

THE PATH OF TRUTH

This magazine is published by the School of Truth and
circulated to all parts of the world

May\June 2015

IMPORTANT REQUEST

Dear Member,

As you are no doubt aware the four month postal strike ended on 26 November 2015 when the Communications Workers Union (CWU) agreed to suspend its industrial action until early 2015 when they would again review the situation.

There is no guarantee, however, that postal deliveries will not be interrupted again in future by strike action, so the School of Truth is looking to alternate ways and means of getting future editions of The Path of Truth delivered to you should the SAPO delivery services become inoperable.

Kindly complete the Renewal Form and return it to our offices by e-mail, fax, post, or telephonic response. The reason for this is that each month many magazines are returned to us marked "Address unknown", "Deceased" or "No longer at this address". This constitutes wastage.

A. Walters

APPLICATION / RENEWAL FORM

Initials..... Surname

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GOOD NEWS ABOUT THE DISTRIBUTION OF THE PATH OF TRUTH!

The School of Truth was established in 1937 and over the decades, we have unfailingly, and through God's Grace, sent out this magazine - "The Path of Truth" to all our members who request it. And what a treasured magazine it has always been! We will of course continue to produce the hard copy you now hold in your hands, and we will continue to post it to those who want it in this format.

But here is the great news: The Path of Truth is now also available in electronic format for your Tablet Device, your Kindle, your Android phone, your desktop or laptop! Simply email us at pathoftruth@mweb.co.za with the Subject: "Path of Truth in Electronic Format". Please state clearly whether you want to continue to receive this magazine in hard copy, in electronic format, or in both formats.

VERY IMPORTANT: If we don't hear from you, no problem! Nothing will change, and you will simply continue to receive this beloved hard copy of The Path of Truth as always. However, if you do want the electronic version, either in addition to the hard copy or only in electronic format (and please state your choice very clearly so there can be no confusion) we will regularly and directly email you a PDF copy of each

edition, which you can use on whatever electronic device you find most convenient.

As with all the services provided by the School of Truth, this electronic version of The Path of Truth will be sent to you absolutely free of charge and in loving service to God and our fellow man.

The School of Truth has a responsibility to be conservative in the expenditure of its members' love offerings. It would certainly help to reduce our bi-monthly printing and postage costs if more people could opt to rather receive the Path of Truth and The Path itself, via email in Acrobat Adobe (PDF) format. However, please rest assured, where members don't have access to the Internet, email and the like, we will of course continue to print and post this wonderful magazine that means so much to so many people and over so many years.

The Daily Meditations, as well as back copies of The Path of Truth will also soon be available on our new Website, which will also make it much easier for members to continue to support the work of the School of Truth through Paypal and other funds-transfer services. We will announce that web address as soon as the site is up and running.

* * *

Some History of the School of Truth

The School of Truth was founded by Nicol Campbell in 1937 and has the same standing as orthodox churches in South Africa.

The School's teachings are found in the Old and the New Testaments, but may also be found in the scriptures of other religions, and the spiritual insight of the great philosophers.

The purpose of the School of Truth is to assist people to obtain a greater God Consciousness, or spiritual awareness, and so to improve their health, happiness and prosperity. We make no charges for our service, but we do accept voluntary donations (and bequests) which go towards meeting the expenses incurred in publishing and distributing this magazine *free of charge*.

We look forward to hearing from you from time to time, since we take a deep interest in your progress.

“I asked you to Pray.....”

Extracts from letters to the School of Truth

Thanks for your letter and for all the help you gave me. Not only was my husband completely cleared of negligent driving, but he has been able to draw the attention of the Roads Department to the lack of signs and has received a letter of thanks for being so public spirited.



I am writing to thank all the good people at the School of Truth who constantly pray for me and to praise the Lord for the wonderful healing that has taken place in my breast as the lump has completely disappeared, much to the amazement of the surgeon and general practitioner. They wanted to operate immediately but I refused and said I believed in prayer and divine healing. As I believed, so it was done. The lady on your switchboard who spoke to me always gave me lots of good advice and helped me so much not to despair.



I am very happy to tell you that your prayers for my daughter-in-law who was suffering from diabetes have been answered. I do thank God for His healing power and you for your loving prayers.

True enough, we could get accommodation if we were prepared to pay the price. Houses are, comparatively speaking, more reasonably priced than two years ago, but when we wanted to buy the owners would not sell unless they could get what they wanted. I then approached you for prayers and God answered. We bought a beautiful home in the very suburb we always wanted to live in and at a very reasonable price. The owners decided to go back to Canada as her parents had been begging them for several years to return and move into the family home which they could have as a gift. We are amazed at the way God performs His miracles.



How happy I am to let you know that God has cured my sister who, following a serious car accident, was in a coma for three weeks. Thank you for your prayers for her and all of us during this very trying time. She is now perfectly well and will go back to varsity when lectures resume next week.



T. had a major bladder operation for cancer but then became seriously ill with hepatitis. I then wrote and asked you please to pray for him as his condition was deteriorating fast. You will be pleased to learn that he made a wonderful recovery. He is completely fit and back at work.



My mum V. had a bad fall about a month ago and bruised all the ligaments in her left arm. I put her name on the prayer list and it's amazing how it's healed for her age – 93 next month.

I also put P.'s name on the prayer list as she had applied for the position of manager of a large spa. After 3 interviews, she got the job, started yesterday and is enjoying it. God is so good; with our names on the prayer list we knew that all would be well - as it always is.



My niece is now in perfect health. Doctors described her healing as miraculous. X-rays showed cancer of the lung and we immediately contacted you for prayers. Two weeks later she was X-rayed again and the trouble was completely gone.



In my last letter I mentioned that the mine we were staying on was closing and that my husband would be retrenched with the result that we would have to leave our house. Well, I am happy to say that all has turned out for the best. He started a new job immediately and seeing that he was retrenched he received a substantial cash gratuity which has enabled us to buy a house. I cannot thank you enough for all that you have taught me, and I thank God for all He has done for my husband and me.

I had inherited a property (which had been my home) already bonded. Ever since my husband passed on nine years ago I had been able until now to meet the interest renewal fees. Then I found myself unable to do so, and for a long time I had been trying to sell the property, but could not find a buyer. The bond fell due on the 20th of the month, and I was in danger of losing everything if the bondholder insisted on payment. However, after my name had been put on our prayer list, I saw the solicitor who was very helpful, and I was given a six week's extension. Yesterday the property was sold. More than this – friends bought it and they want me to continue living here in a comfortable small cottage which my husband had built for our daughters when they were able to visit us.

Moreover, as I no longer own a property and will not for some time receive financial benefit from it, I feel I will now be given the old age pension which was refused me as a property owner. Do you wonder I feel swamped with gratitude to the God of Love your teaching has brought so close to me?



This is just a little note to thank you for your prayers for my son who had been unemployed for six weeks. Last month I asked you to pray for him, and a few days later he had secured a post that he was really keen on. He is now more settled and happy.

**The School of Truth has prayers at
9:30 a.m. and 11:30 a.m.**

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be :

***“God be in my mind and in my thinking;
God be in my heart and in my feeling;
God be in my mouth and in my speaking.”***

This prayer may be used at any time.



Lecture by Nicol C. Campbell

Release your Power

“Lord, for tomorrow and its needs I do not pray.”



It is a strange thought that, no matter in what conditions you and I may appear to be living at the moment, we are nevertheless permeated with the living, vital, dynamic, unlimited Substance of God.

If it is true that He is the only reality there is, at this present, fulfilled as that which we desire, why is it that we can neither see Him, feel Him, nor hear Him? (I am sure that many of you must often have looked at your bodies and thought to yourselves, “Here is the temple of the living God, within which is the Kingdom of All-good; why then does It not come into manifestation for my spiritual, mental, emotional, and physical use? Why is God so inaccessible?”)

It does seem, does it not, if God is right here with you, that you should be radiantly happy and healthy and abundantly supplied as the result of His Good expressing through you? Yet we frequently see the opposite conditions obtaining in our lives and we ask ourselves why this should be so.

I will try to explain it by means of an illustration. Let us compare the student of Truth with a conjurer who, by the

quickness of his hands, deceives your eyes as he draws yards and yards or ribbon, or a couple of rabbits, out of his hat. To the man who has not yet, by and through overcoming, experienced the material blessings of God, it would also appear as if the Truth student were literally drawing the Substance we call money, or health, or happiness out of the invisible, intangible air; and so he is, though in his case it is not the dexterity of his hands, but the quickness of his mental and emotional reactions to conditions that deceives the onlooker.

He does not allow himself to be foxed by the seeming reality of appearances, nor does he give to any human being or group of people power of any kind over himself, for he knows his body to be literally the temple of God, in which is stored for his use, in inexhaustible measure, the Substance of whatsoever he requires or desires; and it is this unseen, impalpable Quantity that he brings forth out of thin air.

The difference between the conjurer and the metaphysician is that the former knows exactly what he is doing and how he is producing the illusion, but the student, though he recognises the ‘workability’ of the Presence of God, is always more or less operating in the dark, or the unseen.

At one time, I thought it was necessary to concentrate on a picture of the particular thing desired, so I used to walk around from morning till night with a mental image held firmly in my mind. I went even further and made a *visual* replica of

what I wanted, and this I kept always with me, and whenever a negative thought crossed my mind in connection with what I was trying to demonstrate I would look at my picture and say: “This is the reality, the Substance of God; the other is illusion, a lie”.

I argued with myself about conditions and circumstances, telling myself that all of these were hallucinations, showing me not what was actually true, but what appeared to my eyes and ears to be so. I reasoned that disease, unhappiness and poverty were bogies that had been conjured up by the human mind and ultimately brought forth into expression by it, so that those who suffered from them were themselves wonderful examples of what negative thinking could bring to pass.

God is a veritable Substance, even though He is as invisible as water vapour, which as far as the evidence of our eyes is concerned is not present at all; but just as this imperceptible gas can be condensed into steam, water and ice, so can spiritual Substance be moulded into form, proving that “things that are made are not made of things that do appear”.

If we do not want any of the discordant products of erroneous thinking to attach themselves to us we have to devote the whole of our selves – all of our spiritual, emotional, mental and physical natures – to practising the Presence of God. As a conjuror goes through his tricks, day in and day out, so do we have to “keep at it”, living without ceasing in the reality of our

true selves, knowing that, although it takes time for the perfection that is ours to manifest, if we persist, it must come to pass.

Unfortunately, more often than not, there is a great deal of apathy among students. If things are going well and the individual is reasonably healthy, happy and prosperous, God becomes just a worn-out habit, remembered casually as the Creator, and acknowledged occasionally with a careless “thank you”, with the result that before long lack of some sort presents itself, either in the body or the affairs, and the person concerned is pulled up short and has to take stock, rather promptly, of the tenor of his thoughts, words and deeds.

If this should happen to you, you will have to check up very carefully and ask yourselves first, what you want, and then what you are giving.

If you want abundance have you the awareness that this is already yours? And if it is, are your hearts and your hands ever open, giving without stint to all and sundry, or are you always anxiously counting up your assets to see whether you can “afford” to give here, and perhaps also there?

If you do that your supply will begin to dwindle and you will find your incipient lack-consciousness beginning to change into a “have-not” one, and before long you will have nothing at all.

Personally, I am never afraid to *give*. For myself, it is not, I know, enough that I have *either* health or happiness or prosperity.

I want all three and the fullness of God manifesting in my life according to His promise in which He says that I can ask *what* I will and that even before I have asked – if my prayer has been made in faith – it will have been provided for me by Him.

What then, constitutes this asking “in faith”? Faith is the living consciousness that “it is already done”. So, if I have faith in my prosperity, I know that I do indeed possess the wealth that permits me to give generously of it, and if at times this appears to be a little difficult, I shall not fall into any trap prepared for me by the race-thought round about me; I shall not review the failing economic situation, which is an illusion that, for thousands of years, has been kept alive in the human mind, for I am in no way concerned with it. I will have none of it!

If, however, I am claiming a ceaseless renewal of supply I must open my hands to a continuously inflowing and outflowing stream of vital Substance. If it is happiness I am seeking I must not shut it up inside myself, and treasure it as a miser does his gold. I must spread it wherever I go, radiate it and share it so that I establish an ever widening circle of gladness; and if I want my health to be sustained, naturally I have to care for my body in a normal way, suitable to a temple of God, but it is far more important for me to realize that between Him and me there is no separation at all, otherwise the daily wear and tear to which we are all subjected, will eventually show forth, wrongly, as deterioration, brought about solely by my erroneous admission of my own disassociation from the source of my being.

If you want to build up an uninterrupted awareness of All-good it will not serve if you keep running first to a doctor and then to a financier when either health or supply fails, for though each of these men may do an excellent job for you, both of them will be dealing with effects, not causes, and you will have sooner or later to get to the root of the matter, and that root is FEAR.

You may not recognise it by that name; it takes on many guises, becomes a habit in our lives, and brings forth for us the most wonderful negative demonstrations which are the very last things we want to experience.

If from infancy you had never heard even of the “word of God” but had been brought up in the consciousness of life’s universal will of good, only good would have expressed for you. That is the natural, normal condition decreed by God (and governed by His Law) for man. It has been said that the universe is the design of the “thinker, thinking mathematically”, and today, as science gets closer to the understanding of atomic power, it uncovers laws within laws, one after another, but it has not yet found - and never will find – the Substance of life, for that is undiscoverable by finite man.

It does not matter what we call Him, a mathematical Thinker, the Sum-total of Perfection, the Acme of Beauty, the Fullness of Prosperity or the Christ-faith made manifest in man, as long as we live in the consciousness of His Ever-presence constituting us, maintaining, sustaining and supplying us.

I know that it is difficult for you, just as it is for me, to give up destructive habits, but if you sincerely desire to abandon your negative “conjuring”, to stop making illusions into realities, then, as Paul said, “When I the mortal am weak, then I the spiritual, am strong”.

So will it be with *your* Spirit within, Which will take over from you and direct your thinking, will smooth your way, will open those doors through which It wishes you to go and close those through which you should not pass. God, constituting you, will indeed care for you if you consciously seek Him, not for things alone – these you can yourselves bring into your lives by concentration and visualization – but in the heartfelt desire to know *Him* as your all good.

We are teaching you to find the Christ, the Spirit of Love in yourselves, so that It can unfold from the inner Kingdom as the spiritual, emotional, mental and physical health – embracing *all* qualities – that is your heritage.

Let us therefore, take stock of ourselves and our affairs, realizing that God is the only reality in the universe so that every desire of our hearts has a spiritual prototype, and whether it be a husband or a wife, a house or an overcoat that we are seeking, the spiritual equivalent is always God. It is ever God That we are seeking, the Whole of Him That must of course, include all His Parts – Love, Beauty, Intelligence, Protection, Substance – whatsoever we require or desire.

Everything has been created for you, is as a spiritual idea already part of you, the very Substance of God constituting you, and the only thing that prevents it from manifesting for you is the fact that you keep your eyes focused entirely on externals and appearances; you judge wrong judgment and persistently give power to that which never was, or is - so creating for yourselves, with all your might and main, your own unhappiness and lack.

Enough of it! It is time for you to let go and to accept your heritage, to come up out of the morasses of materialism and partake of the blessings of Heaven.

I cannot do this for you any more than you can do it for me; neither you nor I can sustain the spiritual awareness of the other, but if you agree with me, you shall always have my agreement, or that of the School of Truth, with your every constructive thought. We cannot give you a “have-consciousness” – that must be built up individually by persistency of purpose, by continuing on the path in spite of problems and failures.

As you would practise the piano, if you wanted to become a successful musician, going over and over your mistakes until you were finger perfect, so must you apply yourselves when it comes to God. You cannot afford to shilly-shally with wishful thinking. You have to take up the cross of Christ’s teachings. To each and every one of you He is saying, “Follow Me, and I will manifest as vital, dynamic power in you. I will do your

thinking through you; I will build up the temple of your emotions and sustain it until it is so closely in contact with the spiritual Substance of God that this can be released through it as your health, happiness and prosperity.”

I want you to practise His Presence, giving Him all your time and effort, until you can yourselves decree a thing, knowing that the living Substance that is invisible – and apparently unknowable – will express through your bodies and affairs in a measure to share and to spare.

Believe me, it is worth everything else in the world. I have found it so, and I want you to have what is mine today – the consciousness of His Protection, the recognition of His Health, the assurance of His Love, and the complete conviction of His All-good in you and through you, now and always.

Ref. The Path of Truth, September 1978

* * *

NEARER GOD'S HEART...

I have in my garden a grand old mimosa tree whose branches sweep right down to the ground. My husband and I cut an opening, and there, under the tree's green shade, I share my own little 'church' with my ferns and all the plants that love the shade. It is a wonderful place in which to study your magazine; it is even more wonderful after any stress and worry, to sit there and hear God say to me, "Be still." It is true, is it not, that one can realise the closeness of God more deeply in a garden than anywhere else on earth? I find this particularly so in a small quiet place like my mimosa tree.

— A Student.



*We need not go far to find happiness,
We need only cross the threshold of selfishness.*

- G Joseph



*A cottage, if God be there, will hold as much happiness
as might stock a palace.*

- J Hamilton

Lecture by Nicol C. Campbell

Poise is Power

How many of us give way to impatience? Few of us can say truthfully that we never lose our poise under any conditions, can we?

The other day Mrs X wanted to give the dog a dose of medicine, and as he was difficult to catch – he always seemed to know what she intended to do – she asked her maid to stand by while he was eating his food and hold him when he had finished. Instead of doing so the woman walked away. Again she was given instructions but still did not obey them; and when she wanted to catch him the dog took refuge under the table. She then dragged him out by the ear and throat and Mrs X lost her temper and scolded her roundly.

A few minutes later she heard a mumbling coming from the kitchen and looked in to find out what was happening. At first she saw no one, then she glanced behind the door and there was the maid on her knees, with hands clasped, praying. Questioning her afterwards she heard that the woman's heart was 'on fire', which seemingly meant that she, too, had lost her temper, but instead of giving way to it she had taken refuge in prayer! And Mrs X received a lesson which she is unlikely to forget.

What a pity it is that more of us do not lift up our hearts to God when we feel we are letting our emotions get the better of us.

The world would be a happier place if we did. Incidentally, this little story shows how much we can learn from the simplest folk if only we are not too proud to do so. We often blame those who serve us for not obeying orders, when the real trouble is that they have not understood what was required of them. This is unjust.

Not only should we be patient with others but also with ourselves. We all slip from the path of grace at times and old habits of wrong thinking and speaking are not to be overcome in a day. We must practise in order to gain the art of self-control, just as we must practise to become musicians, actors, or painters. But it is a virtue well worth cultivating, for without it we can cause much trouble and unhappiness both to ourselves and those about us. For instance, we may be quick workers and it irritates us to watch people performing their tasks slowly, and perhaps we snatch the work from them and do it ourselves. But what of the effect on the other person? It can hardly improve his morale, can it? Nor is a fit of impatience good for us.

If you find you are losing your poise, turn to the Spirit within you, and affirm: "GOD IS IN CONTROL OF MY MIND AND EMOTIONS AND I GIVE THANKS THAT HIS PEACE IS MY PEACE."

Writing of the calm attitude, Christian D Larson says: "Be absolutely still for twenty minutes every day, or twice a day if possible.

But do not simply be still; try to feel the inner life and the invincible power of the deep calm state. We do not seek that place that is simply still, but that place that is both strong and still.”

Our emotions play an important part in our lives for they affect our health, which is one reason why we should keep them under control. Impatience may lead to loss of temper which can result in sending up the blood-pressure, headaches, and other unpleasant things. Surely then it is worthwhile to practise self-control if only for our own sakes? But not only for our personal well-being but for the good of those around us, we should remain calm.

When we are angry and impatient others become flustered and cannot give of their best. When we find ourselves becoming irritable let us be quiet and realise that the one who is causing the irritability is God’s child, one with Him, and that therefore if we lose our temper with him we are losing our temper with the God within him. Surely that thought should have a calming effect, and instead of giving way to an unworthy emotion we shall be able to control it.

Ref. Path of Truth, August 1975

Our heartfelt thoughts shape our experiences

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid” - (John 14:27)

For as he thinketh in his heart, so is he. - (Proverbs 23:7)

Solomon's wisdom tells us that our deepest thoughts, those ingrained in our hearts, shape our lives. Equally the Master said we must not let our hearts be filled with troubled thoughts but to think in such a way that our consciousness is raised.

Thus, we must be sure that our thoughts are of peace and tranquillity, joy and happiness, success and abundance, friendship and compassion, health and vitality, and lastly, love and forgiveness. We must also be sure not to just think these thoughts for ourselves, but to think them for all of God's children.

From Paul's letter to the Philippians we are admonished: *“Finally, brethren, whatsoever **things** are true, whatsoever **things** are honest, whatsoever **things** are just, whatsoever **things** are pure, whatsoever **things** are lovely, whatsoever **things** are of good report; if there be any virtue, and if there be any praise, **think on these things**”.* (Philippians 4:8)

Let us then ensure that our heart's thoughts are pure and righteous. – EW

PRAYER

*Our Father, Spirit That is Love within me,
revered and holy be Thy name.*

*Let Thy Kingdom of Love and Goodness
come into expression through me, and Thy Will be carried
out in and by me,
here upon earth as is done in Thy Spiritual Realm.*

*Be Thou this day, the fulfilment of my every need and
the illumination of my understanding.*

Help me to forgive my debtors that I myself may be set free.

*Teach me of Thy Presence of All-good
and lead me away from all error thinking,
all negation, delusion and vacillation.*

Preserve me, my Father, from every kind of separation;

for Thine is the Kingdom within me,

the Power and the Glory that fill me,

for ever and ever, Amen

MEETINGS MAY-JUNE 2015

JOHANNESBURG

THEOSOPHICAL SOCIETY

31 Streatley Avenue, Auckland Park

First, second and third Sunday of the month at 11:00 a.m.

Sundays: 3, 10, 17 May; 7, 14, 21 June

Lecturers – John Paulson, Edwin Wood and Jimmy Wilson

DURBAN

THEOSOPHICAL SOCIETY LODGE

306 Avondale Road, Berea

Second Sunday of the month at 10:00 a.m.

Sundays: 10 May; 14 June

Lecturer - Diane Evelyn

PRETORIA

THEOSOPHICAL SOCIETY LODGE

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

Second Sunday of each month at 10:00 a.m.

Sundays: 10 May; 14 June

Lecturer - E Wood

To confirm date and times of meetings, contact your
representative or Johannesburg Centre:

Telephones: -27(011) 482-5622/5856

Fax: (011) 482-4857

*“Apologies for the incorrect dates in the March-April magazine -
Ed.”*

CAPE TOWN ERIN HALL

Erin Hall, 8 Erin Road, Rondebosch at 10.30 a.m.

Sundays: 3 May, June to be advised

Lecturer – Andre Walters

SCHOOL OF TRUTH ZIMBABWE

Harare (00263)488-5186: Mary Jane Williams

Bulawayo (00263)924-7239: Thelma Audin

MEMBERS' GUIDE

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

THE PATH provides a number of guidelines some of which may help one to focus in a spare moment of time:

15. We exercise wise judgment in spending and using money and other resources at our command, knowing that we are thus opening the way for more and greater good in our lives.
16. We place ourselves, our loved ones, and our affairs in God's care, and ***we do not dictate*** to Him the manner in which the blessings desired should manifest.

May 1**Friday**

✧ *A cheerful heart is a good medicine*

(Proverbs 17:22)

I look for the good in all things so that I may be cheerful

Cheerful people have such a good influence on those around them. They are optimists who walk in the sunshine instead of in the shadows and are usually welcome wherever they go. We do not try to avoid them as we do the gloomy ones who always look on the dark side of life.

Cultivate cheerfulness for your own sake and for the sake of those about you. Live one day at a time and enjoy it whenever you can, and do not let the future worry you. Today is yours – make the best of it and let tomorrow take care of itself. Sufficient unto the day are the difficulties and trials thereof, and it is far better to meet them with a smile than a dismal face.

We shall be happy if our lives are ruled by love, for love is the greatest thing in the world. In loving and being loved is joy untold. Faith too, is a tremendous aid to happiness for it enables us to overcome fear.

Optimism is positive, but pessimism is negative, so let us cultivate optimism.

May 2**Saturday**

✧ *The righteous shall come out of trouble*
(Proverbs 12:13)

**Seeking always to help my fellow-beings I find fulfilment
in my own life**

The “righteous” if they were wide awake, would not get into trouble for they would know that God had given His angels charge over them to keep them in all their ways and they would go forward with confidence and trust. It is only when our thinking is geared solely to the material side of life that we get into difficulties.

When we keep resolutely upon The Path of Truth no evil can befall us as our route is made plain, easy and successful for us. God’s ways are ways of pleasantness and all His paths are peace, but *it is for us to keep His commandments* and He has made it very clear that we are not here merely to seek our own welfare but to be the keepers of our less evolved brethren.

Whatever we do to the least of those “little ones” we do also unto Him and our service will not go unrewarded, for as we strive to bring His Good into the lives of others we shall qualify for the Divine Accolade, “Well done, thou good and faithful servant in whom I am well pleased.”

May 3**Sunday****MEDITATION*****Right service...***

My Father,

We all seem to have routine duties to perform, tedious little chores that bore us and that we would rather shirk except that in the Bible we are admonished “Whatsoever your hand finds to do, do it with all your might.”

I know from experience that to work ‘against the grain’ is of all things the most wearisome, bringing as it does no satisfaction in its train, and as I think this matter over, the words “You are not bondservants, but sons and heirs of the Most High”, flash through my mind, and I wonder where this leads me. Where else save into Your Presence my Father, so that we may “reason together” and so put these irritating trifles in their proper perspective.

In St. John we read, “You are not of the world. I have chosen you *out* of the world”, so it follows that we are Your vehicles of Self-expression and because in You there is no negation of any kind, we must reorient our thinking. If we look at the things we find dull and tiresome as small services rendered to You, we shall see that they are but a minute return for Your goodness.

May 4**Monday****June 1**

✧ *Brethren, if a man is taken in any trespass, you who are spiritual restore such a one in a spirit of gentleness*
(Galatians 6:1)

I treat all men with gentleness and consideration

How important it is to be gentle with those who have fallen by the wayside! And yet they are often criticised and condemned most harshly – sometimes by people who have committed the same sins themselves.

Since there is not one of us who is perfect what right have we to thrust the so-called sinner further into the mire? We may deplore the act but we must try to help the one who has committed it; and we do not do so by casting aspersions at him. We must remember that the Spirit of Christ is within saint and sinner alike and look for the good always.

Our task as Truth students is to love, and love is always gentle, never harsh. It suffers long and is kind; and it never fails. Let us all remember this when we find ourselves talking of our neighbours in an ill-natured way. The Christ forgave those who sinned – have we any right to do otherwise? Let us remove the beam from our own eye before we try to take the mote out of another's.

May 5**Tuesday****June 2**

✧ *Happy is the man who finds wisdom*

(Proverbs 3:13)

**Give me wisdom, Father, so that I may be a channel
through which your love flows to my fellowman**

It is not necessary to be highly educated to be wise – some people seem to have a natural wisdom – but we cannot deny the fact that the more knowledge we have, the more useful we can be to mankind if we have the will to serve.

Most important, it is to know ourselves, for that will help us to understand others. But self-knowledge requires complete honesty of thought. It means admitting our faults and not blaming anyone or anything else for them.

However, never think that you haven't enough wisdom to be of use to God's children. St. James said: "If any of you lack wisdom, let him ask of God, Who gives to all liberally and without reproach; and it shall be given him. But let him ask in faith, nothing doubting; for he that doubts is like the surge of the sea driven by the wind and tossed."

May 6**Wednesday****June 3**

✧ *He gives power to the faint*

(Isaiah 40:29)

**The all-good bestowed on me by my Father God I will
use in His service and to His glory**

The “faint” have to do their part. God is no wet-nurse even though He is the lavish Supply of all our needs, the munificent Provider of all that we, righteously, desire and are willing to work for.

All the good extant is in His hands; man could not possess himself of one iota of it if he did not - in consciousness – receive it as a free gift (lest anyone should boast) from his Creator. Even in that event, God can give only as man can take. “All that I have is yours,” He has assured us, but we must, believing this, stretch out our hearts, minds and hands to receive the manna from on High.

Nothing has been created that it may be wasted, so when we ask for any bounty we must do so first in the faith that we shall receive it and in the resolution to use it selflessly, first in the service of Him who is providing it and then for the good, not only of ourselves but of all our fellowmen.

May 7**Thursday****June 4**

✧ *Even to your grey hairs I will carry you*
(Isaiah 46:4)

With Your help Father, I keep young in mind and spirit

Some people have a dread of old age, but this should not be. Autumn can be as beautiful in its own way as Spring, and the yellow leaf as lovely as the green. If youth and maturity have been well spent, then age is a time of achievement – a time of looking back with joy.

We are as old as we feel, and the man of sixty – or the woman – provided he is well, feels little different than he did at forty. He may not be as active, but probably he does not want to be – the same desire to climb mountains or rush about is no longer in him.

We may be old in years but there is no reason why we should not be young in mind and in spirit. And the riches of the mind and spirit will serve us when other things have lost their attraction. Also, we can go on adding to them however old we are providing we have all our faculties. Oliver Wendell Holmes says that to be seventy years young is sometimes far more cheerful and hopeful than to be forty years old.

May 8**Friday****June 5**

✧ *I will lead them in paths they have not known*
(Isaiah 42:16)

**I am divinely inspired and led to do what God would
have me do**

There are times in the lives of most of us when we face problems which we do not know how to solve. We can see no way out of our difficulties and, perhaps, only then do some of us turn to God and ask for help.

When we realise that we are with Him and that He is not someone outside ourselves, we do not plead with Him but claim His aid in love and humility. We hand the matter over to Him and then relax. At least that is what we should do but all too often we continue to battle in our own strength instead of trusting everything to Him. And in this way we set up barriers in the channel through which His help flows to us. Because we can see no way out we think that there is none and perhaps get discouraged and suffer from loss of faith.

God is ALL POWER. He is the Supreme Being. He knows what is best for us better than we do ourselves, and He can see ways of helping us which might never occur to our human intelligence.

May 9**Saturday****June 6**

✧ *The Lord will perfect that which concerns me*
(Psalm 138:8)

Nothing and no one ‘can keep my own away from me’

We cannot always account for the experiences which come to us, nor can we sometimes account for certain things which we consider *SHOULD* come to us, and perhaps we are disappointed. What we should remember under such circumstances is that the experiences must be necessary to us, and that no one can keep from us that which is our by divine right.

This is what John Burroughs has to say:

“Serene I fold my hands and wait,
Nor care for wind nor tide nor sea:
I rave no more ’gainst time or fate,
For, lo! My own shall come to me.

I stay my haste, I make delays:
For what avails this eager pace?
I stand amid the eternal ways,
And what is mine shall know my face.”

Should we not save ourselves much disappointment and much heartache if we would adopt this philosophy?

May 10**Sunday****June 7****MEDITATION***Give thanks...*

My Father,

When daily I go apart and come into Your Presence to commune with You, I remember Your words, “I am your portion and your inheritance”, and they give me pause.

I know that in You all things consist, that All the Good is included in Your Being, so one part of me recognises that my needs must have been met and my desires fulfilled, but the human element in me objects that I cannot apprehend these blessings, and I am at a loss as to how I should receive them. As I pray for enlightenment I hear the words “in all things give thanks,” and ask myself if I must be grateful for that which I can neither see nor touch, for that which appears to me to be nothing other than abstraction.

Then, as quietly I wait for further enlightenment, I remember the Master’s admonition: “Believe that you have received, and you shall receive”; and as “believing” I stretch out my hands to You, my Father, they are filled full with all the Good I need.

May 11**Monday****June 8**

✧ *Be strong and of good courage*

(Joshua 1:9)

I cultivate faith in God so that I may live richly and fully

There are many kinds of courage apart from that required to face the enemy.

Does the housewife not need to do the same tasks daily and yet keep a smiling face? Doesn't the social worker need it who has to deal with the heart-rending problems presented to her day after day? Does not the coal miner need it every time he descends into the pit? There are so many unsung heroes and heroines in this world, of whom few have heard.

One with a vivid imagination must find it more difficult to face life boldly than he who has little. The man who makes his failures into the stepping-stones to success also has courage. So has he who overcomes grief and gets on with the business of living.

There is one thing that can help us to oust fear, and that is faith in God and in His Presence within us. This gives us the ability to make of life the great adventure it should be – it enables us to get out into the middle of the stream and not stagnate in the shadows.

May 12**Tuesday****June 9**

✧ *Render therefore to all their due; tribute to whom
tribute is due*

(Romans 13:7)

**I look for the best in all men and pay tribute where
it is due**

Do we all show our appreciation as we might and should do, or do we wait until people have passed on to another plane of consciousness before we praise them?

In our homes we are inclined to take things for granted. The mother who spends her days looking after the house and preparing the meals – how often do we remember to compliment her? How often do we show our appreciation by taking her some flowers, for instance, or some other little gift?

And the man of the house – the wage earner who keeps the home going, does he get some praise occasionally? On him rests the main responsibility although his wife often helps him nowadays. He, too, would appreciate a compliment now and then.

Let us look for the good in everyone and let us give praise where it is due, so don't be shy of showing your approval; but be sure that your compliment is genuine because no sensible person wants to be flattered.

May 13**Wednesday****June 10**

✧ *For God will bring every work into judgment*
(Ecclesiastes 12:14)

**With the help of God I work and make my contribution
to Life**

As long as we do our best, that is all that is expected of us. We should do what we can, just where we happen to be, and we can leave the rest to the Higher Power.

Bolton Hall says: "Take no anxious thought as to the results of your work, nor of our work. If you are doing all that you can, the results, immediate or eventual, are not your affair at all. Such seed of the truth as we plant can but grow. If we do not see the fruits here, we know nevertheless that here or somewhere they do spring up. It would be great if we could succeed now; it will be greater if we patiently wait for success, even though we never see it ourselves. For it will come..."

We may shut ourselves away and study Truth, but unless we also work, of what use are we? We may dream wonderful dreams but unless we do all we can to make them come true, they are futile. To reach our journey's end having done nothing for humanity would be sad indeed, so let us strive.

May 14**Thursday****June 11**

✧ *God is a sun and a shield*

(Psalm 84:11)

Love is the fulfilment of the law which governs all my life and being. Let me express it

“The Light that lights every man that comes into the world and the shield of faith wherewith you shall be able to quench all the fiery darts of the wicked”.

When we walk The Path of Truth hand in hand with God we have nothing in all the universe to fear – no storms, no earthquakes, no wars, none of man’s inhumanity to man – for when God is with us NONE can be against us. He is All-wisdom and All-power, consequently the wicked cannot prevail against Him. But He is more than that, He is ALL-LOVE, and when we set that in motion we shall find that we are more than conquerors over every form of error and negation that seeks to overthrow us.

At our beginnings He invested us with His attributes, the greatest of which is love. “Love is not easily provoked, seeketh not her own, thinketh no evil,” and when in faith, we can work in love to all men, the Kingdom of Heaven will be manifest through us.

May 15**Friday****June 12**

✧ *A soft answer turns away wrath but a harsh word stirs up anger*

(Proverbs 15:1)

I desire to live peacefully and harmoniously, therefore I control my emotions

What is your reaction when a man loses his temper – do you try to calm him down or do you also become heated? The wise thing is to speak to him quietly and reasonably. There is so much trouble in the world that we should surely do your best not to add to it. Robert Dodsley says: “Consider how few things are worthy of anger, and you will wonder that any fools should be wroth.”

Our duty as children of the Most High God is to control our emotions instead of allowing them to control us. We say and do things in anger which we probably regret most bitterly when the mood has passed. Then it may be too late – a friendship may have been shattered or the bond of love severed, since what has been said or done cannot be recalled.

It is bad for us spiritually, mentally, and physically to lose our poise. So for our own sakes, as well as for the sake of others, we should refrain from quarrelling.

May 16**Saturday****June 13**

✧ *Murmur not among yourselves*

(John 6:43)

With the help of God I can change dissatisfaction into achievement

Gordon Graham says: “There are two kinds of discontent in this world: the discontent that works and the discontent that wrings its hands. The first gets what it wants, and the second loses what it has. There’s no cure for the first but success; and there’s no cure at all for the second.”

If there is something wrong in your life don’t grumble about it but determine to put it right, and start not tomorrow or next week or next month, but today if possible. To grouse and take no action is futile.

It is God’s Will that you should live a full, rich life, and if you are not doing so, look to the cause. You may of course be tied in some way and there may be no way of getting rid of your fetters at the moment except in such a manner that you could not contemplate. In that case do not grumble but do your best in the spirit of love and service.

Discontent that merely makes us whine is useless, but it can drive us on to success if we take action.

May 17**Sunday****June 14****MEDITATION*****Obedience...***

My Father,

The Master epitomised His entire teaching when He laid His last injunction, “That you love one another”, upon mankind.

In First John we read, “Hereby we know that we love the children of God when we love God and do His commandments.” I think many of us, in the ordinary run of things, find it hard to love our neighbours as ourselves if, as sometimes happens, everything they do “rubs us up” the wrong way. The fault may very well be ours, not theirs, but that does not alter things, so we have to tackle this matter from another angle.

None of us should find it difficult to “love God” – You, my Father, from whom all blessings flow. We all know that You watch over us, protect us, supply our very need, and that it is not only our bounden duty but our highest privilege to obey Your commandments which were formulated solely to ensure our greatest good in all things. When, in this realization, we put our whole soul into serving You and carrying out Your behests, we shall succeed in loving our fellowmen, Your children.

May 18**Monday****June 15**

✧ *Let the heart of them rejoice who seek the Lord*
(Psalm 105:3)

I am happy because the spirit of all joy is within me

What a good thing it is to count our blessings! Yet there are so many of us who, instead of doing this, moan about the things we have not. Perhaps we envy others because they have more than we have. If we do, then we prove that we have adolescent minds.

When you feel inclined to grumble, why not make a list of all the blessings God has bestowed upon you? Have you a roof over your head, food to eat, and clothes to wear? If so, rejoice and give thanks. You cannot expect to receive more unless you are grateful for what you already have, can you?

The fact that you are reading these words shows that you are interested in Truth. Is that not something to rejoice about? If you have found Truth you have found God – you have found a satisfying way of life; and here again is something for which to give thanks and be glad.

If we would draw others to Truth we must be happy people who rejoice in our unity with the Father.

May 19**Tuesday****June 16**✧ *The battle is the Lord's*

(I Samuel 17:47)

God always helps me, for my trust in Him is steadfast

One of our most comforting affirmations is: THE BURDEN TOO HEAVY FOR ME TO BEAR IS NO LONGER MINE, BUT GOD'S, AND HE, AS LOVE, SETS ME FREE.

When we have faith in God we can turn to Him in any emergency and ask for help knowing that we will receive it. Of course, we should not expect Him to do for us those things we are well able to do for ourselves. But when we have done our best to solve our problems without success, we can take them to Him and go in peace.

If we trust God we do not worry about ourselves, our dear ones, or our affairs. We put all into His hands and relax in His Love knowing that He wants only what is for our greatest good. When we give way to worry we are admitting that we think that men or conditions are more powerful than God, and how can this be so? If any disturbing experience occurs today, turn to the Spirit within you, hand it over, and then stop worrying about it.

May 20**Wednesday****June 17**

✧ *Bring forth fruit with patience*

(Luke 8:15)

**I do the work that's nearest and I do it with all my
might**

One of God's first commandments to man was "be fruitful", and it was the same for every living thing – birds, beasts, insects, fishes and plants – upon the face of the earth, and it is essential to achieve this devotion and patience.

Good work demands time, skill and steadiness in order to bring it impeccability. We are all labourers in the Father's vineyard – rich and poor, high and low, clever and not so gifted, black, white, brown, red and yellow, all have a contribution to make. He does not ask the same of each one, only according to individual capacity, but those who are honest, who put their very best into all they do, He bestows his accolade "Well done, thou good and faithful servant in whom I am well pleased."

To earn such praise from on High it is worthwhile putting in blood, sweat and patience, for when we know that God Himself is satisfied, we know that we can hold our own with anyone at all.

May 21**Thursday****June 18**

✧ *He hath filled Zion with justice and righteousness*
(Isaiah 33:5)

With God in control there can be no injustice in my life

There is no injustice in God's Kingdom.

Remember these words when you are inclined to think that you have been treated unfairly. No one can keep from you those things which are yours by Divine Right. If you deserve to have something, that thing will be yours sooner or later. Realise this, and you will not be disappointed when something you feel should be rightly yours is given to another.

Someone has said that when one door closes another opens. How do you know, when the promotion you expected is given to another, that God has not something better in store for you? Once we know that we get only what is due to us we shall save ourselves much heartache.

We cannot believe that we suffer unjustly and also believe that God is a God of Justice. That would be a paradox. How could we believe in a God Who was anything but Perfect? If He were not we could not put our trust in Him.

May 22**Friday****June 19**

✧ *Your Father knows what things you need*
(Matthew 6:8)

**God fulfils my every need for my love for, and trust in
Him are steadfast**

Why, do you think, would the Infinite be aware of what every finite phenomenon needs for its complete fulfilment? The answer is simple, “because Infinity is Itself that insignificant creature, for God is His universe and everything that’s in it.”

None outside of Him is in any way concerned with it; none can, from the exterior, breach the interior. Whatever is, takes its Life, its supply and the pattern of its days from God alone, and because this is so the very least is individually looked after. “Not a flower emerges from its cloistered cell, not a sparrow falls to the ground but the Father of All knows it.”

He is the universal Good Shepherd who guards, protects and cares for every single one of His sheep. No one is ever isolated, or alone, for Omnipresence encompasses him keeping him warm and secure until such time as he moves onward to another plane upon which God also reigns supreme.

May 23**Saturday****June 20**

✧ *They shall fear no more, nor be dismayed*
(Jeremiah 23:4)

**With the help of God I develop my faith and grow in
courage and self-confidence**

How many of us can honestly say we fear nothing and no one?

Some of our fears are simply imaginary – we fear something which *may* happen, and which quite often does not. Why not cross our bridges when we come to them? We can allay our fears only by trusting in God and feeling our unity with Him; knowing that He is more powerful than any person or any circumstance; and by realising that His Spirit is within us to give us courage when we need it. If our faith is strong enough it will oust fear as soon as it shows its ugly head.

If there is something that is worrying you, face it and get rid of it. If it is merely imaginary, put it out of your mind, but if it is a real fear, do something about it, and do it now.

Faith ousts fear and gives us courage, therefore cultivate faith in God and in yourself as His child and heir to all that He is and has. You have His Power within you to help you, so make use of it.

May 24**Sunday****June 21****MEDITATION***Before I call...*

My Father,

I accept your promise that before I call You have answered. You know best how my need should be met, as I do my part in not letting appearances lessen my faith.

Now I let all sense of worry fall from me, for I know that unless I eliminate worry and fear from my consciousness, I am not doing my part. I trust Your Love and Power working for me and realise that the switch is in my hands to be kept turned on by me in order to receive the illumination of Your guidance. Just as the darkness goes when the light is switched on, so does the darkness of ignorance disappear in the illumination of Your Presence, as I keep contact with You through love.

Father, in faith and trust I accept Your promise as I give thanks for my ever-deepening understanding of Truth, enabling me to accept Your GOOD as richly fulfilled *now*.

May 25**Monday****June 22**

✧ *Cast away from you all the transgressions you have committed, and get yourselves a new heart and a new spirit*
(Ezekiel 18:31)

Renew a right spirit within me, Father

Have you sinned greatly in the past, and do you feel unfit to approach your God?

If so, remember that “though your sins be as scarlet they shall be whiter than snow”. Certainly as we sow, we reap, but by the grace of God we can change the sowing and thus alter the harvest. We are forgiven when we repent of our mistakes and actively do our part to live the life of Truth.

Have you been burdened with thoughts of past errors? If you can correct them by all means do so, but otherwise put them behind you and start again. Get a new heart and a new spirit. You can begin today – there is no need to wait. You can start afresh every morning.

Do not be afraid to consider new ideas and to accept them when you can. To cling to the old and outworn is not good. Keep the best of the old and accept the best of the new, and this will help you to stay young in mind though you may be old in years.

May 26**Tuesday****June 23**

✧ *Rest in the Lord and wait patiently for Him*
(Psalm 37:7)

**I will be patient at all times so that I may be a help to
my fellowmen**

How difficult it is sometimes to be patient. Especially is this so with those who move, or work, or think more slowly than we do. Patience is one of the virtues we should all try to cultivate for our own sake and for the sake of those with whom we come in contact. Slow people are so liable to become upset if we lose patience with them and then their work deteriorates.

There are times when we may be impatient even with God. We may imagine that He is leaving it too late to answer our prayers. Yet He knows what we need before we approach Him. There is no necessity to tell Him when or how to do things, for He knows so much better than we do.

Patience is a matter of self-control, and self-control is a matter of practise. The next time you feel that you are losing your patience, breathe deeply for a few minutes and count up to twenty slowly. If you still feel irritated, repeat the process until your self-control has returned.

May 27**Wednesday****June 24**

✧ *Do you not know that a little leaven leavens the whole lump?*

(I Corinthians 5:6)

As I advance spiritually so do I become a blessing to my fellowmen

Not all of us are capable of becoming - and not many are willing to make the effort to become – the “little leaven” which is of such service to mankind. Some great thinker, enlightened writer, original inventor, dedicated doctor, breaks new ground, opens up fresh fields, so expanding the quota of human knowledge, widening our horizons and setting us free from some of the limitations that our own minds have imposed upon us, and thus earns the eternal gratitude of his fellowmen.

All of us, both the wise and the simple, are come to this plane of experience to progress; and though we cannot all be leaders, we can, each and every one of us be faithful pilgrims on The Path of Truth; and as we press steadily toward the mark we shall eventually achieve our destiny which is to enter into the Kingdom which the Father has prepared for all that love Him and keep His commandments.

May 28**Thursday****June 25**

✧ *Doing the will of God from the heart*
(Ephesians 6:6)

**Help me to obey Your commandments, Father, humbly,
lovingly, and gratefully**

Isn't it true that there are times when we do things for others not because we want to do them but from a sense of duty? Is there any virtue in this?

If we wish our actions to be acceptable to God we must perform them with love in our hearts. Love is the most important thing in the world, and it is the fulfilment of the law. We automatically obey all laws when we live according to the precepts of love.

God's love comes to us freely and abundantly and it should flow from us in like measure. Be sure that it will come back to us in some way and from one or more of God's children; for as we give, so do we receive, pressed down, shaken together, and running over.

Let us do right for its own sake, and because it is what we want to do. Let us cultivate the love of God and all His creation in our hearts, so that we may do His will with joy.

May 29**Friday****June 26**

✧ *Serve God with gladness*

(Psalm 100:2)

Let your gladness be manifest through me, Father

It is our duty and should be our pleasure as followers of Truth to be happy and cheerful. Who is the better ambassador for God, the man who goes about with a solemn face, or he who smiles?

If we want to give good service we must serve with love and joy in our hearts. We are God's representatives here on earth and it is our mission to attract others to Him. We shall not do this if we look drab and miserable. Indeed we shall be doing Him a disservice. Look in any Bible concordance and see how many times joy and gladness are mentioned. Both are God's good gifts to us and we should make the utmost use of them.

Sorrow comes to all of us but we shall not be submerged by it if we are true followers of Christ. He said: "But now I come to You, and these things I speak in the world, so that they may have my joy made full in themselves." He WANTS man to be a happy creature.

May 30**Saturday****June 27**

✧ *Seek His Kingdom, and these things shall be added to
you* (Luke 12:31)

**Because I make love the ruling factor of my life, God
fulfils my every need**

We must learn to put first things first – the soul before the body. This does not mean that we should neglect our bodies – far from it, but it does mean that we should put the things of the Spirit before worldly things.

There are people who, when they suffer some financial loss, have such faith in God that they do not worry, but there are others who are greatly disturbed. They have less trust and so they are anxious; and it is difficult not to be so when debts pile up and there is not the wherewithal to pay them. But worry helps no one whereas faith is a solace to all who possess it.

If things are not going well with us let us search our hearts and minds and find out where our mistakes lie. We are promised that all things shall be added to us IF WE PUT THE KINGDOM FIRST. Are we doing so? Are we living according to the law of love? Have we cleansed our hearts of all destructive emotions? Only then can we expect to manifest only what is good.

May 31**Sunday****June 28****MEDITATION*****Divine Purpose...***

My Father,

This day, and every day, I endeavour to surrender myself wholly so that I may discern Your wisdom and guidance out-working in my life. Your mighty purpose is apparent in all the good I see around me and thus animates my mind and my body and reflects as good in my life and affairs. No longer do I strive for understanding through the human intellect alone, but with my mind in tune with Your All-Mind, I can claim all the strength I need to fulfil the tasks which You have given me to do as part of Your Divine Purpose for me and the Universe.

I see your plan unfold like a tapestry of rare craftsmanship and beauty. Thread by thread, colour by colour, the realisation grows within me as I progress towards the inner perfection which is Your Will for me.

Daily I give thanks that Your Divine Plan for me has been perfect from the beginning and only awaits growth in consciousness to be realised. With this understanding I look past appearances and possess my soul in peace as I work patiently with Your Plan.

Monday**June 29***✧ He gives power to the faint**(Isaiah 40:29)***I am strong because of the Power of God within me**

Do you regard yourself as a weak creature incapable of making a success of your life? If so, change your thoughts immediately. That is not the right way to think about a child of the Most High God. He is All-power, and that power is yours to draw upon at will if only you will believe in it and claim it in love and faith. And always remember that His strength is made perfect in weakness.

If in the past you have not been as strong-minded as you should have been, decide that from now on you will change. You will face life with confidence because of the Spirit of God within you. You will build up your courage day by day by overcoming the things which make you fearful, starting with the small ones and gradually passing on to the greater ones.

There may be some habit which you wish to overcome. Go to the God within you and ask for the strength to gain the victory, remembering that each time you succeed in doing so makes the next one that much easier.

Tuesday**June 30**

✧ *To them that love God all things work together for good*
(Romans 8:28)

Only as I express love can God be fulfilled through me

If we love God, we shall automatically love our fellowmen. In our minds and hearts there will be no discord, suspicion, or ill-will of any kind. We shall not be on the defensive, we shall have no inferiority complexes since we shall know of our at-one-ment with Omnipresence and we shall expect good to manifest in our lives, seeing our neighbours *as ourselves*.

What a utopian world this would be if only all men did love and trust their Maker. It is only our spiritual ignorance – our utter reliance on our fallible senses – that prevents this. Those people who have embraced Truth, who have accepted deep within themselves, in their reasoning intellects and their feeling emotions, that “I and My Father are one”, realise that it is His “good pleasure” to give them the Kingdom and they do not hesitate to enter into it.

Omniscience was implanted in each one of us at our beginnings; let us, then, all turn within and seek wisdom and understanding.

Register of Volunteers

The School of Truth is in the process of forming a register of people who would like to assist with the work of The School of Truth, if and when required in the future.

It is envisaged that such people would be long-standing members of The School of Truth – retired, semi-retired, or largely of independent means.

Please indicate your area of expertise or interest.

The offices are situated in Auckland Park, Johannesburg.

For all areas, please respond to:

SCHOOL OF TRUTH

P.O. BOX 52051

BEREA ROAD, 4007 or

schooloftruth.kzn@gmail.com

AT YOUR REQUEST

Your Questions to our Panel of Truth Counsellors

This is a question that is frequently asked.

Dear Counsellor,

I have been asked if I have been born again – but I do not know what this means so I don't know if I have been born again or not. If not, should I be born again and how?

I was born 40 years ago and do not understand how I can be born again. How can this happen? Nobody I know seems to know what this means. Can you assist me?

Dear Friend,

If you are able to, I would suggest that you ask this person exactly what they mean when they use this expression.

As far as I am aware this term is used by the members of lesser-known devout Christian religions.

You know man is a threefold entity, a spiritual, mental and physical being and many people are only aware of the physical aspect that is the physical world.

But when people attain God Consciousness or enlightenment through meditation, prayer, affirmation and exposure to a suitable spiritual environment, they live in a different world. A more spiritual, satisfying fulfilling and happier world.

Then it may be considered that they have been born again into a new aspect of life.

*Seek to understand this: YE SHALL KNOW THE TRUTH
AND THE TRUTH SHALL SET YOU FREE - TRUTH IS GOD.*



Please send your requests for spiritual guidance to schooloftruth@mweb.co.za, with the topic clearly marked "At Your Request," or write to "At Your Request," School of Truth, P.O. Box 291682, Melville, 2109 Gauteng, South Africa.

Irrespective of whether we publish your letter or not, you will always receive a personal reply from one of our counsellors. We naturally change people's names to protect individual privacy.

Evening Prayer

*Thank You, Father, for this day,
For health which gave me strength to play,*

*For quite enough to eat and drink,
For work which gave me need to think.*

*May my thoughts be kind and true,
Good thoughts, acceptable to You.*

*May each task I do each day,
Be done in just Your perfect way.*

*May I spread Your love about,
To all I meet indoors and out.*

*Thank You, Father, for Your care,
Which followed me both here and there.*

*Thank You for this lovely day,
Now bless my sleep, dear Lord, I pray.*