

THE PATH OF TRUTH

This magazine is published by the School of Truth and
circulated to all parts of the world

May/June 2016

Letter to all regular recipients of this magazine, **The Path of Truth:**

In the interests of cost-saving, we must update our mailing list. Your kind co-operation would be much appreciated. We therefore ask that you urgently write to us (PO Box 63549, Marshalltown, 2017) or call our office (+27114825622) or email us at pathoftruth@mweb.co.za to confirm your address details.

The Path of Truth is uploaded to our website every two months at www.schooloftruth.blogspot.com. We can also email it directly to you. And of course, we can post it to you if you prefer. So, when you contact us, kindly state your preference.

Please note: unless we hear from you before the end of May, 2016, the July/August edition will not be sent to you, because we will have to conclude that the address we have for you is redundant and it will be removed from our mailing list.

Wishing you God's richest Blessings,

Your Team at The Path of Truth

“I asked you to Pray.....”

Extracts from letters to the School of Truth

I am happy to be able to write that, after a bad period when nothing seemed to go right for my husband, now all is well. He has been promoted and asked to open a branch for his firm in our home town. In addition he has been given a company car. We are also delighted that the sale of our house fell through so we can now go home to our old house. The very next day after I received your letter in reply to my request for prayers, my husband told me that the firm was negotiating this move. It is a very big boost for my husband and I thank God for His blessings.



A friend of mine's divorced wife was – still is – very ill and could not care for their little girl of whom she had custody. The father wanted very much to get the legal right to have her living with him but the Danish law is very strict in this respect. Now, after two years, our prayers have been answered. The child who is very happy being with her father, visits her mother often in hospital where she is a diabetic patient with brain damage.



Please join us in thanking God for healing our daughter from cancer of the skin. It was a trying time but now all is well and she is indeed thankful to God for answering our prayers.

In January my brother-in-law underwent a liver transplant operation at Kings Hospital in London. The operation was very successful and he was out of hospital within ten days and has been walking around easily and comfortably. The post-operative medication has been reduced considerably and my brother-in-law is well on the way to a complete recovery. How wonderful our Father is when we put our entire trust in Him and his Goodness! Heartfelt thanks to God and also to you at The School for the help received.



There was a time when I had to make a decision, when I had to choose. I had a very painful growth on my nose and a history of cancer. I had to decide whether I was going to keep on praying and affirming: “Christ is healing me now,” or whether I was going to consult a doctor, have an operation and the usual post-operative treatment. What inner conflict, what turmoil until I eventually decided to go back to work and not to see a doctor; to put all my eggs in one basket and to leave myself in the hands and care of the invisible but almighty loving and ever-present Father. A glorious sense of wellbeing took possession of me. God also gave me the peace He promised those who unconditionally relied on Him. I forgot about pain and the growth and trusted God. On a Friday evening my wife cried out in surprise, “It is gone!” We both stood in front of the mirror and marvelled at God’s love.



It is with a grateful heart that I am writing to tell you that M., my very dear friend, is now completely healed of leukaemia. Thank you for your prayers and God bless you and the wonderful work that you do.



A couple of weeks ago God made it possible for me to see my mother whom I have not seen ever since I left the Seychelles in 1968. She was in England visiting my brother who was dangerously ill. I wanted to see her badly, prayed about it and left it to God to arrange for me. Within a month everything worked out so perfectly that I have no doubts that it was all the Father's doing. My mother-in-law gave me enough money to buy my return ticket to London; my boss granted me a week's leave; my sister-in-law offered to take my children and care for them – they happened to have their spring vacation just then. I saw my mother, brother and my sister and am truly grateful to God.



I thank you with all my heart for praying with me for a young man, M.P., who suffered serious head and leg injuries in a motor accident. He was to have been transferred to another hospital for brain surgery. but this was found to be unnecessary, as his condition had improved so considerably and quickly, and only a short while later, to the amazement of all concerned, he was able to return home, healed.

Our heavenly Father has provided the job I asked for and I thank Him with all my heart.



I thank you for praying with me for V., who was involved in a motor accident in which he suffered head injuries that were a cause of great concern. However, I praise and thank God that a few days later, he was discharged from hospital, having made a remarkable recovery.



In a truly wonderful way God answered your prayers for my daughter and son-in-law whose marriage was very nearly ruined on account of the latter's drinking habits. For months now he has not touched liquor and the two of them are very happy together.



Our children succeeded in selling their property and I am very grateful for this answer to prayer.

The spiritual and material support so lovingly and faithfully given by our known and unknown friends to this work of Truth we do in God's service, is a source of inspiration and blessing to us, and we offer our most sincere gratitude.

**The School of Truth has prayers at
9:30 a.m. and 11:30 a.m.**

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be :

***I place myself, my loved ones, and all my
concerns
Lovingly in the Hands of the Father
With a childlike trust.***

This prayer may be used at any time.



Lecture by Nicol C. Campbell

The Unlimited Power



I see before me an uncultivated garden, full of weeds, old cans, bottles and other rubbish, a perfect picture of pollution. When I was offered this one acre plot as a gift, which I could either accept or decline, I thought of all the hard work I should have to put into it, whether I converted it into a fruit and vegetable garden or to build a house upon it.

Forty years ago I had such an offer and wondered if that was what God had in mind for me and whether I should compromise (as most people would do) or make the best of it. While fully aware that it was not what I really wanted, the conflict was between intuition and intellect – the last, warning me that I might not get another offer and my intuition telling me that Truth never compromises, because if that once became a practice one would have a life of concessions, unfulfilment and frustration.

A man whose consciousness is filled with weeds and error (negation) may take up Truth because, not only dissatisfied but unsatisfied, he has heard that through It there is a possibility that he may succeed in substituting for the negations he is housing, the awareness of what God has in store for him. Just as you should not “pour new wine into old bottles”, so it

is not easy to change consciousness; you have to purify it completely otherwise you will spoil your new wine with the dregs of the old.

The story of the sower, you may remember, describes three types of person, all of whom had heard that by the way of Truth, anyone could find and also release the Kingdom of God provided he cleansed his consciousness of weeds – that is, negative thoughts and feelings. All of them were delighted that there was a way out of their problems of want, disease and unhappiness. The first lot, full of enthusiasm, read every book on Truth, New Thought and metaphysics they could find, attended lectures, following their teachers about like little termites.

Then, because the pressure of conditions became too great for them, the seed they had sown on stony ground withered and died and they fell back into their old way of thinking, finding the new way too difficult and exhausting to hold on to. That things did not change for them was obviously not God's fault.

The second lot, carried away by the thought of the complete metamorphosis that was about to take place in their lives, rushed in where angels fear to tread, but they still mixed with their friends - Job's comforters – who, themselves unhappy, sick and insecure, told them not to believe in those new-fangled notions which were a lot of nonsense. Thoroughly discouraged, that second contingent eventually gave up, abandoning the struggle.

There remained the third type that had heard of the wonderful change from misery to happiness, disease to health, poverty to plenty, which Truth brings to pass, but they had had no proof of such happenings, so they did not put it to the test.

On the way down to Durban there are signs you see ahead which indicate that you are approaching your destination. You have not yet reached it but you are sure that you are on the right track, when over the crest of a hill you see a church steeple and know that that is what you are aiming for.

Similarly, when you find that Truth works, not in terms of negation but of good, you say, "I did not merely believe this, I have demonstrated it many times. I am no longer bound by race beliefs, by the terms of man-made laws, the fear of the evil lodged in personal minds, for dwelling as I do under the Shadow of the Almighty, I am impregnable and unlimited. My mind is unencumbered, I no longer carry a load upon my shoulders; I am not concerned with the people to the right or to the left of me. Conditions and problems do not bother me; I am the captain of my soul, I am mightier than circumstances and I am going from strength to strength."

You, too, realise the tremendous truth that this risen awareness is not something outside you, or of God beyond you; not even that, by having worked with him, you have achieved it. It is your own life; you, your quality of awareness. You are the magnet that has drawn Truth up from the deepest consciousness

of your being to the surface of your mind, intellect and emotional nature, through your physical body and into your material world. You discover that you are supreme as far as circumstances and conditions are concerned, and that they cannot affect you. You can look at them knowing that they are without foundation, that if you focus the Light of Truth upon them they will disappear, sinking into their own native nothingness.

I have discovered that there is only one Power *whose Presence I am*. There are not two – there is now, and always has been, only one in every single human being. Though there is but one Presence, there are different areas of understanding. It is as though there were a venetian blind stretching from the ground right up to the sun, millions of miles away. Looking through the first three slots, you see nothing; then, as consciousness expands, you perceive a dim vision, a panorama which gives you the courage to explore further ever upwards until you take in the whole landscape and you find yourself observing yourself within yourself.

You are either switched on (as the saying goes) or off. If off, you will not have a single thing. I know that to the orthodox person, the man in the street, it sounds nonsense to say that you have created a disease in your body which is, after all, a condition that is visible and real; but if it is real, why can it be instantly dissipated? Why do tumours disappear, holes close up, when you come into the understanding of your own relationship to your inner God realisation?

For years we have been trying to teach, not by precept but by example, and if we tell you that you can demonstrate this or that, we *show* you how to do it. If we say that Deity is our unlimited prosperity, we live in that consciousness so that you can perceive the reality of God-in-action. You are not subservient to anyone, bound by any condition or circumstance; none can say you nay when God says yes, if you are in touch with Him. If, like many others, because of the pressure of circumstances, the heat of the race, you fall by the wayside, the fault is yours not God's. If you listen to friends who do not understand Truth or deliberately misinterpret It, you will come to grief. You have to be what is called a "peculiar" person, judging righteous judgment according to the spiritual concept and seeing as God sees, not as the intellect does.

When years ago I was in Bloemfontein, a little boy of ten had a cyst on the brain which required a very delicate operation. One man who could have performed that operation had retired; the other, a great scientist, who could have removed such a thing without damaging the nerves and bringing about a complete paralysis affecting either the right or left side depending upon where the growth was situated, was in Scotland. The boy's parents approached us and we told them that with God all things are possible, but they replied that they had not the requisite faith and would have to resort to a surgeon, asking if we were against the profession. I said no, adding that I had myself been on a hospital board for many years and explaining that it was because of human unbelief that God had produced doctors to help the doubters.

Doctors are a very necessary crutch that helps people to walk until they can dispense with such and manage without that kind of aid. We told those parents to take their practical steps and to know that God's Hand was that of the surgeon in charge. When he had drilled a hole in the boy's skull he found what looked like an empty acorn cap, the tissue that had filled it had dissolved.

In Johannesburg there is one of our foremost surgeons who one day came to see me only to say, "I am one of the best students you have." I replied that I was very glad to hear that, and asked him who he was.

"I am a specialist," he answered.

"How do you come to be one of our best students?" I asked.

"I am an orthodox Jew," he replied, "and a long time ago one of your students came to me for a very difficult operation. She was not in the least nervous, but she said that she had not the faith necessary to dissolve some internal obstruction, but she did have the faith that my hand was God's, and that He would take care of everything. I wondered," he went on, "if she were a mental case, talking about my hand and God's. You have my word that, as I took up the scalpel, my hand was taken over by something which did the operation so perfectly, that subsequently I read a paper on it in Rome."

This man is not only one of our most regular students but one of our largest subscribers. To go back some twenty-five years, he asked me then, “Who is this God? I want to know about Him.” So I explained that his body was constituted of spiritual Essence, that there was a Divine Intelligence that knew the answers to all problems, was omnipotent and, in Its Omniscience, was able to do whatever It wishes to accomplish, and that his body was not separate from It but was in fact, one with it. That woman’s faith and understanding of her relationship to It had been the catalyst that had set All-power free in the instance under discussion. The credit for this demonstration belonged not to me or the School of Truth, but to the woman herself.

It is our students who spread the message everywhere so that if all of us dropped dead there would still be thousands who could, and would, pass it on. I and our lecturers come before you only to tell you what is taking place, what is happening to *you*.

We tell you that God has done these things because of your faith. We are the mouthpieces since you cannot all come here to testify (in any case that would not appeal to us) so we put the facts in *The Path of Truth*, listing some of the answered prayers that would fill many columns. Three thousand-odd letters come in monthly telling of God’s Presence which is not separated from man but is within him. It is never a case of God-and-the-individual or a “me” trying to find Him, but of my trying to find my Self, the Presence of God, Knowledge or Power in action.

The teaching of the School of Truth is that you are absolutely free, not dependent on a single soul for your good. None can take away from you what is yours, or deprive you of your voltage of consciousness. Are you not seeking this Security, Knowledge and Existence of God? Do you not, even though you have seen the wonderful help some people have had and have yourself experienced in your own life, sometimes doubt Him? Don't you occasionally feel ashamed when your prayers are answered? I am sure you do, for you are no different from me and I have been through all those phases.

Think about this: "No longer, thank God, am I shackled to race beliefs, which at this very moment are binding people to lack and limitation. These are man-made restrictions that take their rise in fears housed in personal or race minds which I, dwelling consciously under the Shadow of the Almighty, am free of, being unlimited and impregnable."

When we are one with, or in tune with, God, the whole of His Presence, constituting every human being alive, is released like flood waters. Nothing can withstand water of which the Chinese say that it is the greatest force in the world because it is entirely non-resistant. This is the power that you are learning to generate, the knowledge that you are God-in-action, the awareness that nothing is impossible, that what you righteously desire, God too, is desiring so that it is done and needs only to be canalised from the Inner to the outer as you close your eyes and ears to lies and behold what Truth is showing you.

Why do you limit God? He works in a scientific manner and when your life is so ordered and you think in tune with the good you desire, you will, as though you were adding, subtracting, multiplying and dividing, equate your problem whose solution has always been in your mind, waiting only to be set free.

Go therefore in peace in the knowledge that “I and the Father are ONE.” There is no Spirit, mind, soul and body, there is only the continuity of the Unseen called Spirit, mind, soul and body. This is the Unseen crystallised on the earth plane as an idea which you can either enjoy or doubt depending entirely upon what you have set free.

After all the years of experience that man has observed around and about him, he is still fearful, anxious about the future. It is only upon the past that you can build. I therefore build my life upon the past, and of every little demonstration I have had over many years, I say to myself, “What God did for me then He is doing through, for and as me now.” So in my mind’s eye I look, as you should do, into the past and accept what He has created for me, not what He is going to create but that which is extant, waiting for me to accept and use now.

Ref. The Path of Truth, June 1977

According to the Kabbalah, all things can be made holy. Buried in the mundane and even the most difficult is a spark of God that invests life and all of life's experiences.

The light in the world is rarely obvious on the surface of things. Perhaps at the most profound level of service we find ourselves able to help others uncover this, to find in the most challenging and painful of experiences a blessing and a source of strength. In doing so we may bring about the fundamental injunction that begins the world, LET THERE BE LIGHT, and create for ourselves and others a place of refuge in the darkness.

~ Rachel Naomi Remen, M.D.

~ My Grandfather's Blessings.



A little consideration of what takes place around us every day would show us that a higher law than that of our will regulates events; that our painful labours are unnecessary and fruitless; that only in our easy, simple spontaneous actions are we strong, and by contenting ourselves with obedience we become divine.

- Emerson

Bringing out the best

Everyone wants health, happiness, peace and prosperity, but many have none of these attributes in their lives. Perhaps they pray amiss in that they pray an asking prayer instead of a thankful one. They do not realise that God's work is already done, that they are commanded "Lift up your eyes, and see how the fields are already white for harvest." It is this raised consciousness, this "lifting up of the eyes" that is essential. "Seek ye first the kingdom of God and His righteousness, and all things will be added unto you."

We are all compelled to do this sooner or later. And if any of us, either through ignorance or obstinacy, feel that we can just ignore the laws of life and harmony and go our own selfish way, then we simply postpone the inevitable lesson that we must come into tune with the universal Law, and Universal consciousness, which is always available and reaching out to us.

Many people suffer because they are out of tune with themselves, and their fellow men. They do not know what the right thing is to think, say or do; they are like people trying to play the violin who have never trained to do so and who do not understand music. The result is a discordant noise. But life *can* be sweet, fulfilling, harmonious and rewarding when we know the laws and conditions that we need to fulfil.

Not long ago, two ex-colleagues unwittingly gave me an example of these laws and conditions. One told me about a class

of students that he was teaching and how sweet they were, how he enjoyed them. The other, at the same institution, told me about a class that he was lecturing, and how awful they were. Later I discovered that the two lecturers were referring to the *same* group of students.

What does this say about the two teachers? It says that they saw events through the eye of their own consciousness.

It is true of all of us that we see things as we are. We all need to learn how to think, feel and act; how to relate to the universe and how to deal with other human beings so that we may perceive their sweetness, remembering that to the sweet everyone is sweet. Each relationship is purely individual and we bring out the worst or best of each other.

The first lecturer is an active – not reactive – stable, calm person, secure and rooted in his spirituality, doing his duty largely unaffected by the mundane incidents and irritations that may occur in daily life. The other is not so spiritual, is reactive, emotionally involved and adversely affected by all the little incidents and changes taking place about him, not unlike a programmed robot with people exercising control by pressing his buttons.

So here we have a situation with two views or perceptions of the same thing – one person viewing from an internal, spiritual perspective and another from a purely external, physical

perspective. Were they born with these viewpoints? Indeed, are we born with our viewpoints? I don't think so. I believe that for most people it is a question of what we have been exposed to, and have accepted in our lives.

We are taught to “seek first the kingdom of God” but do we do so? What is this “kingdom of God” that we are to seek, and where is it to be found? How is it expressed? The Master taught us that it is not “Lo, here or there.” It is not in the future or in some distant place or up in the sky. The Nazarene taught that the kingdom of God is within us, **here and now!** He taught that this kingdom was like a mustard seed – the smallest of all shrubs, so that birds are attracted to it and make their nests in the shade of its branches.

Do we develop the seed of good within ourselves and attract in kind? God's kingdom is invisible and unlimited, and God maintains, sustains and regulates His whole universe. What we have to do for successful living is to develop our understanding, awareness and consciousness of it.

This is really a question of how much power we give to God in the affairs of our lives - power to guide, mould and control our thoughts, our feelings, our speech and our action. Our God-consciousness, or God-awareness, depends upon the state of our minds and hearts, and by what we are deeply and vitally attuned to. It is determined by our conviction of God's never failing Presence, regardless of situations and conditions.

God, for each one of us, is what we perceive Him to be, and the result of this perception is an altered mood – the feeling of awakening, the state of being quickened in spirit, the awareness of the Presence through all the changing circumstances of life. Until we have made contact with the spirit of God within us, we remain in darkness and are susceptible to annoyances, irritations and disharmony. To remove darkness from a room we must switch on a light. To remove dark and negative conditions from our consciousness we must tune in to the light of God, knowing that this Presence is in every part of our being, providing for all our needs, strengthening and equipping us so that all problems are solved.

From this state of consciousness, this “Kingdom of God” within us, we are able to realise our destiny and all our blessings.

As we forgive, as we disregard disharmony and silently bless any adverse circumstances, people or conditions that may momentarily cross our path, and as we radiate from within peace, joy, love, health, bliss and abundance, we feel a raising of the consciousness, a realisation that there is no limitation to the love and power of God that we are now experiencing and expressing. We understand that it is blessing us and all our world.

Thus we enter the kingdom of God which is really the state of raised consciousness. We realise that we are never alone, and that “Thou art with me the whole day through, in all that I think, in all that I say, and in all that I do.”

- *EW, The Path of Truth, June-July 1996*

The most precious of all possessions is power over ourselves; power to withstand trial, to bear suffering, to front danger; power over pleasure and pain; power to follow our convictions, however resisted by menace and scorn; the power of calm reliance in scenes of darkness and storms. He that has not a mastery over his inclinations, he that knows not how to resist the importunity of present pleasure or pain, for the sake of what reason tells him is fit to be done, wants the true principle of virtue and industry, and is in danger of never being good for anything.

- Locke



The wise man endeavours to shine in himself; the fool to outshine others. The first is humbled by the sense of his own infirmities, the last is lifted up by the discovery of those which he observes in other men. The wise man considers what he wants, and the fool what he abounds in. The wise man is happy when he gains his own approbation, and the fool when he recommends himself to the applause of those about him.

- Addison



Retaliation

It is surprising how long it takes some of us to realize that we cannot harm or disparage our neighbour without hurting ourselves. Whatever is in our consciousness and is meted out to our fellow beings is returned to us. “Give and it shall be given unto you” – this is Divine Law, so it is vital that we dispense only the good. If we cleverly score points off our competitor, he will feel justified in repaying us in the same coin. If we criticize and gossip we become targets for censure and slander; if we take happiness, material things or credit at someone else’s expense, as surely as night follows day we ourselves shall be impoverished. Suspicion breeds suspicion; tightfistedness is countered by meanness.

We must make sure that we treat our neighbours as we ourselves wish to be treated – the Golden Rule.

- *Editorial, The Path of Truth, June 1983*



Nothing is so strong as gentleness; nothing is so gentle as real strength.

- *St. Francis de Sales*

PRAYER

*Our Father; Spirit That is Love within me,
revered and holy be Thy name.*

*Let Thy Kingdom of Love and Goodness
come into expression through me, and Thy Will be carried
out in and by me,
here upon Earth as is done in Thy Spiritual Realm.*

*Be Thou this day, the fulfilment of my every need and
the illumination of my understanding.*

Help me to forgive my debtors that I myself may be set free.

*Teach me of Thy Presence of All-good
and lead me away from all error thinking,
all negation, delusion and vacillation.*

Preserve me, my Father, from every kind of separation;

for Thine is the Kingdom within me,

the Power and the Glory that fill me,

for ever and ever, Amen

MEETINGS : May-June 2016

JOHANNESBURG

THEOSOPHICAL SOCIETY

Corner Lothbury & Streatley Avenue, Auckland Park

First and third Sunday of the month at 11:00 a.m.

Lecturers - Sunday 1 May – Cancelled – due to Theos. Soc.
annual congress

Sunday 15 May – Edwin Wood

Sunday 5 June - John Paulsen

Sunday 19 June – Edwin Wood

DURBAN

THEOSOPHICAL SOCIETY LODGE

306 Avondale Road, Berea

Second Sunday of the month at 10:00 a.m.

Sundays: 8 May; 12 June

Lecturer – Diane Evelyn

PRETORIA

THEOSOPHICAL SOCIETY LODGE

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

Second Sunday of each month at 10:00 a.m.

Sundays: 8 May; 12 June

Lecturer – E Wood

To confirm date and times of meetings, contact your representative
or Johannesburg Centre:

Telephones: -27(011) 482-5622/5856

Fax: (011) 482-4857

CAPE TOWN**ERIN HALL**

Erin Hall, 8 Erin Road, Rondebosch

First Sunday of every month at 10 a.m.

Sundays: 1 May; 5 June

Lecturers – David Grant and Nicky Swartz (alternating)

SCHOOL OF TRUTH ZIMBABWE

Harare (00263)488-5186: Mary Jane Williams

Bulawayo (00263)924-7239: Thelma Audin

MEMBERS' GUIDE :

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

THE PATH provides a number of guidelines some of which may help one to focus in a spare moment of time:

1. We allow a period each day for meditation and communion with God.
2. We try to live every moment of the day with an uplifted consciousness, realising that our own positive prayers (thoughts and feelings) have all-power in our lives.

May 1**Sunday*****MEDITATION******High vision...***

My Father,

Confidently I receive Your blessings as I release the worries and anxieties of worldly strivings and enter the inner temple of my consciousness and acknowledge the truth of my being. Within me is the answer to my every problem, the supply I need and all the harmony and peace I require.

No longer do the burdens of unhappiness and despair weigh heavily upon me, for the moment that I released everything over to You, my vision became lifted and I am now conscious only of Your love for me and Your desire to help me. From this high vision I see the things that appeared to be wrong in my life were but the effects of false suggestions in action and that these human beliefs disappear as soon as I come into a full realisation of Your love.

I let go to the Truth that, in conscious acceptance of Your Power and Love within me, I am one with all the GOOD in the Universe.

May 2**Monday**

✧ *For in the last days... men shall be lovers of themselves,
lovers of money*

(II Timothy 3:1-2)

Help me to put service before self, Father

The world suffers a great deal from the selfishness of people. Stella Morton says that so few take the second road of selflessness, and that their incessant cry is: “My home. My rights. My time. My work. My beliefs. My opinions. My party. My church.” The whole world echoes the eternal MY. And the author goes on to say that it is always hard to let go our hold of the “I, the me, and the mine;” and that it takes courage to choose. It means that we have to shoulder responsibility and endure hardships.

It seems natural to man to put self first, unless he loves enough. When he does, he is willing to put self into the background and think first of the good of the beloved; and only when he does this can he be sure that he loves.

And many are so fond of money that they are takers instead of being givers also. But we must love if we want to be loved; and we must be givers as well as takers if we want to live the Life of Truth.

May 3**Tuesday**

✧ *He that is of a cheerful heart has a continual feast*
(Proverbs 15:15)

**The joy of the Lord is expressed in, to and through me
now, for which I give thanks**

Unless our religion fills us with joy, of what use is it?

We can never expect to attract others to our way of life if we go about with long faces and mouths which turn down at the corners. The Bible tells us to be of good cheer; and it certainly cannot be the will of the Master that we should treat our religion with undue solemnity. Laughter, after all, is a good medicine and we should take as much as possible of it. Think how pleased we are to meet someone who makes us see the amusing side of life and forget for a while the travail of the world. If only we would develop the habit of laughing WITH others and AT ourselves, what a good thing it would be!

A sense of humour is one of God's good gifts to His children, and those who were not born with it should try to cultivate it by trying to see the funny side of things.

Our religion is meant to make us happy, not miserable; if it does the latter, it is not true religion.

May 4**Wednesday****June 1**

✧ *Beloved, I pray that in all things you may prosper*
(III John 2)

**Because there is no separation between man and man,
and man and God, I pray daily for all humanity**

Don't you and I more often pray that "in all things *I* may prosper," little thinking that "thou and I" *are one*? We are adjured to bless and pray for others, -never, I think, to do that for ourselves, for the simple reason that in carrying out the commandment we inevitably set the process in motion on our own account.

If we would have peace of mind, harmony in our lives, and a loving relationship with all our neighbours, we can in no way better ensure this than in praying for the welfare of all our fellowmen, in whom not only those near and dear to us are included, but all mankind.

I knew a woman who, when a dictator was carrying out his atrocious purges, prayed sincerely for him in the absolute conviction that he was also an expression of God. If these devotions did him no good – *and that because he could not accept them* – they certainly did an immense amount for her.

May 5**Thursday****June 2**

✧ *But You, O Lord, are a God merciful and gracious*
(Psalm 86:15)

Help me to find the best in all the people whom I contact, Father

We ought to be merciful and gracious in all our dealings with one another. But so often, instead of this, we are harsh in our judgments and condemn each other. Many of us are inclined to be lavish with blame and sparing with praise, whereas the opposite should be the case if we wish to be true followers of Truth.

We all like to be appreciated. A little commendation now and then oils the wheels of life. A word of praise may be all that is needed sometimes to make a discouraged one's heart sing for joy.

Never let shyness prevent you from paying people a compliment; which is not, of course, to be confused with flattery. If you have failed to do so in the past, make a point from now on of finding something to commend in your friends and tell them about it. The Master showed love to saint and sinner alike, so instead of finding fault let us look for the good in mankind. The Christ spirit is in all of us, so let us seek for it.

May 6**Friday****June 3**

✧ *Lay up for yourselves treasures in heaven*
(Matthew 6:20)

I will try always to be a channel of blessing to my fellow beings

No one can have treasures in heaven without having them, in abundance, here on earth; but to make sure of the latter we must first seek out the former. Love is the greatest treasure extant, so if we have that, we can lack nothing as it is the fulfilment of the Law that governs us and everything that makes up our livingness on this plane and upon all subsequent ones.

The last commandment the Christ laid upon all mankind was “that you love one another.” To obey this injunction we do not have to enter into a sentimental relationship with all and sundry – we could not do this sincerely – what is demanded of us is that we put our neighbours’ interests first, that we seek not our own but our brother’s good, that we give our cloaks with our coats, willingly and lovingly.

May 7**Saturday****June 4**

✧ *And let the peace of Christ rule in your hearts*
(Colossians 3:15)

**I think and act rightly and others cannot disturb my
peace**

We are often upset if others say unjust things of us or behave badly towards us. Our peace of mind is disturbed and we find it difficult to feel any love towards them. In such a case let us ACT as we should and send them out a blessing. WE may feel that this is insincere but at least we are trying to be constructive in expressing the love side of our nature.

William James, in “The Gospel of Relaxation”, says: “There is no more useful precept in one’s personal self-discipline than that which bids us pay primary attention to what we do and express, and not to care too much what we feel. Action seems to follow feeling, but really action and feeling go together; and by regulating the action, which is under the more direct control of the will, we can indirectly regulate the feeling, which is not.”

If therefore, you are easily upset, assume an air of serenity. If you are timid, pretend to have all the courage you require. If you feel unhappy, laugh and sing. You are then behaving constructively and doing what you can to help yourself.

May 8**Sunday****June 5*****MEDITATION******Reflecting God...***

My Father,

If I am one with You I must reflect You as my mirror reflects myself—*with this great difference*, that the looking glass gives back only the outside of me while I – if I would make good my claim of unity – must project the inner core of Your Being, to do which I must think Your thoughts after You and keep Your commandments.

No one has, as yet, seen You face to face, and to make a picture of Your infinite Majesty would outstrip all our most unparalleled imaginings, but we are all very much aware of the divine qualities that constitute Your Spiritual Presence, and it is our day to day expression of these that raises us out of the rut of human thinking, with its concepts of lack, limitation, doubt, fear, censure, sorrow and insecurity, into the incorporeal realm where all is Light, Liberty and LOVE.

It is an all-time job for us to curb our tongues and restrain our negative reactions so that, by keeping our eyes ever single to the Good, all adverse situations, circumstances, and personalities may drop out of our awareness. But if we will make that effort, all that is unlike You, Father, will vanish from our ken.

May 9**Monday****June 6**

✧ *In peace I will lay me down and sleep*
(Psalm 4:8)

**I will discipline my thoughts and emotions so that I may
express poise**

Too many people nowadays live in a state of tension, and in this state we are liable to dissipate our power. We need to develop poise, and power in poise.

Why are the waiting-rooms of psycho-analysts so crowded today? Because of nervous tension, which is often due to anxiety; anger; or some other uncontrolled destructive emotion. If we want to live peacefully we must learn to govern our feelings and not allow them to rule us. We must develop an inner calm which outer circumstances cannot destroy.

Christian D. Larson says: "To cultivate the calm attitude, be absolutely still for twenty minute every day, or twice a day if possible. But do not simply be still; try to feel the inner life and the invincible power of the deep calm state. We do not seek that place that is simply still, but that place that is both strong and still." Poise is not stolidity.

Take time to relax and feel God's love, power, and peace flowing into you. And do not dissipate that power by wrong thinking, speaking or acting.

May 10**Tuesday****June 7**

✧ *Father, forgive them; for they know not what they do.*
(Luke 23:34)

I will not seek an eye for an eye, but return good for evil

It is not easy to forgive people who have done us an injury; and it is still more difficult to forgive those who have hurt someone dear to us. Nevertheless that is what we must do if we would follow in the footsteps of the Christ. And when we think that He forgave those who crucified Him it should surely make us more ready to forgive the lesser injuries people do to us.

When we make love the ruling factor in our lives we shall find it easy to pardon people for the things they do. But we must realise that it is a cosmic love, not an emotional love, which must govern us. We cannot love all people as we do our own folks, though that is the attitude for which we should strive - the ideal towards which we should be working with the best that is in us.

The Christ loved both saint and sinner and so must we, whether they love us or not. It is ourselves we must master, realising that others can affect us mentally and emotionally only if we allow them to do so.

May 11**Wednesday****June 8**✧ *Already you are rich*

(I Corinthians 4:8)

God is my supply, therefore I fear no lack but give grateful thanks for the abundance that is mine

We look into our bank accounts and see them not too well filled, we hear over the radio of the rising cost of living, our day to day expenses – even as we watch over them – go up and up, and we feel hard pressed, driven, and fearful of the future.

Let us take a moment in which to think matters over. Could a loving Father have set His children upon this green earth without, in advance, supplying them with all their needs? Wherever our gaze wanders we see abundance spread before us. Trees, grasses and flowers have food aplenty, the beasts of the fields, the birds of the air, and the fish in the seas are all provided for. Then should we alone lack not only the nourishment we must have but all else that is needful to our good? “I am your portion and your inheritance” is the promise; we have but to believe this and in gratitude to take from the universe - *of which we are an integral part* – all that was, is now, and ever shall be ours.

May 12**Thursday****June 9**

✧ *Let us run with patience the race that is set before us*
(Hebrews 12:1)

**Quietly and peacefully I await the will of God to be done
in my life**

Do you become impatient when your prayers are not answered at once? Do you get anxious when something you need fails to manifest just when you want it? If so, you must let patience have her perfect work.

If we trusted in God as we should, we should not be upset when things fail to go our way just when we expected them to do so. We should wait quietly and peacefully for His will to be done, realising that He knows what is best for us. When we have enough faith we place ourselves in His care and leave everything to Him, as long as we have played our part. Our understanding is limited, whereas God is unlimited.

We must be patient with others, also, if we want them to give of their best. To be impatient is liable to make them flustered and unable to do good work. And we must also be patient with ourselves. If we are not manifesting Truth as we wish to do, let us look to our minds and find out where the fault lies. Impatience is not helpful.

May 13**Friday****June 10**

✧ *Let each man prove his own work*

(Galatians 6:4)

**With the help of the Father I develop my talents to His
honour and glory**

Do not expect God to do for you those things you are well able to do for yourself. It is no part of His plan for us that we should sit idly and leave everything to Him. He helps us through our own efforts. If we have done our best without avail, we can safely leave all to Him, but we must make an effort.

Each of us should be doing the work he can do best and the work he likes most to do. There is usually one thing if not more that we can do better than others, and ‘the talent should be the call’. We can develop our talents or allow them to lie dormant, as we will; but they were given to us to use for our own good and the good of others so we should not waste them.

By our works we shall be known, therefore no matter what we undertake, we should put our best efforts into it. As the old saying goes, if a thing is worth doing it is worth doing well, especially if we dedicate it to God.

May 14**Saturday****June 11**

✧ *Behold, God is my helper*

(Psalm 54:4)

**God indwells me and I strive to show forth only His
good at all times**

If God be with us, who, setting himself up in opposition to us, can prevail against us? No one in the entire universe, for God is the only Power, ever present in all time and space.

But are we convinced that there is no causative factor in our lives save the Creator who brought us forth so that we might bear witness to Him here in His visible world? If we believe, as the Master said, “you are gods”, we must believe also that we are equipped with all that God is and has, in order to carry out His purpose on this our present plane of experience.

We are here to show forth not lack and limitations, but His Glory, the Riches and Beauty He brought into being, and when we function in that awareness, never doubting, never fearing, never backsliding, we shall in our day to day living see the stubborn thistle (of human ignorance) bursting into glossy purples that out-redden all voluptuous garden roses.

May 15**Sunday****June 12*****MEDITATION******The Illumined Path...***

My Father,

I listen in the silence to Love within me, It is the voice of Truth guiding my footsteps on the path of life.

Because I know Your great love for me, I move in obedience with Your Divine Law. I know that my way has been prepared for me and that it is Your fondest wish that I should be led out of the limitations and inhibitions which I seem to have imposed upon myself.

Every day now becomes another step towards the fulfilment of my aspirations, and although shadows appear to fall across my path I no longer feel dismayed by disappointments and frustrations, for Love ever illumines my way and there is a divine peace within my soul which says, "ALL IS WELL".

I wait in patience and give thanks that my faith is strengthened, and I grow more and more responsive to Your guidance in following the way You have set for me.

May 16**Monday****June 13**

✧ *Love your neighbour as yourself*
(Matthew 22:39)

**In doing God's will I am concerned more about the good
of others than of my own**

How badly this world needs a spirit of co-operation and good fellowship amongst individuals and nations! How can there be any abiding peace without these qualities?

The natural thing seems to be for each one to put himself first and outdo his neighbour. But that is not what the Christ taught us to do. He said we must love our neighbours as we loved ourselves. He who wishes to live the life of Truth must think of the good of others. He must live the law of love. Certainly he must never take anything which is not rightfully his but must obey the Golden Rule at all times.

What a difference it would make to the world if all men would treat each other with courtesy and consideration. Our motto should be: "One for all, and all for one," but instead, so many people are out for their own gain regardless of whether others have their fair share or not.

Let us think of what we can give, more than of what we can get. Let us try to work together instead of pulling against one another.

May 17**Tuesday****June 14**

✧ *Today, oh that you would hear His voice!*
(Psalm 95:7)

**Wherever I can, I seek to be an instrument of service in
God's work**

Let us not wait to turn to God until we are experiencing some crisis – until we can do no more to help ourselves or those dear to us. Let us not go to Him as a last resort but keep in touch with Him daily, so that we may realize our oneness with Him.

Perhaps, in the past, you have neglected God. If so, rectify the matter NOW. Do not put off living the Good Life until some time in the future for then it may be too late. Today is the acceptable time, not next week, next month, or next year.

And do not postpone those good actions either. There is much to be done in God's world, and the workers are few, so be about your Father's business now. You may think that your past life does not justify your working for Him but that is wrong. The very fact that you WANT to do so earnestly, is enough. If each of us waited until he felt good enough to serve, there would be little done, so begin at once and do your best.

May 18**Wednesday****June 15**✧ *Be doers of the word*

(James 1:22)

**Whatsoever I do unto the least of my fellow-beings I do
also unto God Himself**

It is easy to sit in comfort and listen to an address, nodding agreement with all that is being said, and then to leave the lecture hall and to forget all about what we have heard.

Many people feel they have done their bit by religion when they have spent less than a couple of hours like this of a Sunday, but that gets them nowhere. If you and I would advance in Truth – and by so doing bring the good which is our birthright into our day to day experience – we must do more than lend an ear to our teachers. Only in *action*, by travelling steadfastly along the Path of Truth, shall we make the spiritual progress which is essential to success.

A flash in the pan anyone can achieve, but a stream of continuous good will flow into our lives only as we become doers of the Word, not hearers only. Let us therefore lose no time in starting our unselfed service, first to our Creator and then to all of His creation.

May 19**Thursday****June 16**

✧ *For as he thinks in his heart, so is he*
(Proverbs 23:7)

**I use my creative imagination to build the good that God
wants me to have**

Everything we do begins as a thought in the mind; nothing has ever been accomplished before the dream came first.

Thoughts run to and fro like currents, and if they are visible we should be able to see them coming to and going from those about us. Like attracts like, and so our thoughts attract similar thoughts which increase the current. How careful we should be for our own sake and the sake of others that our thoughts are positive, good, pure, and beautiful.

Our aim should be to think of health and not sickness; joy and not misery; prosperity and not poverty. If our minds are filled with negative thoughts we can expect negative conditions to materialise in ourselves and our affairs. We have been given creative imagination but we must be sure to use it in the right way to create good and not evil, for it acts in both ways.

May 20**Friday****June 17**

✧ *I press on towards the goal*

(Philip 3:14)

I define my aim in life and with God's help I follow it

If we want to give something to life we should have a goal towards which we are working steadily. Even a material aim is better than none at all, but a desire to enrich the world in some way is best. To have no object in life except to earn a living and amuse ourselves is hardly the way to live fully.

What such object shall be one must decide for themselves, but it should be the thing we do best and something we enjoy doing. If we aim high we may not achieve our goal but we may pave the way for those who will follow us; and : 'It is better to fail in trying to do a big thing, than to succeed doing a little.'

Does life seem purposeless to you at the moment? If so find something to do for humanity, and the feeling will disappear as mist before the sun. Whether you guide someone's feet into the way of Truth, compose a symphony, or help the under-privileged doesn't matter provided you give of your best in the spirit of love and devotion.

May 21**Saturday****June 18**

✧ *Let the words of my mouth and the meditation of my heart be acceptable in Thy sight*

(Psalm 19:14)

To all people I wish only good and strive to promote it in their lives

Both our speech and feelings are of vital import to all of us. The words we utter we must have thought, and thoughts are creative; the meditation of our hearts is the emotion we entertain in connection with every aspect of our livingness which colours in brightness or darkness all our earthly experience. Consequently these two activities must be acceptable to the Author of our Being.

Only true thinking and true feeling will put us, and keep us, in tune with our Maker, therefore we cannot afford to harbour any negation in our minds or allow any uncharitableness to hold sway over us for – whatever happens – we owe no man anything but love.

Love is a divine attribute. We could not love friends, enemies, or even God Himself if he had not first loved us and then implanted this rare unction deep within us so that we might radiate it to all and sundry, selflessly and spontaneously, serving first Him and then our fellow beings. When we do this with all our hearts, we shall indeed find favour in His sight.

May 22**Sunday****June 19*****MEDITATION******You are...***

My Father,

In this time which I have set aside for meditation, I find peace as I withdraw deep within the recesses of my being to a place of utter calm. All the clamour and strife of the world recedes from my consciousness. Thoughts parade before me and I observe them. I realise that I, the observer, am not the thought. I do not make up these thoughts. I realise that I am in some way connected with them and I watch as they are presented to me. I examine each one. I reject or accept them. I ask myself, “Who observes?” and I hear Your answer, “You who are, always have been and always will be – you observe”. Then the thought arises, “Surely it is You, my Father Who are the observer – for am I not in You an You in me?”

Thus I accept my oneness with all creation as the Truth thrusts itself before me that there cannot possibly be any separation in Love; and Your Peace is my peace, Your Joy is my happiness and Your Abundance is my supply.

Your Peace enfolds me and I understand YOU ARE.

May 23**Monday****June 20**

✧ *He that is slow to anger is of great understanding*
(Proverbs 14:29)

**Using my spiritual will I control my destructive
thoughts and emotions**

To give way to anger is not only foolish but it is detrimental to health.

William Penn says: “Passion is a sort of fever in the mind, which ever leaves us weaker than it found us...”

“It, more than any thing, deprives us of the use of our judgment; for it raises a dust very hard to see through...”

“It may not unfitly be termed the mob of the man, that commits a riot upon his reason.”

He who cannot control himself is certainly not fit to be in control of others. To lose one's poise is to lose one's dignity; and what an asset it is in any walk of life to be able to keep calm when others have lost their temper. We cannot expect to be given any position of power unless we are fit to wield it.

Anger is a nasty emotion – it makes us commit nasty deeds and can destroy friendship.

May 24**Tuesday****June 21**

✧ *In all things showing yourself to be a pattern of good works*

(Titus 2:7)

Living the life I try to be an inspiration to my fellow beings

We all influence each other to a greater or lesser degree for good or evil. Which are we doing, you and I? Are we setting a good example to others, or not?

This matter of influencing others should give us a great sense of responsibility. It is important that we should be able to attract them to the life of Truth, but in this as in other things, example is better than precept. If they see what Truth has done for us they may turn to it also. We should be an inspiration to all with whom we come into contact – encouraging them and spurring them on at all times.

It is by our works that we shall be known. A practical demonstration is of far greater value than mere words. Youth seldom listens to what the older generation says but it must take cognizance of facts, and if an older person has done something to enrich the world, he has set a good example in that particular instance at any rate.

May 25**Wednesday****June 22**

✧ *All things, whatever you ask in prayer, believing, you shall receive*

(Matthew 21:22)

In the assurance that all my needs are met, I daily give thanks to my Creator for His providing

To ask for anything in the conviction that you will not receive it, is automatically not to get it. In our person to person relationships a certain amount of trust is essential, even though we have no real reason for reposing such, in frail humanity.

With God, it is different. We know that He alone brought us forth and in so doing became accountable for us; we assume that He had a reason for creating us which could not possibly be that of eventually destroying us, so we conclude that He must at least be responsible for our daily needs and - since in our innermost hearts we cherish the faith that He loves us – for our righteous desires also.

This being so, we can approach Him with gratitude in advance, certain that whatever good we need will be His pleasure to bestow. So, in the moment of asking, we can thank Him not for conferring it upon us, but for introducing it into our human awareness.

May 26**Friday****June 23**

✧ *That He would grant you... to be strengthened with
might through His Spirit in the inner man*
(Ephesians 3:16)

**God's Power is my power and I claim it in love, faith
and humility**

If we would only realise that within us is the power of God, and that we have only to claim it faith in order to be able to use it, what things we could achieve!

Though we are so far from being perfect let us not think of ourselves miserable offenders in whom there is no good at all. How can we be that when we are part of God and He is in us? In our human selves we may be vulnerable, but we are not only human, we are also divine and what God is, we potentially are.

This is difficult for us to accept, perhaps, but we are told that we are the temples of the living God, and that His Spirit is within each one of us; and so is His Power, and when we are able to FEEL that this is so we shall be able to go forward from strength to strength knowing that we can meet with courage whatever is to come.

Let us, however, be sure that we use this might in the right way – for the good of humanity.

May 27**Friday****June 24**

✧ *Keep your tongue from evil*

(Psalm 34:13)

Let the words of my mouth be acceptable to You, Father

Let us realise that words have power. We are so liable to express negative and destructive opinions instead of positive and constructive ones.

Do you ever tell people that they are looking ill or tired? If so you are putting wrong ideas into their heads. Unless they are strong-minded, even though they have been feeling well, they may begin to wonder if they are really as well as they thought they were!

If we want to obey today's text we shall not give way to anger, for when we do, we often say things which we regret bitterly when we have regained our poise. Words uttered when we are in a rage may destroy friendships of long standing, and once spoken they cannot be recalled.

St James said: "If any stumbles not in word, the same is a perfect man, able to bridle the whole body also." What a good thing then, it is to be able to control our speech so that what we say uplifts our fellow beings, and fills them with hope. Then let us keep our tongues from evil and our lips from speaking guile.

May 28**Saturday****June 25**

✧ *This is my commandment, that you love one another,
even as I have loved you*

(John 15:12)

**No devotion of mine, no self-sacrifice can ever approach
what the Christ gave of Himself to me and all my fellow
beings**

Most of us “love”. We love our families, friends, acquaintances, the work we do, the money we earn, the sports in which we indulge, books, theatres, travel, any number of personal involvements and activities; but we do not do so in the way in which the Master first loved the whole of mankind.

If we did we would put the interests of all others before our own, would ask no return for our giving (and forgiving); we would “not alter where we alteration found, or bend with the remover to remove”, but would “bear it out even to the end of doom.”

We would be selfless, faithful, forbearing, serving all and sundry spontaneously, cheerfully, gladly. *And this is how it has to be* if, in loving, we would obey the commandment of Him who gave His all for us, so that we might have everlasting Life.

May 29**Sunday****June 26*****MEDITATION******At-one-ment...***

My Father,

When I come into Your Presence I come not to ask You to do things I must do myself, but to take time off from the hurly-burly of the outside world, to recognise what my at-one-ment with You implies.

It means - if I can live entirely in the consciousness of it, thus shutting out of my awareness all appearances, error phenomena, human thinking, doubts and fears – that only Your GOOD can manifest in my life, being, body and affairs.

If I wake up in a mood of depression, the knowledge – not belief – of my unity with Your Perfection must cause this to fade out immediately to be replaced by “the Joy of the Lord”; if sickness tries to move into Your stronghold; if lack would invade my affairs it will find no room to settle where Your Fullness fills all space.

I do not come to You, my Father to beg for health, wealth, happiness or security, I come to BE STILL so that, relaxed and serene, I may recognise their indwelling.

May 30**Monday****June 27**

✧ *My people shall abide in a peaceable habitation, and in safe dwellings, and in quiet resting-place*
(Isaiah 32:18)

**I play my part in making my home happy
and harmonious**

Our homes should certainly be peaceful places, but how many of them are? In far too many there is discord instead of harmony, possibly because of selfishness or possessiveness or a hundred other reasons.

This would not be so if God were the Head of the home. Then love would spread its wings over the house, shutting out all discord and making it a place of joy and beauty where the inmates would seek for, and bring out the best in one another.

Let us look into our hearts and find out if we are doing anything to disturb the peace in our homes, and let us be honest with ourselves when we make the search. So often we are liable to blame others when we ourselves are at fault.

And let us see to it that we are as courteous to our own folk as we are to the stranger within our gate. Courtesy costs nothing and it is a great help in making the wheels of life run smoothly.

May 31**Tuesday****June 28**

✧ *And my God shall supply every need of yours*
(Philip 4:19)

My faith in God assures me of His constant care

There are some people who, when they pray, think it necessary to tell God what to do. They plead with Him to give them this or that, or take something away which they do not want, as if it were required of them to teach Him His business! Yet we are told: "Your Father knows what things you have need of, before you ask Him."

If you are suffering from any lack, look into yourself to find the cause. In some way you have disobeyed the law or laws of God and are enduring the consequences. From the Buddhist Scripture come these words:

"By ourselves is evil done,
By ourselves we pain endure,
By ourselves we cease from wrong,
By ourselves become we pure.
No one saves us but ourselves,
No one can, and no one may,
WE OURSELVES MUST WALK THE PATH,
Buddhas merely show the way."

Obey the spiritual laws and think in terms of good if you would have your needs met.

Wednesday**June 29**

✧ *Blessed is the man to whom the Lord will not impute sin*
(Romans 4:8)

God, my Father, fulfils my every need

We may not live lives steeped in wickedness, but all of us at one time or another give way to doubts and fears, harbour negative thoughts (the one overriding sin that is responsible for practically all our trials and tribulations) and hold ourselves, in awareness, in a state of separation from our Maker.

When we think of ourselves as divided from Him, we sunder ourselves from His good. “Son”, He has said, “you are ever with Me, and all that I have is thine”; but if we deliberately divorce ourselves from Him we cannot participate in that which He has and is so anxious to share with us.

We are taught that we must *know* the Truth and that the Truth will set us free. It is from ignorance that the Truth liberates us, for It shows us the falseness of our erroneous thoughts, the groundlessness of our human fears, the fallacious character of our unenlightened doubts, and reveals to us that we are not bondservants, doomed to unhappiness and failure, but sons and heirs of the Most High.

Thursday**June 30**

✧ *As much as in you lies, be at peace with all men*
(Romans 12:18)

**With the help of the Spirit within me, I retain my poise
under pressure**

There are some people who are difficult to get on with. There are those who think everyone should do as they say – dominating persons who rub us up the wrong way. Or they may be folks who enjoy disagreeing with us simply for the sake of an argument. But there are any number of reasons why people are difficult to get on with.

We should, however, do our best to live amicably with people such as these. It is easy enough to keep the peace with those we love and who love us, but not so easy with the trying ones. That is where our philosophy of life should come in. We must learn to say: “None of these things moves me,” and to remain calm however difficult people may be. To be able to remain poised when those about us are ill-tempered is an asset in any walk of life.

Let us try to keep the peace wherever we are. It is our duty to God and man, and in doing our best in this way we are playing our part in bringing His kingdom to earth.

Register of Volunteers

The School of Truth is in the process of forming a register of people who would like to assist with the work of The School of Truth, if and when required in the future.

It is envisaged that such people would be long-standing members of The School of Truth – retired, semi-retired, or largely of independent means.

Please indicate your area of expertise or interest.

The offices are situated in Auckland Park, Johannesburg.

**For all areas, please respond to:
SCHOOL OF TRUTH
P.O. BOX 52051
BEREA ROAD, 4007 or
schooloftruth.kzn@gmail.com**

AT YOUR REQUEST

Your Questions to our Panel of Truth Counsellors

At a memorial service, a young lady asked me if Truth teachings would help in the case of her friend who was full of fear.

The short answer was yes.

It is of fundamental importance, to realise that our thoughts create our reality.

So if we change our thoughts we change our reality. A negative thought passes from the conscious mind into the sub-conscious mind. The thought lies there, doing damage by its influence and radiation. The thought cannot be destroyed, but it can be *replaced*, by one that is good, true and beautiful.

Negative thoughts have no power of their own, only the power we vest in them, by thinking of them, and building them up ("The thing I greatly feared has come upon me." - Job 3: 25).

Care should be taken in the acceptance of words into our consciousness, that we read and hear, such as: scary, frightening, terrified, trepidation, horrified, panicky, terrible, hopeless,

apprehension, etc. These are lies of our own consciousness, and have no Truth in reality.

Instead of having faith in fear, we must increase our faith in God, and accept into our hearts and minds, teachings such as: “I sought the Lord and He heard me, and He delivered me from all my fears.” – Psalm 34:4. “They that wait upon the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk, and not faint.” - Isaiah 40:31; and Isaiah 26:3: “YOU SHALL KEEP HIM IN PERFECT PEACE WHOSE MIND IS STAYED ON YOU.”

So go forward - God maintained, God sustained, God directed, and God protected.

With love and Blessings,

E.W. - Counsellor

Please send your requests for spiritual guidance to schooloftruth@mweb, with the topic clearly marked “At Your Request”; or write to “At Your Request”, School of Truth, P. O. Box 62549, MARSHALL-TOWN, 2197, Gauteng, South Africa. Irrespective of whether we publish your letter or not, you will always receive a personal reply from one of our counsellors. We naturally change people's names to protect individual privacy.

GOOD NEWS ABOUT THE DISTRIBUTION OF THE PATH OF TRUTH!

The School of Truth was established in 1937 and over the decades, we have unfailingly, and through God's Grace, sent out this magazine - "The Path of Truth" to all our members who request it. And what a treasured magazine it has always been! We will of course continue to produce the hard copy you now hold in your hands, and we will continue to post it to those who want it in this format.

But here is the great news: The Path of Truth is now also available in electronic format for your Tablet Device, your Kindle, your Android phone, your desktop or laptop! Simply email us at pathoftruth@mweb.co.za with the Subject: "Path of Truth in Electronic Format". Please state clearly whether you want to continue to receive this magazine in hard copy, in electronic format, or in both formats.

VERY IMPORTANT: If we don't hear from you, no problem! Nothing will change, and you will simply continue to receive this beloved hard copy of The Path of Truth as always. However, if you do want the electronic version, either in addition to the hard copy or only in electronic format (and please state your choice very clearly so there can be no confusion) we will regularly and directly email you a PDF copy of each edition, which you can use on whatever electronic device you find most convenient.

As with all the services provided by the School of Truth, this electronic version of The Path of Truth will be sent to you absolutely free of charge and in loving service to God and our fellow man.

The School of Truth has a responsibility to be conservative in the expenditure of its members' love offerings. It would certainly help to reduce our bi-monthly printing and postage costs if more people could opt to rather receive the Path of Truth and The Path itself, via email in Acrobat Adobe (PDF) format. However, please rest assured, where members don't have access to the Internet, email and the like, we will of course continue to print and post this wonderful magazine that means so much to so many people and over so many years.

The Daily Meditations, as well as back copies of The Path of Truth will also soon be available on our new Website, which will also make it much easier for members to continue to support the work of the School of Truth through Paypal and other funds-transfer services. We will announce that web address as soon as the site is up and running.

A. WALTERS

APPLICATION / RENEWAL FORM

Initials..... Surname

Membership No.(on the address label of The Path of Truth).....

Telephone No.....

Cell No.....

Fax No.....

Email address.....

Physical/Street address:.....

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Suburb.....

City/Town.....

Province.....Postal code

Post Box/ Private Bag address:

Type..... No.....

Suburb/Post office.....

City/Town.....

Province..... Postal code.....

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