refuge and strength, a present help in time of trouble.

Do not allow yourself to be discouraged. If you are trying to accomplish something that is good, go on your way rejoicing, whatever others may say. Even though you may not necessarily attain your goal, there is happiness to be found in the striving. And success does not always lie in achievement; for those who pave the way for the people who will come after them are also playing a worthy part.

**July 26****Tuesday****August 23**

♦ *It is a good thing to give thanks unto the Lord. – Ps 92:1.*

**THANK YOU, FATHER, FOR ALL THE BLESSINGS  
OF MY DAILY LIFE.**

Do we, when we wake in the morning, start the day by giving thanks to God for the many blessings He bestows upon us? For the beautiful world in which we live, for instance; for loved ones; for health, and so on? And how often do we remember to give thanks IMMEDIATELY when some special need has been met?

But it is not enough to give thanks with our lips. We should show our gratitude in some practical manner. And this we can do by helping some of His children. How else can we do it? You may think that there is little you can do, but we can all do something, if it is only to send out blessings to all mankind and thoughts of love.

If we bring God into all we think, say, and do our very lives can be a song of praise to Him, and this is as it should be. When our minds are filled with love for all people we are expressing God, for He IS love.



**July 27****Wednesday****August 24**

♦ *For all things are yours. – 1 Cor 3:21.*

**I AND THE FATHER ARE ONE, AND I GIVE  
THANKS THAT I SHARE IN HIS ABUNDANCE.**

You may wonder how the above text can be true when you look around you and see so many people in want. But all that we need has been provided for us in God's kingdom and OUR FAITH brings it into manifestation.

It may be that you know some thoroughly good people who appear to lack the necessities of life; and you may know some selfish, greedy folks who have everything they want, yet who seem not to deserve it. We must remember that the sun shines on the just and the unjust, and the probability is that those in need have the will to fail, and those who have plenty have the will to succeed. We cannot judge accurately by appearances.

There are some who say that they were never meant to be successful and speak almost as if it were a virtue. They should change their thoughts. They should say, "I can and with God's help I will," and live in the consciousness of success.

God wants us to have the good things of life. We should realise that we are heirs to His riches.

**July 28****Thursday****August 25**

♦ *The judgement of God is according to truth. Rom. 2:2.*

**MY GOD IS A GOD OF JUSTICE FOR WHICH I AM  
TRULY GRATEFUL.**

Does it seem to us sometimes that we are being treated unjustly? If so, let us remember that there is no injustice in God's kingdom. Whatever is happening to us is the effect of some cause which we have set up sometime, somewhere.

If we do not believe that God is a just God, to what can we cling? God is love and would a God of love allow His children to suffer for something they had not done? People who possess such ideas are lacking in true understanding,

To think negative and destructive thoughts is to invite negative and destructive conditions to materialise for us, and the opposite is just as true. If we think right thoughts our actions will be right. If we think in terms of sickness we can expect sickness to manifest in our lives; if our minds are filled with thoughts of poverty we can expect to be poor – and so on. But let us not put our circumstances down to injustice. We are masters of our own destiny.

**July 29****Friday****August 26**

◆ *Be patient. – James 5:7.*

**WITH MY MIND AND HEART STAYED ON GOD I  
MAINTAIN MY POISE AND SERENITY.**

This life we lead is not conducive to patience, is it? We hurry here and there trying to do the most we can in the least amount of time, which is no aid to patience. If we lived at a slower tempo we should probably get through just as much work and, possibly, with more efficiency.

Is there not always a little concern where there is undue haste? We run because we are afraid of missing bus or train, perhaps. We hurry over our work in case we shall not finish it in the required time – and so on. The world would be a much easier and pleasanter place in which to live if we took things more slowly. And there would not be as many people wanting appointments with psychiatrists either.

And are there not times when we would like to hurry God? But that we cannot do. He works according to law and not according to man's idea of how things should be done.

**July 30****Saturday****August 27**

◆ *I press onward toward the goal. – Phil 3:14.*

## **GOD WORKS; AND I WORK ALSO TO ACHIEVE MY GOAL.**

Have we defined our purpose in life, and are we working hard to achieve it? If we wish to be successful we must bring constant effort and enthusiasm into whatever we are doing. If we want to achieve anything of value we must work wholeheartedly.

To attain our objective and be successful we must have faith – faith in the thing for which we are striving, and faith in the God within us Who works through us. Without it we cannot expect to succeed. We need the will to win, also. The man who says he can't do a thing is all too often beaten before he starts.

It is not right to think that we can sit idle and expect God to do for us those things we should be doing for ourselves. As has been said, He works THROUGH us, but laziness is no part of His plan for His children. A man in need of work should look for it and not sit with folded hands and say that the Lord will provide. Then let us play our part at all times.

**July 31****Sunday****August 28****MEDITATION****I behold beauty everywhere ...**

My Father,

In this time of quietness and peace I withdraw deep within the recesses of my being and sense a fusion of body, mind and soul in harmony with You. As I contemplate Your beauty expressed all around me I absorb the radiance and the glory until I become one with and part of all the beauty in the Universe.

I ask myself, “Who is it that observes and registers these radiations of beauty?” Then gradually as I fully accept “Thee in me, and me in Thee” I recognise my part is in seeing only that which is beautiful and true. Here I come into a realisation of my true self, independent of all but Spirit. The “I” that chooses the thoughts that pass through my consciousness and makes them real; the gatherer of beautiful ideas; the experience of heavenly joy and harmony; the listener to divine music within my soul ... all these am I in You.

I am one with all Truth, All Beauty, All Wisdom, All Love. This is the contemplative “I” recognising the immutable bonds that bind me.

**Monday****August 29**

♦ *The lord is in His holy temple. Hab. 2:20.*

**WITH MY SPIRITUAL VISION I PERCEIVE ONLY  
THE OMNIPRESENCE OF DIVINE GOOD.**

How many of us believe the above text, much less KNOW it? If we even thought it were true could these temples be – as they so often are – sick, sorrowful, frustrated and afraid?

God is Omnipresence. We accept this in a vague sort of way, but we do not, mentally, get down to brass tacks and realise exactly what it implies. If he actually does fill all space, He must occupy the whole of our lives, minds, bodies and affairs, and where He – Who is All-love, All-knowledge, All-harmony and All-substance – is, there can be no discord, doubts, disease or lack. So, if we see the least evidence of these in ourselves or our concerns, we are perceiving and accepting a very convincing outpicturing of an erroneous concept which we are harbouring.

The truth is that in essence there is no evil of any description in God's cosmos, and the moment we know this with the same conviction as we know that we have noses on our faces, it will become FACT for us and whatever contradicts it will become fiction. As such it will pass forever out of our risen awareness.

**Tuesday****August 30**

◆ *To him that overcometh, to him will I give to eat of the tree life life. – Rev. 2:7.*

**WITH GOD'S HELP I TRIUMPH OVER  
DIFFICULTIES. I GIVE GRATEFUL THANKS.**

If there were no obstacles on the path of life we should become weak and pleasure-loving – we should deteriorate and become bored, and bored people often get into mischief.

The lower side of our nature is so often in a state of war against the higher or divine side. One of the great things we have to overcome is selfishness. It seems that it is only human for man to put himself before anyone else but it is the divine that must be cultivated. We must learn to love our neighbours as ourselves.

Are we facing difficulties in the right way? Or are we trying to turn our backs on them? If so, we are not learning the lessons which experiences have to teach: but since they are necessary to our spiritual progress we should face them boldly and surmount them.

However, we have all God's strength to help us in any time of need, when we claim it in love and faith.

**Wednesday****August 31**

◆ *Rejoicing in hope, patient in tribulation. – Rom 12:12.*

**LOVE CHANGES HOPE INTO JOYOUS  
EXPECTATION AND PATIENCE INTO  
TRIUMPHANT ACCEPTANCE OF OUR  
HIGHEST GOOD.**

Neither of these attributes is particularly easy for us humans. Some of us feel we have nothing tangible on which to place our hopes and we are faced with so many tribulations that it is exceedingly difficult to meet them with patience.

We are mistaken. Our hopes must be set firmly upon Love, Which, if we know anything of the teaching of Truth, we shall recognise to be within us, ever ready to help us, and strong to save. As to our tribulations, all discord is a lie, and illusion of the human mind which believes that man is separate from His Creator, and consequently is not endowed with His qualities.

Truth declares that God and His Creation are one, When we come to KNOW this, we shall recognise that error can endure only so long as we sustain it by believing in it, and we shall realise that far and above hoping for our good, we can claim it as here and now established unto us and give thanks for it.



## ***Meetings: July/ August 2022***

Due to lockdown some meetings  
are cancelled until further notice.

Contact your local representative.



### **New version of Psalm 23.**

The Lord my Shepherd rules my life.

He gives me all I need.

He leads me by refreshing streams.

In pastures green I feed.

The goodness and Thy Gracious Love pursues me all my  
days.

Thy house O Lord shall be my home.

Thy Name my endless praise.



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