## The Path of Truth and Practical Philosophy



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#### THE PATH OF TRUTH

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A THOUGHT FOR THE MONTH

# I will remember that love is the keynote of the teaching of Truth – and practice it!

fow few of us do shine, shedding the light of Love upon those with whom we come into contact in our daily lives. We are too much like Martha, concerned with many things, too busy, rushed and driven, to remember that God is omnipresent, dwelling in us, and that we are here to express His

Being in all our thoughts, words and actions. He is Love, and only in loving can we serve Him, only in loving can we fulfill ourselves, only in loving can we enter the Kingdom of our God.

It is a fairly simple matter to **exchange** love with those who are our friends, who wish us well and are sweet and kind to us, but to **give** love, freely and spontaneously to people who hate us, seek to undermine us, and go out of their way to harm us, is not so easy; yet this is what the Master enjoined upon us when He said: "Love your enemies, do good to those that hate you and despitefully use you," and He set us the example!

If we would follow Truth, we shall have to learn of It, learn that there is no such thing as separation, and that not only man and God, but man and man **are one.** 





MEDITATION

## If I be lifted up

Lather, in that sublime Act of self-sacrifice over

two thousand years ago, I see for me the sure guarantee of mastery in my own life. With the example that the Master has set me I know I am superior to any test that may come my way, for I have His word that the divine power that was within Him is also within me, and that I, too, have dominion.

Although I have had crucifixions in my life, my faith in You, Father, has always brought the resurrections, and I realise now that it was only as I learnt through personal experience to develop my trust in You, that I could really know deep in my own mind and heart Your infinite power of which I am the temple. Therefore, moment by moment, I grow in the consciousness of Your uplifting, sustaining Presence, and with supreme confidence I face life, not as something which might hold unknown terrors for me, but as the promised fulfillment of all good.

You, Father, are within and about me as whatsoever I need. In my heart there is love and joy to share and to spare; my mind is illumined with the wisdom and understanding to guide and bless; my body is radiant with health and vitality, a fit instrument for the service I give in Your Name. My life is filled with meaning and purpose to be about Your business of doing good. I know that nothing can deter me in my effort to reflect my divine sonship, for I know, Father, that as long as I am faithful to You, so shall I constantly be lifted up above the ills of this world; and in the awareness of Your power in me I shall help to draw my fellowmen to the peace and the love and the life more abundant which are Your will for them.

#### So be it.

It is essential to remember that each man has his own view of his life, and must be free to fulfill it; that in many ways he is a far better judge of it than we, as he has lived and felt what we have only seen.

Our work is rather to bring him to the point of considering, and to the spirit of judging rightly, than to consider or judge for him.

– Octavia Hill



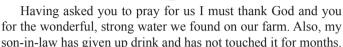
The more we know of ourselves, the more easy we shall be in our intercourse with others: for mutual allowances will be made, and mutual credit given.



I hope you are doing very very well. I just wanted to share the news with you that I received a letter of employment from a company where I can work remotely and it is in the field that I wanted. I want to say a very real and deep thank you to you and the entire School Of Truth for praying for me and helping me receive this gift and blessing from above. It means so much to me, words don't really describe how grateful I am for having the opportunity to work and for your commitment and will to help me. To me this really confirms the miracles of God and that miracles are possible. Thank you for your support and encouragement throughout this journey, it has been a very awakening experience for me. If I can ever return the gift you have given me, please let me know. Love EvD.

We are sincerely grateful to all our known and unknown friends for their continued spiritual and material support of this, God's work.

A very special "Thank you" for your prayers for me while I was in hospital. I was threatened with a mastoid operation after an ear abscess, and although the x-rays showed the trouble already in the mastoid bone, it has cleared up completely without an operation, thanks to God who answered your prayers.



son-in-law has given up drink and has not touched it for months. How can we thank God enough?

I am deeply thankful to God for His expression of love shown in the wonderful way in which He helped my wife over an extremely trying period. To the School I can but only say thank you, not only for this help, but most of all for having helped me to a greater understanding of God's great love for us: for having given me the foundation on which to build a better and fuller life. As one who has always found it difficult to grasp things, I must thank you for the simplicity of your teachings.

I would like you to join with us in thanking God for answering our prayers. My grandchild has been completely cured of eczema and now has a beautiful skin. Thank you for your kind prayers. May God bless you all the time.

I am very grateful to you for your prayers. Please help me to thank God for His goodness to me. My husband has completely given up drink and our life together is perfect.



# The Message of Easter

"A new commandment I give you, that ye love one another: as I have loved you, that ye also love one another"

— John 13:34

Lost religious people, who sincerely believe in the existence of God and who reverently observe the period we call Easter, limit the significance of the period to Christianity, and those who are not Christians will ignore the claims of Easter because they are Jews or Muslims or something that is not Christian. One can hardly blame the latter, because they have been presented with a doctrine that has been built up around a personality, by the Christian teachings of over two thousand years, and which limit Christ to a single personality, that of Jesus of Nazareth. But Christ, as we understand the name, was not limited to any one personality or any one particular religion or any one particular period in history. The name Christ, as we teach, is the individualisation of the Spirit of God in every soul, black, white, yellow or brown, "The one true light that lighteth every man coming into the world." Jesus said, "I, if I be lifted up, will draw all men unto Me." Did He mean that this personality, Jesus, would draw all men, of every different kind of creed and religion, to Christianity? Not at all! "And I" – that is, the Christ - "if I be lifted up into the consciousness of my divine nature, I

will draw all men unto me, the Indwelling Christ." When Man decides to turn his whole mind and attention to his Indwelling Christ, he is lifted up above all the errors and ignorance of the world.

God, the impersonal God who knows no sect, this Christ of God in us, says, "Choose ye this day whom ye will serve!" He does not ask you to choose this or that particular religion or creed, but to choose either materialism or spirit; the material, negative life with all its trouble and worry, or the life of the Spirit with its peace, plenty and mastery. You make the choice. When the Christ spoke through Jesus and said. "I, if I be lifted up, will draw all men to Me." He meant just that – that He would draw them away from all that brings sickness, poverty, unhappiness or lack of whatever nature

Christ is the expression – or Son – of God, expressed most in the emotion we call "Love." Every single one of you is able to love in some way, even if that love is sometimes misunderstood and misplaced. One loves a wife or sweetheart, another a child, another a friend and so on. That love is only a part, a very small part, of this Christ consciousness. When we say that we believe in Christ, we are saying that we believe in Love, that Love is the fulfillment of the Law of God, and that by living in tune with this Law of Love every condition in our lives is filled full with this Presence, this Power of Love, which is God in expression. And because God is all good – all the good we can ever need or wish for in our lives, we say that when we have God – Love – we have all good. You cannot have two opposite ideas in the same mind at

the same time, so you cannot have health and disease, opulence and poverty, happiness and misery in the same place or in the same consciousness at the same time. The Law of Love works impersonally and equally effectively for anybody of whatever religion or creed. Christian or Jew or Muslim or anyone else.

To me this particular period of Easter means a great deal not because the personality called Jesus was crucified, but because it commemorates the culmination of a human life that was so filled with Love that He could literally "lay down His life for His friends." More than any man who ever lived, Jesus of Nazareth showed us the all-embracing, forgiving, saving Love of God, and He showed us that to give ourselves in the service of God was to attain to a glorious destiny. He taught us the Gospel of Glad Tidings, or Good News, that made us free, free of all the limiting factors that formerly filled the lives of men and made them sick and poor and depressed. That we have misunderstood and misapplied His teachings and so failed to benefit by them as we should have done, is our own fault. He gave us the Truth, demonstrated it times out of number, and finally in His glorious resurrection, showed us the reward of faith. To me this Easter period is a time of great inspiration, showing that even the change we call "death" has no terrors for the faithful

I say to myself, "Jesus Christ promised that the things which He did I could do also," and I feel a tremendous encouragement. He went even further, when He said "Greater things shall ye do," and He taught us that simply by having faith we could have God – all good – in our lives for all time. What did He mean by faith?

Faith in what? In yourselves or in other people? No! He meant faith in God, faith in the Christ within you, faith in the Law of Love. The Christ in you is there to remould your whole life, fill your affairs with abundance, transmute your doubts into faith, change your misery into joy and gladness. Is not that what you want? Is not that what we all want? I have learned, during my years as a student of Truth, that when I find the Spirit of God – become conscious of His Presence in me – I lose all fear, fear of the present, or the future. I know that no human being can harm me. I know that when I am consciously one with the Spirit of Love I am at one with the same Spirit of Love in every single human being, even those that come into my life as so-called "enemies." I know that when I meet any of these "enemies" it is an opportunity for me to prove this Christ love, and as I prove it His love flows into and through me in abundant blessing, blessing that can never come to me through any human power. That is what I mean by faith.

Many people ask how they can develop faith. There are many ways in which faith can be developed, many systems of the mechanics of demonstration, but I have always found that the simplest way is so to flood myself with love that there is no room for any other feeling. I flood myself with love, even for my so-called enemies, until there is not one atom of resentment in my heart. When I do that, every individual becomes an expression of the Spirit of Love and the love they give flows into me and through me in friendship and blessing.

If only I could make you understand how simple Truth really is, and how complicated and difficult we humans have tried to make it! God does not say that you must do this or that or the other act of ritual, or that you shall today, at a fixed time, practice any special mechanics of demonstration. He says, through the Spirit of Christ within you, "If you love Me, show Me. You cannot possibly love Me, and not love My body temples. My expressions!" It is a contradiction to say that you love God while you do not love any of His expressions. But you cannot love the body temple, the human being, until you understand who and what he is. Every human being is a temple of God, an expression of God, no matter how un-Godlike he may seem to be now. Look beyond and behind the outer, material man or woman to the Christ within and surround them with your love, and love will win them over so that they will radiate back to you only love.

There is a simple way to prove God's power in you. Whether you are now experiencing disease, poverty, failure or unhappiness in any form, you can "love yourself" into whatever you want, once you consciously identify yourself with the Universal Spirit of Love that we call God. It is very simple. Sit down quietly and work the whole thing out for yourself. Every human being is the temple of love, because the Presence of God is everywhere equally present at the same time, in every one of His temples, as love. Love is the fulfillment of the Law, so that, as long as you hate or dislike any one of God's temples, you are deliberately interposing a barrier between yourself and God. Even the person

who is actively trying to hurt you now will reverse his actions if you will surround him with your love and blessing, and he will love you in return and be a channel of God's love to you! When Jesus said, "Thou shalt love thy neighbour as thyself" He wasn't uttering one pious piece of religious propaganda. He was uttering one of the most profound Truths, giving us the key to demonstration of every kind of good in our own lives, giving us the key to the Kingdom of God. He was, in fact, showing us how to keep the first part of the greatest of all the commandments. "Thou shalt love the Lord thy God with all thine heart." Meet hate with hate and you will reap only hate again, strengthened and intensified but meet hate with love and the hate dissolves away by reason of the Power of Love. That is to reap love in your life, man's love and God's love, and to reap peace and happiness.

Let us change the word "Love" into "Harmony." What is disease and discord in your life? Lack of harmony. What is unhappiness? Lack of harmony. What is poverty? Lack of harmony. If we interpret love as harmony, all we are asked to do is to bring our hearts and minds into harmony with the Universal Spirit, then every single hand will open to us for success, peace, happiness and for any good we need.

I have often said – and I still maintain that it is true – there is no such thing as fear! The word "fear" does not exist in Truth. We have faith in disease, poverty and unhappiness, and according to our faith, that is, according to our emotional thinking, according as we feel, so are these conditions manifested in our lives. Faith will

produce anything, and it is we who direct it to produce what appears in our lives as good or evil, because it is an impersonal power and responds to our orders. So, we are not using our intelligence, when we know that this power produces even the evil we see about us, to go on using it for evil. Should we not rather make a sustained effort to use it constructively so as to produce only the good?

You cannot separate God from His Universe. You cannot say that God is not here or not there, so you cannot say that any condition is evil in reality, because the Presence of God is in that condition. That condition you call evil, the condition you have brought about yourself by your faith in it, is being used to promote your spiritual growth, even though you may find that very hard to believe now. But change your own line of thinking and cease to complain and condemn; radiate love and blessing instead, and the condition you do not want will disappear! It will disappear because you no longer need it and its lessons! When you understand, really understand, what it means to be a student of Truth, you will know that getting happiness is a question of consciousness, of identifying yourself with something that has always existed. It is not a battle or a struggle; it is a letting go of the problem which you are holding in your mind. When you reach that stage, you can sit at home in your chair and identify yourself with happiness, or any other good you want, and according to your faith it will be done unto you. The idea of your success will come through you or through some other body-temple of the Power of Love. It is the same with your supply. Whatever amount of money you need, your body is the temple of the living, loving, vital substance that will fulfill itself, or fill itself full in your life. You may stay at home, and it shall come to you. Does that seem far-fetched? Tomorrow morning you must have the amount and there is nothing that you can do to earn it on this particular Sunday night. You cannot go and borrow it, but you can sit at home in your own room and realise that God is the Spirit of Abundance within you now, and some human being, some channel of God, will bring you that amount, or you will be guided to go to some other channel who will offer it to you. You will not even have to ask!

A woman said to me recently, "I have got to have help at once!" I asked her if she believed in God and she said she did, but that she had to have that help that week. Again, I asked, "Do you believe?" She said, "Yes! But I must have it this week!" I said, "Out of your own mouth you have admitted that you do not believe!" She said, "But I do believe, but I must have a substantial amount!" I said, "Do you believe that God can supply your need?" She said, "Yes, I do! But in a case like this God cannot supply!" Do you see which way her faith was working? Do you understand how impossible it is for God to manifest Himself as supply when there is such a marked negative conviction that He cannot!

You either believe actively in God or you do not! You either have that faith that God can and will give you what you need, or you have not got it. If you do not believe it, then according to your faith it shall be done. Of what value would it be for me to go to John Brown and borrow money. Next week I should have to pay it back again! That is not having faith in God, that is not bringing his supply into your life! That is not identifying yourself with the Universal Substance of God! God requires that you go to him in trust, but instead you go to him in doubt!

Do you think you are then approaching God in the right way and that you will demonstrate over your condition? You most certainly will not! For although spirit is within us now as every single thing or condition we need or want or can ever desire, it is we that can, and must, set it free. In the past you have asked for only so much because you have not dared or had the faith to ask for more, and so it is you who have limited God. He is infinite love and substance and there is no limitation in him when your mind and heart can be at peace for half an hour, when you can leave your problems outside the door for that half hour, you will attune your mind and heart to the spirit of God, the spirit of Love, and you shall touch the hem of his garment! Once you know, once you have a definite demonstration – when not one single person in the whole world knows what you are trying to demonstrate, and then you see the good manifested by the power of God – you will never again not know or unlearn what you have learned.

You cannot break away once you take up Truth! Once you have had your first spiritual demonstration, no matter how much success you attain, no matter how happy you may be, the Power of God – Love – will hold you fast. There it is, the

simple Power of Love, the simple Power that is waiting for you to acknowledge it, not by works, not by going to friends, but by an inner realisation. You will be filled with substance that will be heaped up, shaken together and running over with your good, when you accept it and identify yourself with the Source. When vou have allowed the Christ within to lift you up and draw you to Him, people will say that you have "got something." They will notice that you are free from worry and wonder why it is that everything seems to go right for you. It is as though there were two radio stations and you tune in to one which is sending out a programme you enjoy. Afterwards you always tune in to that station because you have found it is a good station. That is how it is with God, and if you will tune in to Him as He broadcasts happiness, health, prosperity, peace and all good, you will listen to the wonderful news, the Gospel of Glad Tidings brought to us by Jesus Christ, the news that makes you for ever free of all limitation. You will hear that you are now one with Christ, the Christ that spoke through Jesus, the Christ that knows no fear, sees no discord, no evil, because He recognises Himself in you and in your neighbour.

That is why I have no "religion." We call ourselves the "School of Truth" for convenience, but I am one with every single religion or creed. Every single human being that is seeking God is seeking as I am seeking, but I do not condemn him because he does not seek in the way I seek. I do not resent it if he condemns me, for I know that by his works I shall know him. When he finds the

consciousness of Christ within him he will no longer condemn, for in the Spirit of Love there is not one atom of criticism or condemnation. When we find the Christ, we are completely at one with God and with all His body temples, and we know nothing else but love, love of God and love of all people.

If I came here every Sunday night – and I think I have said this before – and taught you nothing else but love, the love of God seen and unseen, and you could accept it inwardly, there would be no problems in your lives. If you would just learn to love with a universal love, your body would reflect health, and your affairs would be filled with success and happiness, because you would be at peace. It is not hard if you really try! If you will just take that portion of time daily to forget all your materialism, lift yourself up into the consciousness of your true identity, you will find that the problems which appeared insurmountable have diminished or disappeared. You will find that you always have been free but you have carried a heavy burden unnecessarily and that weight has finally forced you to let go and let God do it.

Take with you this Easter message, not one of failure and crucifixion, but of success in a grand and joyous resurrection in your heart, "Behold. I have overcome the world!" Your world of materialism that has weighed you down for so long is now thrown off, if you will only believe the promise of Christ. Love as He teaches you to love; love God, love your fellowmen – and trust in the good.

# I will Restore...'

Twrote to you to ask for your help in prayer on behalf of my son, having been

told by a physician and a surgeon that he would have to under go a very unpleasant operation, the neglect of which would lead to serious consequences.

I now have the unbelievable happiness of being able to report that by a completely unexpected turn of events, my prayers and yours have been answered, and my boy's condition has been quite cured without resorting to surgery. I do not want to encroach on your time, but feel sure you will understand that I feel compelled to tell you as briefly as possible how this wonderful example of God's love came about in my particular case.

When I wrote to you and received your answer, I felt great comfort in knowing your prayers were strengthening mine. I began to pray, not only in quiet moments, but at all odd times of the day and night. I also concentrated incessantly on seeing my son's undeveloped gland growing gradually larger and larger, in spite of the fact that the doctors had given me to understand that there was a strong possibility of the gland being non-existent. (The operation was to have proved whether this was the case).

One day I went to a doctor whom I consult when the relative, who is my family doctor, is away and I told him my son was

going to have this operation in the school holidays. This doctor 'phoned my relative and asked whether he would object to the boy's seeing the head of the hormone clinic at the hospital and undergoing certain tests, which were complicated and lengthy, before the operation. My relative agreed, but told me he did not feel too optimistic about the results as he had asked no less than four surgeons' advice and they had all agreed that surgery was the only hope – at that particular stage.

We had to wait five weeks for the result of the tests, during which time I continued to pray and concentrate. The result showed no abnormalities of any kind, and the hormone specialist then suggested an intensive course of injections for two months, and then a further consultation to decide about the operation. Now comes the great miracle. After the last injection, we waited a week and then went to the doctor who had suggested consulting the hormone specialist, and he could not find this missing gland. That was last Tuesday. He made an appointment for us to go to the hormone specialist on Friday and I sat in that waiting room praying hard. The specialist eventually called me in and said, "I have wonderful news for you, Mrs. – and I want to show you something." He took me into the examination room where my son was and showed me this missing gland himself – large, fully developed and having fallen into place since the previous Tuesday!

I suppose to you such a miracle is nothing unusual, but I am sure you can imagine the effect on me. I cannot cease thanking

God day and night for vouchsafing me this miraculous example of His love and goodness. I cannot thank you people sufficiently for your help and your prayers on my boy's behalf. I now feel so safe. Knowing that God is with me and mine, and I know that whatever the future holds for me, I can face it armed with faith and love. Please help me to thank God in your prayers.

"You people are doing such wonderful work and thousands must be indebted to you for encouragement and advice. I, personally, owe you a debt of gratitude that can never be repaid. I can only remember what has happened, with your help, for the rest of my days, and add my prayers for your blessings." – A Student



We are all inclined to judge of others as we find them. Our estimate of a character always depends much on the manner in which that character affects our own interests and passions. We find it difficult to think well of those by whom we are thwarted or depressed, and we are ready to admit every excuse for the vices of those who are useful or agreeable to us.

### Keeping to the Path

ou will find that, when you first take up Truth, it does not matter how down in the dumps you may be, or how sick you may feel, or how much you appear to lack, after a conversation with a Truth teacher, he will convince you that if you need health, you can be healthy; if you need happiness, it is quite possible to demonstrate joy in your lives; if you need substance, you will receive it. Although you cannot see these things, you believe this teacher because you know that he has demonstrated these things in his life and has taught others to believe, to receive their desires.

First of all, I am going to give you a demonstration of a young man who came to see me this week. He is only about twenty-one years old, married and out of a job. He was very worried and upset, for if they could not pay the rent, he and his wife were to be turned out of the room in which they lived. Through his despondency it seemed impossible to him that if he had sufficient faith, conditions would be alleviated for him, not only temporarily but permanently.

The work of a Truth teacher is to teach people how to do certain things and that if they do these things there must be certain results, but *they must believe*. I asked this young man what he could do, to which he replied that he had no trade or profession

and was not particularly brilliant at anything. However, he could paint houses, etc., which I explained was a very good start. I gave him an affirmation, which if he followed and really believed in, would help him to get the assistance he needed so badly. However, he was not very pleased at that and suggested that instead it would be a much easier way out of the trouble if I gave him some money, which, of course, was quite possible, but I explained to him that he should refuse that, for his own sake. If I gave him money, I would only be alleviating the condition temporarily, and next week he would be in the same position and again have to go searching around for the week's rent. Instead of that, he should realise that he was an agent of God's, who was responsible for him, and that He would guide and direct him to the right work.

This young man left me then and went out, from house to house, and eventually returned to say that he had a job to paint a certain house for a generous amount – but there was a snag to it. He had to provide his own brushes and paints, and so on, to do this job, and again he asked me to let him have some money, or he would lose the job. Again I had to refuse to give him this assistance, and pointed out that God was working for him and that God does not make incomplete demonstrations. It would be quite simple for me to give him the money he needed, but that would not do him any good and would merely be temporary alleviation. So once more this young man went out and later returned, very jubilantly, to tell me that he had been offered a permanent position

with a certain firm, in which he needed no materials in the first place, and it was "all found." So actually he had not really needed that money at all, and had I given it to him I would have prevented a successful demonstration, and it would have suggested also that I was afraid that God would let him down. It would have been only a temporary alleviation and very soon after he would have been in the same position and would have had to start all over again. God knows everything – the end from the beginning. Through this young man's faith, God had given him a permanent job. I knew that, but I had to make him know it also.

That is only one of hundreds of demonstrations that take place every week. But what I want to point out is that, when you first start in Truth, everything comes fairly easily and you find happiness and joy and prosperity, because you are learning and you are training your mind to be receptive to these things. You are studying and concentrating and trying hard to practice the fulfillment of the Law; you are affirming and giving out love and service and denying those things that you do not want in your lives. All this puts you into a state of mind where you demonstrate pretty quickly. If you are sick, you become well; if there is that inharmonious condition in your home that sometimes breaks the hearts of men and women, this condition is alleviated and love takes its place. All these things come to you because you have faith and believe implicitly in this God who loves you and brings to you the things you should have – the things He has been trying to give you since you were born. But then you get lazy, you do not think those thoughts of love and prosperity and joy that you did in the beginning, and consequently the old negative conditions begin to reappear in your life and affairs. Instead of continuing in the way that you first started and denying so-called evil; going about not thinking of this as an unhappy and treacherous world, you begin to criticise – firstly the Law and then the man who told you about it; despondency creeps in and things grow from bad to worse. You drift away from Truth for maybe a week, maybe a month, or even a year.

Once you have learned about Truth, what to do and how to do it and you do not do it, the Law reacts very much more adversely on you and in all your conditions. The Master said. "If ye know these things, happy are ye if ye do them," and there is no excuse once you know them and their effect if you fail, and you can blame no one but yourself. You will say, "I do not deserve this" and "I cannot see why all these failures are coming to me" but you do know and for that reason you must return to this Truth. We try to do everything in our power to help you in every way we can when you go through these dark periods, because you have to go through dark periods to exercise your faith and make it grow. But you are the ones who have to build your own faith and we are here to help and encourage you, to pick you up and help you to keep your belief in the goodness of God – that goodness that we have already found. We cannot bring about your demonstration - you must, but we help you by knowing and understanding for you.

We have found that it is very much easier to teach women than men. Men want to work everything out intellectually, in their own way rather than someone else's. They think, also, that they are too busy to think about "religion" and God, and having put through one big business deal they must go on to another, to keep their minds occupied. Whereas if they would only realise that by giving God one-tenth of their time by sitting down quietly and realising the power of this life force that is flowing through them and, bringing about the business deal, and of the very life force that is in the business deal – the life force that is everywhere evenly present – they would get all those things that they desire, all the business deals without having to worry. And God adds no sorrow with His gifts.

Sometimes you follow the lead of God. God has shown you quite definitely what you must do and you follow Him unquestioningly, believing implicitly from your heart that He has led you. When apparently the time comes for the biggest demonstration of all, it looks as though God is silent, as though He is not going to help you, as though you are going to be let down. You begin to get anxious, no matter how often before you have proved His promises and demonstrated. You wonder about what you have not done and what is preventing this demonstration, and you try to force things through, to use all sorts and ways and means to bring forth that demonstration.

There is an unlimited abundance for everyone: all the health, all the happiness and abundance, waiting for everyone in this

universe, but let God give it to you in His way and do not try to get it in your way. Do not give way to depression if it does not seem to work, for it is working for you all the time that you have followed that lead, and God is making that demonstration for you in a way that blesses everyone, hurts no one and works with the immutable laws of the whole universe.

If you want health and you have tried to demonstrate it, and you get worse and worse and eventually resort to some human aid, you are alleviated temporarily but not permanently. Decide from the beginning to work with this Law and do not get lackadaisical. Go right ahead and make right thinking a part of your being, so that when you wake in the morning you affirm happiness and love and service. Don't get into the habit of being happy today and tomorrow despondent and down in the dumps. Realise that you have been given dominion and power over all things and over every condition and that as long as you have faith in lack, you give lack that power.

We switch off the light but still believe in the power to get that light back as soon as we turn on the switch again, but if we are too lazy to do this we remain in the dark. We know that the power is there and that it does not take a second to contact, and the light returns. Now this power of God – Life – is evenly present in the same way as the power of electricity and we all have the power to switch it on, but it cannot express itself through us until we consciously recognise it and turn the switch on.

If to-day I believed in that power, and that it worked, and tomorrow I doubted it, I would still be one with it. You know the statement that the Master made, "Love the Law thy God, thy Creator, and love thy neighbour (expressions of this Law) as thyself." The Law that provides health and happiness and prosperity for you and me is Love and that Law works throughout the whole Universe. It does not work in one way for one person and in another way for another person, it is entirely impersonal, but it cannot work until we work with it and put forth thoughts of love.

Get away from the idea that you can get absolutely nothing in this world without money or influence and remember, instead, that one word of love can do more than anything else, for love is the Law. You then become consciously at one with every individual in this world and you at once become a channel of God and will then be able to prove the promise made by Him, "Prove Me now, if I will not open the windows of heaven and pour into your lives the love and blessings that there will not be room enough to receive them." Is it hard to love? If you want God to give you the things that you need, you must learn to practice His Law of love. God knows exactly what you need and wants to give it to you, but He cannot while that switch is off.

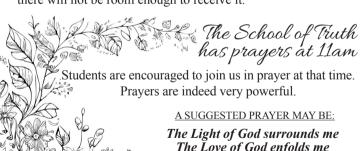
You are very thirsty, perhaps, and you are given a glass of water for which you are very grateful, but though the position has been alleviated temporarily you have gained nothing. Having tasted the water, you are never satisfied until you find the reservoir, so that you can always draw on it with the certain knowledge that the supply is illimitable. And that is exactly what you do when you find the desire for Truth and learn to have faith and to trust and love, to correct misthinking of lack and anxiety; when you learn to turn that switch on.

We had a letter from one of our students saying that she could not quite agree with our remarks that saving is not necessary. If you keep the switch on you will have all the happiness and health and prosperity that you need and from the very fact that you are using it continually you are keeping the channel free to receive more and give out more. Why have more faith in a bank than in God – if you have faith in God then all the banks in the world can go bankrupt and it will not matter at all to you. You have been given that money to use – not to hoard and save. I do not say that you must wantonly waste money, but once you learn to spend freely, relying on God for your supply, you will receive ten times the interest any bank could ever give you. Imagine the Master trying to save the loaves and fishes to feed the five thousand people! He was *consciously* at one with the illimitable supply and He therefore broke and gave.

We have not yet reached that stage, but the only way to get faith is to exercise it. Remember the man who asked Him how it was possible to get into the Kingdom of Heaven and He replied, "Sell all that thou hast and follow me," and indeed it is true that it is easier for a camel to go through the eye of a needle than for a rich man to enter the Kingdom of Heaven, for he is so bound

down by the few rands that he has in the bank that he cannot recognise the power of God. Take away his money and he is left broken, whereas if he had faith he would know that as the money goes so more comes.

And so, you who have made demonstrations and are filled with the spirit of elation, do not forget and get lazy – do not think that the Law does not work. Remember you have been given the power to work with that Law and it will then work for and with you, while you fulfill the rules. Love that Law and all its expressions and then you will enter the Kingdom of Heaven and you will know the Truth and the Truth will set you free from all limitation. Let there be the love and blessing in your lives that there will not be room enough to receive it.



The Light of God surrounds me
The Love of God enfolds me
The Power of God protects me
The Peace of God is over me
Wherever I am, God is.

This prayer may be used at any time.

#### March 1<sup>st</sup> SATURDAY



In quietness and in confidence shall be your strength

— Isa. 30:15

If we want to accomplish anything of value in life we must have confidence in ourselves. Lack of it prevents us from making the most of our abilities and our opportunities. A sense of inferiority prevents many people from living richly and fully, and using their talents as they might.

The uninitiated may ask how, considering the vulnerability of human beings, they can be expected to have self-confidence; but the student of Truth knows that it is not in himself as a HUMAN being that he can have faith, but only in himself as a son of God who inherits all that his Father is and has. Not in his own strength can he have faith, but in the Spirit within him. He knows that he can say: "I can do all things through God Who strengthens me."

Most of us suffer from a sense of inferiority, but it is something we should and can master. We can do it through faith; and we can increase faith by positive affirmations, and by using what we have. Every day we show our faith in man, surely we can trust his Creator?

Since I believe in God I believe in myself as His child, the inheritor of all He is and has

#### March 2<sup>nd</sup>

#### **SUNDAY**



Yea, the Lord will give that which is good – Ps. 85:12

e may call it "The Lord" or "The Law," in actual truth it is the same thing. Many people feel happier if they visualise "The Lord" as the personal giver of all their good, while others can be equally happy with the more abstract concept of "The Law" Since the truth is that it is "The Lord" who is expressing Himself as "The Law," it does not really matter which way we look at it. All that is necessary for us to remember is that it is love which is the fulfillment of the Law, and love, of course, is expressed in right thinking, right feeling and right action.

Such "rightness" operates the Law in a positive direction and produces that which is good, or, if we prefer to think of it that way, it pleases God and His reward is the bestowal of His good.

We are sorely tempted to try and bring about the manifestation of His good in the particular form which we have decided it should take, and if we do this we may find that we have introduced a discordant note into the harmony of our thinking.

Divine intelligence expressing in Divine law will not fail to give me that which is for my highest good. I do my part in love and trust

#### March 3rd

#### **MONDAY**



The prayer of faith shall save the sick – James 5:15

ote that the text does not state that it is any "petition" that shall "save" and why? Because there is not anything in all the world for which we have to beg. *Love* is the only Planner and Producer, consequently nothing that is unlike It has been created, and all that we can ever require or desire was included in us at our beginning. *In this Truth we must have faith*, and when we do, there will be no need for petitionings, vain longings, or hopeless yearnings, for we shall *know* that Its Bounty is ours to use and to enjoy.

If then we are sick, shall we not pray – in faith – for health? If we do this we may be believing that Love has given us disease, and will, if we can succeed in placating or persuading It, consent to exchange this for wholeness! Could anything be more absurd? Can Love Which knows no evil saddle Its own self-expression with such? To obtain relief, we have to know the Truth, which is that *this day* we participate only in that which is God-like, or perfect; then instead of asking to be saved from error of any sort we shall give thanks for our All-good.

I give thanks that I am an expression of Divine Love and Divine life manifests through me

#### March 4th

#### **TUESDAY**

April 1st



God will bring every work into judgment – Ecc. 12:14

whether we like it or not is something for which to thank God, said Charles Kingsley. "Being forced to work, and forced to do your best, will breed in you temperance and self-control, diligence and strength of will, cheerfulness and content, and a hundred virtues which the idle never know."

Are you bored with your life? If so you probably haven't enough to do, for busy people have no time to be bored. Even though you may have enough money to live on in comfort or perhaps in luxury, there is no excuse for idleness. We should not waste time.

Perhaps you do not like your work? If so make up your mind to change it. It is not God's plan that you should be a square peg in a round hole – He wants you to enjoy your work. But first prove yourself where you are – perform your tasks with a good grace, at the same time thanking God for leading you to the place He wants you to occupy. If your desire to do some particular work is great enough, the way will be opened.

I give thanks to God for the things I have to do, and strength to do them

#### March 5th

#### WEDNESDAY

April 2<sup>nd</sup>



The steps of a good man are ordered by the Lord
- Ps. 37:23

he steps of a good man are the steps of the man who lives in accordance with the law of love; one who is harmless to others in thought, word and deed. Such a man may not be an adherent of any particular form of religion, or he may be attached to one, that is a matter which is no criterion of what he is. One thing is certain, he will be placing his trust in God and finding that his trust is not misplaced.

A mind and heart filled with love are always open to the divine inspiration and so his steps are rightly ordered. He may not even be consciously aware of the fact that he is acting under that inspiration, thinking that the steps he takes, and the decision he arrives at, are the result of his own thinking.

The very fact that he has chosen to live the life of a "good" man, as described above, is evidence of a conscious or unconscious faith in God and such faith brings him into unity with God, and unity with God means that the omniscient mind of God can express itself through him.

With love in my heart I cannot be harmful to anybody in any way. Let me cultivate this Love

#### March 6th

#### **THURSDAY**

April 3rd



A friend loveth at all times – Prov. 17:17

Tt was, I think, Georges Sand who wrote "A friend is a person who stands in for another and can with complete confidence and conviction refute anything of which the latter may have been accused without needing to know anything at all about the matter in question." In other words a friend is one who has faith, the kind of faith that does not have to overcome doubt, but one which is entirely incapable of entertaining it.

Every man who walks this earth has one such Friend, Whose promise, echoing down the arches of the years, declares, "I will never leave thee nor forsake thee." Why, then, do we fear? If Omnipotence be for us, who can be against us, or, being opposed to us, can in any way prevail?

Most of us find it easy to put our trust in "princes" but how few can, with complete abandonment, leave everything to God? Nevertheless the prince of this world will often fail us, but the Father of all, Who IS us, never can. He will always guide, guard and protect us because His one purpose is to express as Love in and through us.

If any of you would know true peace, surcease from all doubt, fear and care, let him rely at all times and in all circumstances upon the Spirit of Love.

I put my trust in Love. For Love careth for me

# March 7th

#### **FRIDAY**

April 4th



Masters, render unto your servants that which is just and equal – Col. 4:1

here are many in this world who achieve results by instilling fear into their employees whenever they can. Their motto is: "Business is business," and while some may pay well for the privilege of ruling with an iron hand others get the most they can for the least amount of remuneration they can offer.

While there might be a few people who would take advantage of kindliness, the majority would respond to it with gratitude and give of their best. Would this not be an infinitely happier way of achieving the desired results than by dominating through fear? The employer who gains the affection of his staff can usually rely on their willing co-operation.

What we give, we get. If we give kindliness and courtesy and consideration to others we shall receive these things in return. And this applies in business as in any other walk of life. The principles of Truth if applied in the world of affairs would solve many problems, and bring amazingly good results in spite of all the cynics may say to the contrary. Truth, correctly interpreted, is an eminently practical way of life.

I try each day to express the principles of Truth in my every undertaking

#### March 8th

# **SATURDAY**

April 5th



I press on toward the goal – Phil. 3:14

o you believe that you would enhance your chances of winning a race by constantly turning to look back over the ground you have already covered? You are probably smiling and thinking to yourself, "What a ridiculous question, of course I would not expect to win if I did that." But suppose you now examine your thoughts and see if perhaps that is just what you ARE doing in regard to your life.

Maybe you are, or have been, doing that, and maybe you have thought it right and proper that you should do so. Many people think that way under the impression that by intense concern over that which is behind them, they are pleasing God.

St. Paul told those whom he sought to teach that he was forgetting the things that are behind and pressing on to the goal in front and his example is definitely one to be followed.

The story of Lot's wife, who made the mistake of looking back, is another warning against the futility of being concerned with the past.

I let the dead past bury its dead and am fully occupied in rightly living the present

# March 9th

# **SUNDAY**

April 6th



*The Spirit of God dwelleth in you* − 1 Cor. 3:16

If that alone were true it would be a very wonderful thing, but when we think that the Spirit of God is *omnipresence* we know that there is nothing in all the universe for us to fear.

Furthermore, it makes everything we see around us infinitely more precious than it would be if we thought of all phenomena as being merely material objects instead of knowing, as we do, that the tiniest and humblest creation is the All-highest in manifestation before our eyes.

Nothing, to the enlightened consciousness, can seem poor or mean, or of ill report, nothing can harm us or cause us pain, for God cannot be divided against Himself: so, if part of Him is good – as it must be for we have all experienced good of some sort, at some period of our lives – He must be supreme Goodness through and through.

Let us, then, give thanks that we live in a perfect world; that we, ourselves, are perfect works, brought forth by a perfect Creator, and that in all the cosmos there is nothing but Love.

I know that in Love all men live, and move, and have their being, and in this truth I rest secure

#### **MONDAY**

April 7th



Cast thy bread upon the waters; for thou shalt find it after many days – Ecc. 11:1

e little know when we do some good and kindly action how far-reaching the results may be. To us it may have seemed a trivial thing, but just as the mighty oak springs from the small acorn, so may great effects be the outcome of small causes.

Perhaps it was just a display of faith in someone who needed a little encouragement to spur him on, which set his feet on the pathway of achievement. Perhaps it was only a few words of Truth spoken to one in despair which revived his faith. Maybe an offer of friendship made to a lonely soul, changed his life.

We may or may not know the results of our actions – our task is to cast our bread upon the waters, counting nothing too trivial provided it makes the way a little smoother or a little happier for others. The effects can be left to God. We sow the seeds, and where possible cultivate the plants, but He provides the soil, the rain, the sun, and the dew to make them grow. Let us do our share, knowing that He will do His.

Let me be a help to all those I meet on life's pathway, Father

# March 11th

# **TUESDAY**

April 8th



Let the peace of God rule in your hearts - Col. 3:15

eace is only another name for harmony or balance and it surely is the one great desirability in every aspect of our lives. We cannot possibly expect to meet with peace outside ourselves until we have achieved it within ourselves. To achieve peace within ourselves we must gain control of our thoughts, and right thinking will automatically produce right feeling and right action.

Right thinking produces poise or balance; a condition of harmonious adjustment which signifies rest or peace, the exact opposite of uncontrolled movement and turmoil. This state of balance can be achieved, but not by the unaided efforts of the conscious mind. That mind is too prone to judge everything from the evidence presented to it through the senses, for it to be trusted to stand alone, and that is why it must be the peace of God which is to rule in our HEARTS.

In the silence of prayer and meditation we are guided and taught by Spirit, not by intellect, and the result of that teaching will eventually be a state of peace which no evidence from the senses will be able to disturb.

The greater the peace within me, the greater is my value to God and to man. I keep my mind and heart stayed on God

# March 12th

#### WEDNESDAY

April 9th



Hast thou found honey? Eat so much as is sufficient for thee – Prov 25:16

If everyone would take these words to heart would not the face of industry, and with it world conditions, change for the better almost immediately?

There would be an end to grabbing and accumulating for these would give place to giving and sharing and if we only understood the Truth of Being, these practices would be far easier to carry out, and would make life much simpler and pleasanter than do the hoarding and holding in which most of us indulge today.

Do I hear you asking what possible bearing the Truth of Being could have on the management of the world's finances? Why do you think everyone tries to cram as much as he can into the fleeting moment?

Why is no one happy until he has laid up a reserve against a "rainy day"? We all try to enjoy things "while the enjoyment's good" because we fear that Substance may be transient and will escape us, or change for us into Its opposite.

If we would learn that we are one with God and that "All that I have is thine" we could begin relaxing and giving instead of remaining slaves to the principle of striving and getting, which profiteth no man!

Freely have I received therefore I, too, will freely share of what I am and have

# March 13th

# **THURSDAY**

April 10th



For by Me thy days shall be multiplied and the years of thy life increased – Prov. 9:11

ill these extra days and years prove any particular boon if they merely serve to prolong the period of ugliness and senility that terminates the average long life today.

To me the process of deterioration and decay that time appears to work on all living organisms, is a direct denial of the Perfection that is God

Progress in all good is the natural law of living, and that does not by any means exclude *change*, but change, modification and transmutation can surely take place unaccompanied by disease, corruption and decomposition. These are human concepts of which Love knows nothing at all, and it is through our own negative thinking and mistaken acceptance of them that they have come to be the common expectancy of mankind.

There is a lesson for us in the grub that becomes a butterfly. We too should be able either perpetually to renew our bodies or periodically, harmoniously, to discard them for better ones, but as long as we continue in the belief that all things wear out and must then be discarded on a rubbish heap this will come to pass for us, and an increase of days will not prove to be a blessing.

I will live in the consciousness of Love's power, and claim it as mine own

# March 14th

#### **FRIDAY**

April 11th



According to your faith be it done unto you – Matt. 9:29

This was what Jesus said to the two blind men who came to Him for healing. He said to them: "Do you believe that I am able to do this?" And they replied: "Yea, Lord." Then He touched their eyes and told them that according to their faith it would be done unto them – and their eves were opened.

You may remember that He could do little healing in Nazareth because of the lack of faith of the people; and many of us are like them. In spite of all we read in the Bible, and all we hear from spiritual teachers, we do not believe that God can and is willing to heal our bodies and our minds. And because of our doubt, so it is; for God does not force His help upon us.

Remember, if you are ill and consult a doctor that your faith is an important factor in your healing – faith in God as the Source of health, and in the medical man as His instrument. Do not be afraid, but thank God that you are already healed, thus showing your trust and gratitude.

My faith in God is a living, active quality, unmoved by appearances

#### March 15<sup>th</sup>

# **SATURDAY**

April 12th



*Great and marvellous are thy works* – Rev. 15:3

In all systems of teaching basic truth, stress is laid upon what is usually called "Divine Order." It is a term which means that the whole Universe – all the works of God – is governed and controlled by Law; that there is no chance about it, however much our ignorance of the whole workings of that Law may lead us to see neither plan nor order.

It is only when we make a real study of things that we feel inclined to echo the words "Great and marvellous are thy works" and when the term "study of things" is used, it means everything that continues within our range of investigation.

We cannot all be astronomers and probe the depths of space with high-powered telescopes, but we can read in books the results of astronomical investigations and bow our heads in reverence before the wonders revealed. We cannot all be scientists and investigate for ourselves the composition of the atom, but we can learn from what has been done, something of the terrific power locked up in that infinitesimally small section of God's handiwork.

Divine order governs the universe therefore divine order must rule in my life when I obey the universal laws

# March 16th

# **SUNDAY**

April 13th



PAGE 44

Forbearing one another and forgiving one another
- Col. 3:13

hat difficult things to do! So many people seem anxious to irritate us with pin pricks, while others appear deliberately to set out to really injure us, and if we look at our fellowmen through the eyes of the flesh and judge them after our human hearts, this will prove to be true. But why should we, who are spiritual beings, assess spiritual things through the instrumentality of our physical senses? We are not frail mortals, we are the temples of Love, which sees only Its own likeness in all creatures and all things. If we will look at life through Its Vision, behold! it will be "very good." We shall no longer cognise enemies or offenders, but only impersonal teachers; agents of Love that are constraining us to look below the surface and uncover opportunities of expressing Love which, without their intervention, would have escaped us.

It is easy to return good for seeming evil when you have realised that it is nothing but good in disguise; and what a thrill it gives us when, having overcome self, we can truly send out love, forgiveness and well-wishing to those who, in their ignorance, have tried to harm us

In loving and forgiving will I find happiness and peace

#### March 17th

# **MONDAY**

April 14th

Yield yourselves unto Jehovah – 2 Chr. 30:8

difficulties which you cannot solve – difficulties which you cannot overcome? If so, it is because you have been striving in your own strength, instead of claiming God's help in faith.

Some people put themselves and their affairs into the hands of God, and then tell Him what to do: or they expect their prayers to be answered in a certain way. The fact that they can see only one channel through which aid may come does not mean that there is no other. God often appears to work in a mysterious way, and when we turn to Him for help we should be content to leave all in His care.

There are other people who ask God to help them, and then proceed to put up barriers in the channel through which His help flows. Instead of waiting patiently for it, they fuss and fret. Instead of releasing their burden of care, they continue to carry it. And these things indicate their lack of real faith. They have asked for help, but they still doubt whether they will receive it, and their doubt delays its coming. We must yield ourselves entirely to God, not partially.

Let your perfect will be made manifest in my life, Father

# March 18th

# **TUESDAY**

April 15th



Break forth into joy, sing together – Isa. 52:9

oubtless there will be many who read this little article today whose first reaction to the words of the text will be to realise their present condition as it appears to be, and to say. "I wish I could see something in MY life to break forth into joy and sing about," or "All very well to suggest that to SOME people, but not to those who have troubles like mine."

If, unhappily, YOU should be one of those, let us suggest that you now change the current of your thoughts. Remember that you are not alone and even that thought is an uplifting one of itself.

Even if you have not yet had your name put on our list of those for whom we daily pray, you are still included amongst the unknown ones who are in need all over the world. Then remember that the basis of Truth is that it is God's will or desire that you should enjoy every good, and that the way to ensure that you DO have such cause to break forth into joy, is to know that it is already yours – on the spiritual level.

I raise my consciousness to God in trust and become receptive to divine blessing

#### March 19th

#### WEDNESDAY

April 16th



The work of righteousness shall be peace – Isa. 32:17

oes "righteousness" conjure up for you a picture of grimness, dreary living, and the restrictions placed upon the individual by all sorts of narrow taboos? If it does, let me tell you that such thinking is mediaeval and erroneous, for only the *good* is true as well as being supremely *right*.

Joy is one of the "rightest" things in life. God, who is Love, created a world of surpassing beauty and Himself came forth into being as man for His own pleasure in self-expression.

All the good that Love is, all Its riches beyond compare, are ours for the taking, to command and to share. All that is beautiful and true is an attribute of God, and nothing that is of Him is withheld from His temples; the more we enjoy, and pass on to our fellowmen, the things of the Spirit, which on this plane of consciousness are manifest as the fruits of the earth, the more shall we be living in tune with Love.

Let us then give thanks for friendship and companionship, for supply and security, for fields and flowers, for the springtime and the harvest, for the sunshine and the rain, and for Love that blesses us with all these things.

I will sing a new song unto the Lord, giving thanks for all Love's benefits

# March 20th

# **THURSDAY**

April 17th



Whensoever ye stand praying, forgive, if ye have aught against anyone – Mark 11:25

o you, before you pray, cleanse your heart of all ill will towards your neighbours?

Love is the fulfillment of the law; and when we love, we forgive, and when we forgive, we are forgiven. And is there anyone who does not need forgiveness? We know that there is not. Now, we cannot expect our prayers to be granted if we are disobeying the Universal laws. We can, through the power of thought, become what we want to be – wealthy, important, famous, or what you will; but unless we are living the life of Truth, which means living in accordance with the law of love, our attainments will not bring us joy.

We have the right to approach God in prayer, only when we have cleansed our hearts of all envy, resentment, hatred, impurity, selfishness, and greed. We should not allow the sun to go down upon our wrath. We must let all bitterness, anger, noise, and railing be put away from us, with all malice; and we must be kind one to another, tender-hearted, forgiving each other.

I keep my mind and heart cleansed of all destructive thoughts and emotions that God may be glorified through me

#### March 21st

# **FRIDAY**



I will arise and go to my Father – Luke 15:18

he prodigal son in the Bible story is recorded as having shown the beginnings of wisdom in the above words, and as it was in his case, so it is in ours. His condition had become so bad that he was forced to do something about it, and the first thing obtruding itself upon his consciousness was the fact that he was himself the cause of the adverse effect from which he was suffering. He admitted this in the words "I have sinned" and then saw the remedy, expressing it in the words "I will arise and go to my Father."

This process is exactly that which we all need to go through. First to recognise the error, then to accept the personal responsibility for it, then to put it behind us, and finally to set our faces determinedly towards the achievement of conscious unity with the Father.

We know that the realm of "causes" is the mind and that what we call "circumstances," that is mental, emotional and physical conditions, are the effects of those causes. Conscious unity with God destroys effects and prevents further generation of causes.

> I have fallen short, but with God's help I now make all things new

# GOOD FRIDAY

April 18th



Greater love hath no man than this, that a man **lay down his life** for **his** friends – John 15:13

n this day we humbly thank God for giving us His Son who came to give us a new covenant of love and forgiveness. We are thankful

for all his teachings and lessons that we too can experience the Kingdom of Heaven here upon earth.

We strive to follow Jesus' last commandment "love one another as I have loved you" – John 13:34. Let us reminisce on this, together with His last selfless act so that we may be saved and have all our sins forgiven.

This, is confirmed in 1 Peter 2:24 – "who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness."

Jesus made the ultimate sacrifice for mankind.

Let us be worthy of it

#### March 22nd

# SATURDAY

April 19th



Ye have put off the old man with his doings and have put on the new man - Col 3.9-10

ould that we all could say this of ourselves, for if we could, our search after the consciousness of God's indwelling would be ended and our troubles would be but past illusions!

What, think you, is the "old man" and what the "new"? The former represents the conviction that we are worms of the dust, beings dwelling in a material world as lonely entities, in no way united with our Maker; the latter is the Truth that has dawned for some of us and tells us that we are not material – but spiritual – beings, one with the Father Who Himself constitutes us and is expressing as us.

There is a vast difference between the two: the old man is burdened with "all the ills that flesh is heir to," the new is conscious that "all that I have is thine," and that Love is omnipresent.

To which category would like to belong? If you are too lazy to do your own thinking, you will automatically settle down in the first one, but if you are willing to go within and learn of the Spirit of Love indwelling, you will graduate to the second and have a life of happiness and fulfillment, lived to the glory of God.

Conscious of my oneness with God, I will express love in my daily living, radiating it to all mankind

# March 23rd

#### **SUNDAY**



Thou hast put all things under his feet – Ps. 8:6

To be masters of our fate, instead of being blown this way and that by the winds of adversity, is surely something that everyone wants. The thought of being the prey of circumstances breeds fear, and fear, once it has us in its clutches, prevents us from going out to meet life joyously.

The only way you can master fear instead of being its victim is by putting your faith in God Who is omniscient; omnipotent, and always present. Stop thinking of your own weakness and concentrate on God's strength in which it is made perfect. The human part of you is vulnerable, but within you is the Spirit which is all-powerful. Whenever fear attacks you say: "God is my rock and my salvation, and in Him I put my trust."

Become conscious of the Spirit within you by spending a little time alone every day, meditating on God's love and power, remembering that what He is, you potentially are. He wants to share all things with you if you will obey His laws and do all things in the spirit of love.

As an expression of God I have mastery over all circumstances in my life. I give grateful thanks

# EASTER SUNDAY April 20th

He is not here, but is risen:
remember how he spoke unto
you when he was yet in
Galilee, saying, The Son
of man must be delivered
into the hands of sinful men,
and be crucified, and the third day

rise again - Luke 24:6-7

aul in 1 Cor. 15:3-4 "...that Christ died for our sins according to the scriptures; and that He was buried, and that He rose again the third day according to the scriptures"

"Praise be to the God and Father of our Lord Jesus Christ! In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead" – 1 Peter 1:3

Let us follow His injunction: "Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls" – Matt. 11:29

Let us always be thankful His last promise to us is: "...lo, I am with you always, even unto the end of the world" – Matt. 28:20

# March 24th

#### **MONDAY**

April 21st



Be not entangled again in a yoke of bondage – Gal. 5:1

ne would imagine that the warning conveyed in the above words would hardly be necessary if one had already been freed from a net of adversity, but experience reveals that the warning IS necessary. People are apt to forget that the practice of right thinking is a whole-time occupation and consequently, when a particular difficulty has been surmounted and all looks rosy again, they drift back into old habits of thinking and presently they are shocked and surprised to find that something else has gone wrong.

It is a very good thing for all of us to remind ourselves frequently that the words "Whatsoever a man soweth, that shall he also reap" are true, and also that the field in which we do our sowing, is the mind.

If that were not so it would not be possible for our right thinking to have any effect upon an adverse condition.

To ensure that we do not become again entangled in unpleasant negative conditions, the constant practice of thinking WITH GOD must be maintained, otherwise it is inevitable that we shall be thinking WITHOUT HIM and we are in bondage again.

I walk serenely with faith in God, not in fear of evil

# March 25th

#### **TUESDAY**

April 22<sup>nd</sup>



For ye have need of patience, that, having done the will of God, ye may receive the promise – Heb. 10:36

nly too rightly is it said that patience is a virtue! For most of us time is like an "old man of the sea," always on our backs, always harrying us, and denying us any peace.

When we have done God's will by living in the consciousness of the thing prayed for, and taken all the active steps that, as far as we know, have been indicated, it is very difficult, if the demonstration tarries, to possess our souls in patience. But that is precisely what we must do, for if we allow ourselves to become strung up, too concerned with the manifestation, if we count the days and look all round us for the first small suggestion that what we need is on its way, we shall be so overcome by tension that the demonstration, instead of taking place naturally and harmoniously, will be hung up until we can "be still" and let God bring forth "His perfect work."

No good of any kind comes to us from without; it is, was, and ever will be, within us, and Love is the only channel through which we can set it free.

Only in loving shall I learn that I am one with Love, and that all its good is mine

# March 26th

#### WEDNESDAY

April 23rd



Pride is as a chain about their neck – Ps. 73:6

nd pride is as a chain about the necks of so many of us. It may be pride of birth, of possessions, of position, or what you will, but whatever the cause it should be eliminated from our lives.

Since all that we are and all that we have comes to us as a gift from God; and considering that without Him we could not live, we have no reason to be proud of anything at all. We should thank Him in a spirit of great humility for all that He so generously gives to us, not be vain about our looks, or our family tree, or our wealth.

No one has any right to feel superior to any other. In God's sight we are all as one. We are a great family of which He is the Father, and He favours no one of us more than the other. What He asks of us is that we, too, should feel this family tie – should feel our unity with Him, and with each other; and this regardless of birth, race, creed, or colour. Let us find this unity.

I and my fellowmen are one in God. Recognising this, I try to be a blessing to them

# March 27th

# **THURSDAY**

April 24th



But seek ye first His Kingdom and His righteousness and all these things shall be added unto you – Matt. 6:33

he instruction given above is one of the most important ones issued by the Master in His talks to the people. It was designed to induce all who heard it (and that includes all who today read it) to be sure that first things are placed first, and not to reverse them. This instruction cannot too often be set before us because the things which come within the range of the senses have a habit of appearing to be of the first importance and we are apt to be led into attempts to secure them.

The seeking for the Kingdom of God, which is within us, seems to be a somewhat abstract matter which may or may not produce a concrete result, so the temptation is for us to ignore the abstract and to go all out for the concrete.

It is just the reversal of the proper order which causes so much disappointment in the lives of those who are painfully conscious of the lack of one or more blessings.

I seek first the kingdom of Love, wisdom and power within me and God is glorified through me

# March 28th

#### **FRIDAY**

April 25th



Lift up your eyes and look upon the fields that they are white already unto harvest – John 4:35

ow much heartache, doubting and yearning should we not be saved if when, to mortal eyes, our fields were black and bare, we could with our spiritual Vision, see them "white unto harvest." So often it seems that we lack not only the amenities we crave, but also the very necessities of life, and we pray to a far-off Deity that we may receive them, and nothing happens.

Surely it cannot be the action of *Love* to withhold from us the blessings It holds in store, so why is it that the majority of mankind are sunk in poverty and lack? It is because they are unable to see that their fields are white unto harvest, and this they cannot do because they will not raise their eyes above mortal illusion to the spiritual Verities that are always present waiting to be recognised by them and then appropriated for their use.

We are one with Love, consequently all the wealth, bounty and supply that we see around us, clothing the earth and bejewelling the skies, is *ours*; nothing separates it from us and no power denies us access to it (for there is no power but the Givingness of Love); all we have to do is, in faith, to take it.

Never will I forget that Love is my all-sufficiency in all things and that I cannot, and shall not, want

# March 29th

# **SATURDAY**

April 26th



Thy will be done - Matt. 6:10

This is the perfect prayer, and if our faith were great enough it would be all we should need to say; for God's will is good will. It always has been so, and will be so for ever.

There are people who think, when some calamity happens to them, that it is God's will that they, should suffer, and this being so, that they must bear it as best they can. They are wrong. How could a God of love desire anything but good for His children? Even an earthly father, if he is worthy of the name, wants his children to be well, happy, and prosperous.

If there is anything not good in our lives it is not of God. It has been brought on by our own wrong thoughts and deeds. It is the law of cause and effect in action. If we would change the effect we must change the cause – change our wrong thinking to right thinking.

Once we become conscious of our unity with the Father we shall be able to say: "Thy will be done" in all sincerity, and leave the rest to God.

Daily I strive to be more aware of my oneness with God that I may experience the joy and inspiration of His presence

# March 30th

#### **SUNDAY**

April 27th



Be of good cheer, I have overcome the world – John 16:33

In this text for today "the world" can only mean "The negativity brought into expression by man and which is harmful to himself." The earth is God's perfect creation, therefore there could never be anything about it which could need to be overcome.

That which man has brought about by the use or misuse of his power of thought, is quite another matter. There is plenty there which needs to be overcome and two thousand years ago we had the sure and certain method placed before us for our acceptance and practice.

Unfortunately the mistake was made of instituting a system of worship of the Teacher instead of making use of His teachings. The knowledge that God was ALL power, ALL knowledge and ALL presence, has been with us all along, but it has been set aside in favour of a belief in a personality with powers of choice.

Faith in infallible Divine LAW has been superseded by belief in the possibility of persuading God to listen to petitions.

According to our faith is it done unto us and our faith is our knowledge – put into practice.

All joy is mine because I too, through the Father indwelling, express my divine mastery

#### March 31st

# **MONDAY**

April 28th



I will fear no evil - Ps. 23:4

heard the well-known story of the traveller in India who was journeying on foot through that land of teeming souls and, after having passed through a district that had been decimated by plague, met Death face to face and asked him how he could have had the heart to kill twenty thousand human beings, including vast numbers of women and innocent children, only to get the reply, "I killed but one man, fear killed the rest!"

All over the world today, fear of disease, loss, unhappiness and failure, is bringing these things down upon the heads of those who allow themselves to be intimidated by the thought of them, when if they would only refuse to entertain such negative concepts and KNOW that LOVE IS GOD and alone governs His world and all that is in it, they could go free from all that is evil.

We who have been taught to think aright, can live care-free lives if we will accept that LOVE is all, that we are one with It, and that *nothing* that is unlike It has substance, but is a mirage, temporarily perceived by our physical senses.

As I consciously unite myself with Love, all fear is eliminated from my heart and mind, and peace fills my life

#### **TUESDAY**

April 29th



For as many as are led by the Spirit of God these are sons of God – Rom. 8:14

The term "Sons of God" describes those who consciously take on and express the nature of Deity. When we say that a child is a true "chip off the old block" we mean that he displays his father's characteristics, acts as his parent would, and leads the same kind of life. If we would qualify to be known as Sons of God we must, perforce, "walk in love" for LOVE is God to the exclusion of all else. God knows not of anything that is opposed to Love. He cannot hate, punish or condemn, for these are attitudes of mind that conflict with Love, constituting Him.

The more we replace our critical human measuring rod with the yard-stick of Love, which will empower us to see beneath the human overlay the Spirit of Love in all our fellowmen, the nearer shall we draw to God and the more completely *will* He be enabled to express His Perfection through us, for us, so filling our lives to overflowing with His All-good.

Only as I attune myself to Love can I expect to enter into its benefits

# WEDNESDAY April 30<sup>th</sup>



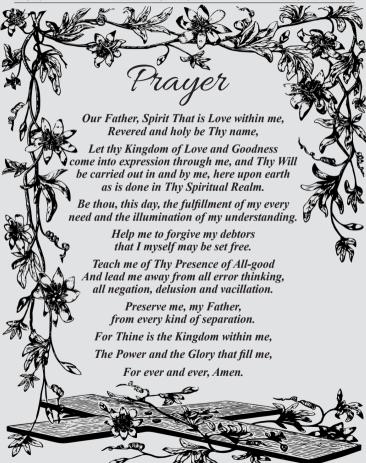
Let all bitterness... be put away from you – Eph. 4:31

re you nursing a grievance against someone? Has a friend done something to hurt you, and are you brooding on it? If so, do change your attitude. People with adult minds do not allow themselves to be hurt. Others may fling darts at them but they glance off. They are impregnable; and that is as it should be for no one can hurt us unless we give him the power to do so.

The poet Pope said: "To err is human, to forgive divine". The Master gave us a shining example of forgiveness when He was on the Cross. In His teaching, too, He told us to love our enemies, and pray for them who persecute us. We cannot therefore be His true followers and still bear a grudge against any of His children.

Be an impregnable citadel which nothing can injure, for where there is no hurt there is no bitterness. If anyone has tried to harm you do not dwell on the matter or it will probably grow to a mountainous size.

I strive for strict control of my emotions that I may always be poised



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