

The Path of Truth *and* *Practical Philosophy*



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THE PATH OF TRUTH

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Editorial

Spiritual Consciousness

In a world steeped in technology it is little wonder that people expect to find solutions to life's problems in the realm of matter and intellect. Yet nature is the medium in which God *presents* his gifts – man's intellect may discover a great deal about it and enhance it, but by the same measure he may mistake it for the root source of things and misuse it.

Man has been given charge of the world, but his mastery must proceed from a spiritual consciousness. We all seek the heaven which the poet Wordsworth felt we knew more intimately in our infancy. In great anguish he called out "Where fled the visionary gleam? Where is it now, the glory and the dream?"

The answer, which followed his questions immediately, is that it never left us – it is *within* us. The development of spiritual consciousness depends upon going within on a regular and sustained basis and on consistently affirming God's perfect picture, in spite of whatever to the contrary our intellects may tell us. Let us keep this regular appointment in a loved place, be it a chapel or church, a favourite corner in our home, even a nook in the garden.

“I asked you to pray –”

Extracts from letters received by the School of Truth

Thank you so much for your letter which I received a few months ago. I must say I am so happy now, my son is well, thanks to you and all those who prayed for him, but most of all I must thank God our Father who answered our prayers. And now I realise that our God does not destroy. He always brings life. I will spread the good news to all I know of what God did for us.



It is some time now that I have wanted to share with you some of the results of the past two and a half years of answered prayers. Each day I thank God, and now I also sincerely thank you for your work in helping us – that is myself and loved ones – over difficult times. God, I have been blessed to understand, is deep in my heart and I realise now that He never lets me down and sees me and my family through our difficult times of learning, and blesses us to grow on our spiritual path.



After many months of illness and also of prayers, I am able to do some of the big load of correspondence. THANKS BE TO GOD. May the dear Lord bless your efforts and The Path of Truth remain with us.



I am very glad to write and thank The School of Truth about myself. I asked you to pray with me about my God-

given talent. I told you that I am a shoe maker with no qualifications. But now our prayers are heard by God. I am waiting for the last interview of the Training Centre regarding the “Leather Technology” course. I went through the first interview with success. So, may you please help me with your prayers for me to pass.



I wish to let you know that my son has been transferred and will remain in Pretoria. He heard this a couple of weeks ago and just said “Thank you God, our prayers have been answered.” I thank you for your encouragement and loving prayers.

We thank our known and unknown friends for their spiritual and material support, which sustains and expands the work that we do for God and our fellow men.

I am very grateful to God for answering all my prayers. I was living in the other flat for ten years and the rent always kept increasing. Eventually I was notified that rent would be escalating yearly by 10%. I only live on an old-age pension, so you can well imagine I wasn't living, I was merely existing. Praise God for all the wonderful help. I now have a small pensioner's flat.



I wish to share with you my experience of the phrase “God works in mysterious ways.” In order to help my

daughter get away for the year, I sold my car. I have been meditating around obtaining “wheels” again but something very unexpected has happened. A school friend whom I have not seen for 13 years succeeded after two years in tracing me. The result is an all-expenses-paid trip overseas for 5 weeks – including a 10-day trip to visit my daughter. Now, if this is not the Lord’s work, then I shall never know what is! I just feel so blessed and privileged and really give thanks to God for so much love. Thank you for your part.

When writing letters to The Path of Truth:

State your designation (Mr, Mrs, Miss, Ms) and print your name and address clearly, including the postal code.

Give your previous address as well as the new one when notifying us of a change of address.

All our work is strictly confidential, thus please give the full names of those for whom you request prayers.

Always quote the reference number of any letter to which you are replying.

The School of Truth acknowledges all letters and love offerings. We have been advised of postal delays, and any queries of non-acknowledgement should be addressed to the relevant School centre.

Lecture by Nicol C. Campbell

The raised consciousness



“I will lift up mine eyes unto the hills, from whence cometh my help.” The psalmist means that there must be a lifting up of the *consciousness*.

Ninety percent of humanity are observing personalities, appearances and problems with obstacles everywhere that seem to hinder their purposes. They look upon themselves as weak human beings. I hear it said so often “I am only a human being and when I say “You are not a human being, you are a *spiritual* being” people think I am ignoring the facts, that I am being intolerant. “If you had my problems you would feel differently” they say.

But let us look with this *uplifted* consciousness, not with our eyes which are merely the reflectors of our own consciousness that judge by appearances, conditions and circumstances. Let us look with what some call the “middle eye” – we do not see pictures with our eyes, we see pictures with this middle eye.

Man, unfortunately, through indoctrination and ignorance, deals entirely with the material phenomena. I am always being told by people who come to see me at the office that I must take my head out of the sand, that I am like an ostrich, that I

do not look at the “facts” – and I say to these folk “Oh yes, I do look at the facts.” When I am confronted with appearances of debt, hunger, pain and misery, these reflectors, my two eyes, say that they are realities, but my spiritual eye ignores what these reflectors tell me.

What did the Master say? Did he not say “Get thee behind me Satan? And he was not referring to some individual with horns on his head and a spiked tail – he was talking about *appearances*. He too observed the problems manifest in his life. He was conscious of them, very aware of their so-called reality. “Get thee behind me – I will not accept you.” These are not my words, they are His words.

There cannot be two presences in the same place at the same time. There cannot be God-and, but only God-AS. In my decades of thinking, and rationalising the meaning of the words Omnipresence, Omniscience and Omnipotence, I cannot find any space for what we call evil. If His presence occupies all space and all time, how can there be an opposing force? Is that why humanity created this person called the devil – because it could not accept or believe in God’s immanence? There is not room in the universe for this devil – except in the undeveloped consciousness, or intellect, of man.

I have observed the X-ray of ulcers, mastoids, and growths in women, men and children and am told “But these are facts.” I say that facts are not the *Truth*. It is a fact that when I switch off the light on this podium there is darkness –

but darkness is not the Truth, the light is the Truth. It is a fact that if I point this light into my face I cannot see the person in their condition of illness – all I can see is light, and this light is the Truth. The “facts” are the person with problems. Which do I want, the facts or the Truth?

The Master did not say to the people with whom he came into contact “Go and sit cross-legged in the lotus position and spend an hour in meditation.” He told them to *lift up their vision*, and then he said “Take up your bed and walk.” He posed this simple question “Do you believe?” and when they answered in the affirmative he said “Then take up thy bed and walk.” He did not see the body-temples sick or diseased. He saw God, and only God. He looked with His eye, the spiritual eye. He closed His intellect. He closed the vision of the appearance.

A group of university students said to me once “Yes, we understand that, but most of it is psychosomatic,” in other words an emotional disease or “dis-ease,” and I said to them “Here are the X-rays. Here is an ulcer of a woman’s bowel, a growth on an abdomen, a tumour on the brain of a young boy. Here are the facts – but these people *denied the facts*. They accepted the Truth, and that which appeared to be true dissolved itself back into its native nothingness.”

We are not healers. There is no such thing as a healer. No one can heal. You can only call forth that which is already in the individual. Even the Master, when he went back to his own village, could do no works because of their unbelief.

Even his great faith could not heal them. The villagers could not accept it because they knew him as a youngster. “Who is this man Jesus? Who does he think he is with his new gospel?” they asked, and he wept. He walked away because of their unbelief, or disbelief.

We, who have been in this work for decades, observe wonders taking place in the lives of people with just a mustard seed of faith, people literally taking up their beds and walking, the paralysed getting up, the blind seeing, the deaf hearing, the dumb speaking. All these are merely effects in the consciousness of the individual.

Their deficiencies are not realities because not for one second can there be a black spot in this universal Presence. If there were disease in God, just a tiny speck, then like a bad potato in a bag of potatoes, all the potatoes would become rotten. But there is no badness or sickness – no pollution in God. He is the perfect life, the perfect health, the perfect prosperity.

The man who says that he is in debt and his pockets are empty, must rather say “My pockets are now filled to overflowing with prosperity because of what I envision. I am not asking for it to come to me but *knowing* that it is there and *using* it fearlessly.” One man gives freely yet grows all the richer, another withholds what he should give, and only suffers want – in substance, in health and in happiness. Poverty, illness, unhappiness and unrealities – they have no

substance. Faith is the substance, the real thing that stands forth, that comes out from the inner to the outer.

Every single place, every spot in the universe, is the Presence of God, but there is a non-recognition of this Truth, and of course people are sick, of course they are poor, of course they are unhappy, of course they are dying of starvation, but you are seeing a mass consciousness, not a mass Presence of God. God is still there, just as electricity is here at this podium, whether I have switched on or not. The qualities of God are here, but unexpressed. Therefore I must lift up my mind – not unto the mountains, but up into my inner consciousness. This is where God, the Good, dwells, permeating me from the centre to the circumference in every cell of my being, not just in me or around me or through me – but *as me*.

Here it is, now, finished and done, but only by an emotional recognition, which is the catalyst, that sets it free. You cannot *think*, and grow rich and happy. You cannot think it into being. Who is there who can make one hair grow on his head by thought? No one in the whole universe. The great actor or actress does not just learn the part by heart and then articulate what they have read. They *become* it, you feel the emotion that is generated from them. If they cry, you cry. If they laugh, you laugh. You have to feel, not think. You have to feel!

This is the crux of the matter. According to my feeling it is done unto me, not my thinking. And God? Does He say to you “I have a black book in which are recorded your debts

and credits. You do not deserve to be healed.” No, He says “Take up the bed and walk.” This is God in action. You see me and I see you. We are beholding God’s Presence. I have so often told you that the drop in the ocean is the whole ocean – not separated, not compartmented, but the *whole* of the ocean.

According to the expansion of our consciousness, as we *radiate* our health, *become* our happiness, and *give* of our substance, so does it flow through us. We channel between the inner and the outer. We open the channel wider and wider and there is the continuous overflowing substance of God. Very few people realise that their hand is the hand of God. “With what measure ye mete it shall be measured to you again.”

It is the simplicity of the teachings of the Master that confuses most people, and yet they are so fundamental. God is saying to me “*You* are the eyes of God (that is, My vision), you are the ears of God (that is, My understanding), *you* are the mouth of God (that is, My spoken word), *you* are the heart of God (that is, My love), you are the feet of God which walk along the Path, the hands of God which give.”

This is the composite Man with all his senses withholding or releasing. You are not afraid to talk about how happy you are, are you? You exude it. You do not have to ask a person who is very healthy “Are you well?” – he radiates his health – or to the wealthy man “Are you secure and prosperous?” Look at the way he lives. Here is the evidence of their expression of consciousness.

So do I have to lift up my vision, take my eyes away from what I see down there in the physical body and the material world – the lies as I call them – and see that which is God within myself, *now extant*, not “going to be” – *now* fulfilled in me and through me and as me. This is taking up your bed and walking.

How many of our tens of thousands of members do this? How many make excuses about circumstances, or time, or personalities, or economic conditions? I do not see any qualifications. If God is, then I am, then all that He is, is in me as me and I must use and reflect these qualities. When it is difficult for me to smile I smile all the more. If I am unhappy I try to exude greater happiness than usual, when things are tough I give more. Because I know that it is up to me, not to humanity, not to extraneous conditions, but up to me as to how much is going to be fulfilled through me.

There are no excuses. I do not make any excuses for people where God is concerned. He must come first and last and all the time – before husband or wife or children or sweetheart. God must come first. He is the pre-requisite if you want to grow or develop and expand in consciousness.

I must lift my intellect above the condition. My *mind* IS, my intellect is evolving from “becoming” to “being” – from *becoming* healthy, happy and prosperous to *being* health, happiness, prosperity and security. I have never made any excuses for people or myself as far as God is concerned

because I know that I am His steward dispensing His Good – as are you – and that as I release Him, more and more flows through me. It is like digging ditches – the deeper the ditches the more the inflow and the outflow of this divine substance which we call health, happiness or security.

“What would Jesus-Christ do? What would His attitude be?” He would say to this problem “Get behind me. You are a liar. I do not accept you.” There is no *person* obstructing my path – it must get behind me in *consciousness*. I pray the thing right or I pray it out, but it cannot remain with me unless I entertain it, continually entertain it.

Therefore let me repeat it again. I must lift up my eyes into my own spiritual awareness of God or Good-ness. It knows nothing but its own nature and expresses nothing but its own nature. It *is* my health, my life. It *is* my happiness, my joy. It *is* my substance, the material side of my life. It *is here*, fulfilled through me and for me and as me. This is how I must think. This is God in action.

You have got to change your consciousness – your consciousness of evil, of unhappiness and poverty. *This* is being “born again”. “It is the Father’s *good pleasure* to give you the Kingdom” or, as I say, not to “give” you the Kingdom but to *be* the Kingdom. I am becoming the Kingdom when I start seeking. When I find It, I am being the Kingdom and I release It in terms of happiness or health or substance.

I am no different to you. I observe problems and appearances. I see lack all around me but I will not become part of it because, if I become part of it, it affects me. It is like a contagious disease. I must reject it, live in this awareness of my God-self. In every cell of my being I am permeated with Love and life and beauty and health and security.

But there is no God Who will do it for you. There is no Presence Who will take you by the hand. You *are* the hand of God, You *are* the eyes, the ears, the mouth, the voice, the legs of God. What are you doing about it? This the question we pose. We are not Sunday School preachers – we are teaching you to live in the consciousness of God, so that you can find this happiness, this health and this prosperity, to share and to spare.

This is our job, to show you by our own example that all things are possible *with* God – becoming God, the Power, the Knowledge and the Presence in action.



*Yesterday I was clever,
so I wanted to change the world.*

*Today I am wise,
so I am changing myself.*

Rumi

Room for God

It seems that one of the greatest difficulties that we experience in life is to let go – to let go of preconceived ideas, opinions, thoughts and reactions to events in the mundane world. We cling to our feelings of personal responsibility, the idea that we must put everything right.

Thomas A. Kempis, the revered 15th century monk and religious writer, tells us “Fly the turmoil of the world as you can, for the treating of worldly affairs can be a great hindrance, although it is done with sincere intention.” We need to *let go*, to *detach* ourselves from the circumstances about us, not to worry, fret, agonise and torment ourselves inevitably into a state of misery. We need to relinquish our concept of a shortage of time, of pressure, and the need for haste. *There will be time for all things!*

Do we hold on to disappointments, hardships, frustration, emotions, slights, grudges, harsh words – other people’s failure to fulfill their obligations? Do we in fact fill our minds with these perceptions so that there is no room for the thoughts of God – the Good, the True and the Beautiful?

These negative mental habits enter our behaviour from a part of our mind below conscious thinking. We might consider this sub-conscious mind like the memory of a computer where bits of information are stored in particular locations, like bits of information stored in pigeon holes, and when we

want to solve a computer problem we call for the desired information from this store of memory. This whole process has limitations, because we can retrieve from the individual pigeon holes of memory only that which is stored there. Also, the computer memory may be full, so that it has no further capacity to store. Then we need to remove some information and rewrite new information into the memory.

Our minds are just like that – we store away bits of information and when problems arise we call them forth as required. But we must realise that we can call forth only that *which is stored there*. Therefore, it is essential that the information placed in our memory is of the right-positive-type.

Paul tells us: “Whatsoever things are true, whatsoever things are honourable, whatsoever things are just, whatsoever things are pure, whatsoever things are of good report, think on these things.” If our minds are cluttered with the wrong sort of thoughts, negative thoughts, we must make room for the True thoughts of God.

How can God operate in our lives if we have not made room for Him, if we are engrossed and plagued with that which is not good? Then even God cannot help us, for He has made us free agents and has given us choices. He says “Here is your mind, use it, fill it with what you will, but remember that the thoughts with which you fill your mind are creative and will shape and give form to the life that you are manifesting.”

Fortunately for us, changes can be made if the life that we are expressing is not satisfactory. The Master revealed this possibility in the promise “I have come that ye may have life and have it more abundantly” and further “Abide in Me, and let My words abide in you” – words of love, sweetness, compassion, truth and beauty.

But, however we think and express life, even if it is in an extremely negative form and in spite of all our omissions and commissions – things we have omitted to do and things that we should not have done – God’s Love and power are always available to us, 24 hours a day. Nothing can separate us from the Love of God. We are never alone.

However, this omnipresent companionship of God does not relieve us of having to make positive changes in our lives, for a central aspect of God is *Law* – the Law of sowing and reaping. For example, perhaps we have to work with someone whose personality, behaviour, or point of view are very different from our own. Perhaps they make us feel insecure or unsure? We may find ourselves clinging to feelings of frustration. What is to be done? How can we handle it? Some people may seek to leave that environment and move to another. Yet, strangely, the situation often re-occurs and they are left with the vague feeling that they have taken the problem with them. So, we may come to a realisation that we need to deal with the problem when it arises rather than trying to avoid it.

For a start we should become aware of the power we give to others over our emotions. It is as though *they* were

in charge of them, not ourselves. Why do we care so much for other people's opinions, and become so easily aroused? Is it because we are not sufficiently attuned to the Infinite within us? Did not the Master teach us "What is that (worldly circumstance) to thee, follow thou *Me*." Thomas A Kempis puts it this way: "We might enjoy much peace if we would not busy ourselves with the words and deeds of others, and with things which appertain nothing to our charge."

In our consciousness we need to separate people from their actions and to detach ourselves from the latter, thinking of ourselves "This has nothing to do with me, they are just working out *their* destiny." We are told to love our enemies because resentment allows people to occupy our minds and gives them power over us, while *love sets us free*. In human relationships, the more good we see in other people, the better they and we become, while the more negation we see in others, the worse they *and we* become.

We need to see opportunity in adversity and, should adversity come, to think "This is a good time to make room for God" and then just to think of God and of all the attributes of God – the Good, the True and the Beautiful.

This is the way that our inner strength is developed, by not concerning ourselves with the why or the how, but just relaxing and inwardly remembering that we are "making room for God" – just letting go and letting God! Soon the Presence will be felt, although we will not have words to describe it.

When we are consciously aware that the Spirit of God is within us, we “see through” the personality that others are expressing, and the God in us meets the God in them. Then new thoughts will arise about the relationship. This is God giving us direction, enabling us to feel more peaceful, better able to cope with private feelings and reactions.

When we thus open ourselves to direction from God as what to say and what to do, we enter a Universal Consciousness that is entirely supportive of us, and we can affirm this new Consciousness, whenever we feel the need, thus – *“This is a good time to make room for God.”*

Frank Whitney, the modern American poet, expresses these ideas with beautiful simplicity in his poem. “The Other Fellow”.

*Through our eyes the other fellow
Oft appears as someone strange,
Someone that we cannot Fathom,
Someone we should like to change.*

*Something of ourself we vision
When we look at other men:
Oft their faults are ours for mending
By our quite superior ken.*

*Know then when we judge adversely,
When our thoughts condemning room,
That reform had best be started
In ourself and right at home!*



The Value of a Smile

A smile is nature's best antidote for discouragement. It brings rest to the weary, sunshine to those who are sad, and hope to those who are hopeless and defeated.

A smile is so valuable that it can't be bought, begged, borrowed, or taken away against your will.

You have to be willing to give a smile away before it can do anyone else any good. So if someone is too tired or grumpy to flash you a smile, let him have one of yours anyway. Nobody needs a smile as much as the person who has none to give.



*Learning is an ornament in prosperity,
a refuge in adversity ,
and a provision in old age.*

Aristotle.

Prayer for Peace

*Let the forces of Light bring
Illumination to mankind.*

*Let the Spirit of PEACE be
Spread abroad.*

*Let men of Goodwill everywhere
Meet in a spirit of co-operation.*

*Let forgiveness on the part of all men
Be the key-note at this time.*

*Let power attend the efforts of the
Brotherhood of LIGHT.*

So be it – and we do our part.



The Ultimate Cause

Imagine an intelligent person, who had never seen or heard of steam ships, observing an ocean liner at full steam for the first time. If they could get close enough they would see the propeller turning and would probably come to the correct conclusion that this is what was causing the ship to go forwards. If they could study the propeller they would in all likelihood eventually work out how it interacted with the water to achieve its work.

So far, so good. Now, imagine the propeller stopping and the ship gradually coming to a halt. What does our thoughtful observer make of it? A new and deeper question dawns upon them – what made the propeller stop – indeed what makes it go? Could it be that there is something *inside* the ship that is responsible? Suddenly our intelligent enquirer is faced by hitherto unimagined possibilities, and huge new questions such as “Why?” and “Who?” Perhaps, like a schoolchild facing a new problem in mathematics, they feel overwhelmed and incompetent to continue the investigation. The ship’s hull is an impenetrable mystery.

Just as the observer would have to take a leap of courage to continue their investigations into the mysteries of the ship, so do Truth seekers, when all material explanations have been expended, take a leap of courage to continue their quest into the spiritual realm within themselves. Yet, the fact that their

exploration enters an arena hidden from superficial view in no way detracts from its reality or its sanity.

Every effect in the universe springs finally from one invisible Cause. Those who declare that It's discovery is either impossible or a waste of time are profoundly lacking in curiosity and their approach profoundly unscientific. God is not fiction nor is He magical. He cannot be at variance with His own universe, whereby it is "real" but He is "unreal."

Our Path to God is not like a physical road with milestones on the way from our start to our destination. It is a journey in which we discover greater Truth about *ourselves*. We do not move one centimetre. Instead the mists of conditioning lift, layer by layer, and we discover that we are not lost and lonely individuals in need of assistance from afar or from other people but are entirely self-sufficient. There are no others. There is only us and God. Finally we discover there is only God.

As we transcend the outer, material layers of God's realm, His Grace requires us to abandon the intellectual methods of worldly investigation, for there is no longer anything to "find". Our method becomes acceptance. Our scientific equation becomes "I and the Father are one." Whatever seems to exist separately from us is engulfed in Omnipresence, whatever seems to use or need its own power is engulfed in Omnipotence, whatever seems to require intellect is engulfed in Omniscience. Thus is revealed within us the Ultimate Cause.

Psalm 23

A psalm of David

The Lord is my shepherd, I shall
 lack nothing.
He makes me lie down in green
 pastures,
he leads me beside quiet waters,
 he restores my soul.
He guides me in paths of
 righteousness
 for his name's sake.
Even though I walk
through the valley of the shadow
 of death,
 I will fear no evil,
 for you are with me,
your rod and your staff,
 they comfort me.
You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
 my cup overflows.
Surely goodness and love will
 follow me
 all the days of my life,
and I will dwell in the house of the
 Lord for ever.

Psalm 121

A song of ascents.

I lift up my eyes to the hills –
where does my help come from?
My help comes from the Lord,
the Maker of heaven and earth.

He will not let your foot slip –
he who watches over you will not
slumber;
indeed, he who watches over Israel
will neither slumber nor sleep.

The Lord watches over you –
the Lord is your shade at your
right hand;
the sun will not harm you by day,
nor the moon by night.

The Lord will keep you from all
harm –
he will watch over your life;
the Lord will watch over your
coming and going
both now and for evermore.

What is our Sense of Values?



It is natural for man to want to succeed, but there are some people who do not want to apply themselves. These are the ones who say that they were never meant to make money – or to be a success – or what you will. What do they mean? Are we to understand that there is a malign fate ruling them, or that God has willed them to fail? The trouble probably is that they have no real urge to succeed. They are not sufficiently enthusiastic over whatever it is that they are doing. If they loved their work they would probably achieve their aims, for their work would then be a pleasure and they would put the best of themselves into it. Anyway, they should not try to make a virtue of the will to fail.

What kind of success do you desire? Do you want something which will make your fellowmen envy you; something which will raise you above them; or something which will give you worldly power? Well, if these are the things you want above all else, and you bend all your energies towards acquiring them regardless of whether you hurt others in doing so, they will probably be yours; but are they really worth having? Why should you want people to envy you? Why should it give you pleasure to feel more important than those about you? Of what true value is worldly power, unless you want it to use for the benefit of your fellowmen?

These kinds of success are not what you should be striving for – they are unworthy aims to have. The truly great ones of the earth have never wanted them – never wanted worldly things, or the praise of men. They have wanted to give something to mankind that would make men better, or wiser, or healthier; or that would make the world more beautiful. They have not striven for personal success, for the great people are humble, but they have wanted to succeed for the sake of others.

Whatever our aim is, we must work for it with the best that is in us. We have to make our human effort if we want God's help. We may be gifted in some way, but unless we take the trouble to cultivate the gift and use it for the benefit of others as well as ourselves, of what value is it?

If we wish to find the Truth we must seek it diligently and not be half-hearted about it. God has given it to us in the teachings of Truth, but if we do not read them and study them and the laws taught we cannot expect to find the Truth. And having read and studied the teachings we must put them into practice otherwise they will be useless to us.

Do you want faith? Here again there is something for you to do. No one else can give it to you, you must develop it by making use of what you have however little it may be. If you feel you have no faith in God and wish to acquire it, behave as if you had it. Be as a little child and accept what you are taught until you have proved it for yourself. Faith will give us

the ability to conquer fear. Start to prove it by overcoming the small fears and then go on to the greater ones. Continue using faith until it becomes a habit to do so.

And what of love? To desire to love, without any thought of return, is one of the greatest wishes we can have, for love is the fulfilment of the law, and when we love – not in a sentimental or emotional manner, but in a cosmic way – we automatically obey all the other laws of the Universe. First of all we should love God, and this may seem difficult to do, since He is spirit Whom we cannot see. But we love His expressions, do we not – we love all the beauty in the world for instance? If we do, we are loving Him, for He is beauty. And we love some of our fellowmen even though we may not feel we can love them all. There, again, we are loving Him, for He and they are one.

The great thing is to define our ideals and try to live up to them. Let us learn to want only the finest things. Let us seek first the Kingdom of God, knowing that then other things will be added unto us. Love, goodness, truth, beauty, wisdom, and justice – these are the things we should desire and strive for.

And we should all wish to serve God and man, and consider it a privilege to be allowed the opportunity of doing so. We should serve in love and humility with gratitude in our hearts. This is one of the greatest desires we could have. Let us not forget it.

Meetings: March/April 2022

Due to lockdown some meetings
are cancelled until further notice.

Contact your local representative.



New version of the 23 Psalm

The Lord my Shepherd rules my life.

He gives me all I need.

He leads me by refreshing streams.

In pastures green I feed.

Thy goodness and Thy Gracious Love
persues me all my days.

Thy house O Lord shall be my home.

Thy name my endless praise.



The School of Truth has prayers at 11:00 a.m.

Students are encouraged to join us in prayer at that time.
Prayers are indeed very powerful.

*A suggested prayer may be:
The light of God surrounds me
The Love of God enfolds me
The Power of God protects me
The Peace of God is over me
Wherever I am, God is.*

This prayer may be used at any time.



March 1**Tuesday**

Happy is the man who finds wisdom. – Pro. 3:13.

**I SEEK WISDOM OF THE SPIRIT WITHIN ME
THAT I MAY KNOW OF LOVE, MY
ALL-SUFFICIENCY IN ALL THINGS.**

The important word here is “finds”. We do not cultivate wisdom or spontaneously grow into it, we receive it from the Spirit when we go within and earnestly seek it. It has nothing in common with mortal logic, knowledge, or inventions. It is a divine gift that illumines our minds and hearts when we open these up to Love and humbly await Its unfoldment within the soul.

We cannot rationalise Love because It is GOD, our *own inner selves*, knowing and functioning through the Spirit. Love speaks of unity where our *intelligence* sees separation, of harmony where discord appears to reign, of health amid sickness, plenty in penury, of eternal Goodness where evil seems to hold sway. Wisdom knows that Love is All-in-all, that in It we live and move and have our being, and when this Truth is eventually revealed to us, we find complete happiness, which is our heritage here on earth.

March 2**Wednesday**

◆ *When he cried unto him, he heard. – Ps. 22.24.*

**EVEN AS I AM DIVINELY FORGIVEN, SO DO I
FORGIVE OTHERS.**

No matter how far we stray from the paths of righteousness we know that God will not forsake us, and what a comforting thought that is. He is ready at all times to forgive us our errors if we truly repent, for He IS forgiveness.

But though God forgives, we should not imagine that we can escape the consequences of our errors. What we sow we must reap, but if our repentance is sincere we shall be enabled to rise above the results of our wrongdoing. We **MUST** rise above them in order to progress, but how could we learn by our mistakes if we were allowed to escape the consequences?

Our own errors should help us to understand those made by others and thus teach us not to judge our fellowmen. If we ask forgiveness of our own wrongdoing, we must be ready to forgive those who do wrong against us. We must learn to send out thoughts of love, even to our enemies, if we expect God to hear us when we call upon Him for assistance. If we do not obey the law of love, we cannot live the life of Truth.

March 3**Thursday**

◆ *He that is faithful in a very little is faithful also in much. – Luke 16:10.*

**I WILL BE TRUE TO THE PRINCIPLES OF TRUTH
IN ALL THINGS THAT I MAY GLORIFY GOD.**

While the majority of us would never commit murder, embezzle money, or steal our neighbours' goods and would be horrified at the idea of any of these things, we might kill another's faith, ruin his good name, or steal what is his by putting through a clever business deal.

If we are to be good followers of Truth, our philosophy of life must enter into everything we do – into the details as well as the big undertakings. Just as thousands of leaves make up the foliage of the tree, so do minor incidents make up life. We should guard our thoughts, our words, and our actions that they may bring no hurt to those about us.

Our aim should be, in small things and great, to be faithful to the highest that is within us, which means being true to God.

March 4**Friday****April 1**

◆ *Rejoicing in hope, patient in tribulation. – Rom. 12:12.*

**LOVE CHANGES HOPE INTO JOYOUS
EXPECTATION AND PATIENCE INTO
TRIUMPHANT ACCEPTANCE OF OUR
HIGHEST GOOD.**

Neither of these attributes is particularly easy for us frail humans. Most of us feel that we have nothing tangible on which to place our hopes and we are faced with so many tribulations that it is exceedingly difficult to suffer them with patience.

We are mistaken. Our hopes must be set firmly upon Love, Which, if we know anything of the teaching of Truth, we shall recognise to be within us, ever ready to help us, and strong to save. As to our tribulations, all discord is a lie, an illusion of the human mind which believes that man is separate from His Creator, and consequently is not endowed with His qualities.

Truth declares that God and His Creation are one. When we come to KNOW this, we shall recognise that error can endure only so long as we sustain it by believing in it, and we shall realise that far and above *hoping* for our good, we can claim it as here and now established unto us and give thanks for it.

March 5**Saturday****April 2**

◆ *In praying use not vain repetitions. —Matt. 6:7.*

**GRATEFULLY, IN LOVE AND TRUST, I ACCEPT
THE GIFTS OF GOD SO FREELY GIVEN.**

It is quite unnecessary for us to repeat our requests to God to meet our needs. He knows what they are before we tell Him. By all means let us talk to Him, but there is no need at all to go on asking Him for the same thing. Having told Him once what our requirements are, we should leave everything to Him.

If we live, move, and have our being in God, He is part of us, and we part of Him, and all we require to do is to affirm and give thanks that our needs are met NOW. Be still, and KNOW that this is so. Even if your faith is not great, ACT as if it were.

But first, cleanse your hearts and minds of all wrong thoughts. You cannot claim the Kingdom of Heaven if you are not living according to the dictates of Truth. It is His good pleasure to give to you, but you bar the doors against yourself if you do not try to live according to Truth. Do your share and then wait for God to do His in visible form.

March 6**Sunday****April 3***MEDITATION***KINGDOM WITHOUT LOSS**

My Father,

At this moment we recall the presence of dear ones no longer with us – of a house alive with the laughter of children, of the warm and intimate embrace of husband or wife, of the secure presence of parent, sibling or friend. To our senses their absence may make even the sunshine seem cold, the world outside unfeeling and barren.

Yet I know these dear ones are expressions of You, that their every gift to others is a gift from You. Since You Are, now and for evermore, so are these your children. Nothing in Your Kingdom is ever lost, in this world or on other planes of consciousness.

I feel their presence now in You. You convey to me their eternal wellbeing and your warm gift of comfort spreads through me. My love of them becomes a call to live ever more intensely in Your Kingdom of Love, for to do so is to honour my relationship with them. I thank you, Father, for Your Presence in which we abide forever.

March 7**Monday****April 4**

◆ *Ponder the path of thy feet. –Prov. 4:26*

**“I AM THE WAY, THE TRUTH, AND THE LIFE,”
I FEAR NO EVIL.**

All the citizens of this world are on a journey, and all have a common destination – the Kingdom of Heaven – but the paths they take are determined by individual choice alone. Some are steep and very stony, others are long and tortuous.

We go astray because we give heed to our human understanding that deals only with the material and physical things of life and knows nothing of the spiritual journey that our souls are making in their search after God.

It is only as we go within, *and learn of Love*, that we are not children of the dust marching wearily across a desert of harsh experiences, that we come to know of our unity with the Father, and recognise that Love Itself, is gone before us to prepare the way and make our paths straight. If we will follow after It, no evil will befall us, and we shall reach our destination fresh, eager and light-hearted and shall enter joyously into the Kingdom of our Good.

March 8**Tuesday****April 5**

◆ *Eager to keep the unity of the Spirit in the bond of peace.— Eph. 4:3.*

**I GIVE THANKS THAT NOTHING CAN SEPARATE
ME FROM THE FATHER WITHIN ME.**

We are all one with God and one with each other, and when we appreciate this fact to the full we shall learn to work together, and love will be the quality which binds us.

There is no “you” and “me” who have opposing views, opposing desires, and opposing ambitions. There is only One, that includes all of us, with but one purpose, to rise back to the Father, to come back into His very being as He sees us – perfect, seeing no evil, hearing no evil, speaking, thinking, desiring no evil.

That is the ideal state towards which we should be striving, you and I, and all of God’s children. We should be progressing towards the perfection from which we came.

Realisation of our complete unity is what we should aspire to – unity with God and each other.

March 9**Wednesday****April 6**

◆ *Where is your faith? – Luke 8:25.*

**I SEEK PERFECT FAITH IN GOD THAT FEAR
SHALL NO LONGER HAVE PART IN ME.**

We are all seeking that perfect faith in God which will render us unmoved and unafraid in the face of appearances. It may be that we have not progressed very far in our quest, but that is all the more reason for redoubling our efforts.

If the attainment of that faith was out of our reach, or if it were doubtful whether we could attain it, we might be excused for giving up the attempt, but this is not so. Such faith IS attainable. Truly we need the faith of a little child, but it is no good HOPING for it, we must PRACTISE for it.

There is a poem which relates how the congregation of a church had gathered together under the leadership of their aged minister to pray for rain. At the close of the service the rain was pouring down and then it was discovered that a little girl was the only person present who had had faith enough in the prayers to bring an umbrella. Humbled and contrite the minister shared that umbrella and marvelled at the faith of a child.

March 10**Thursday****April 7**

◆ *His delight is in the law of the Lord. – Ps. 1:2.*

**RECOGNISING THAT THE LAW OF LOVE IS THE
LAW OF MY OWN HIGHEST GOOD, I WILL WALK
IN IT ALL MY DAYS.**

Delight in the Law, unfortunately, cannot be claimed for the average man. Most people are ignorant of the fact that the words Law and Love are equivalent, the Law being Love, and Love constituting the whole of the Law.

We tend to think of the Law as something harsh and exacting that hampers us and generally takes the joy out of life. This is because we do not stop to think from where It was brought forth, before time was and before the firmament was born. God is the Law that governs all that is, co-ordinating the mightiest star with the tiniest grains of sand upon the shores of a million seas, is Love-in-action. It is this Love that rules our lives and leads us gradually into Its radiant, all-illuminating Light. In these white beams evil shrinks away and fades into the nothingness of mortal illusions from where it first came and postured as Reality. Truth stands out declaring “I and My Father are one.” WE ARE PART AND PARCEL of Omnipotence, Omniscience and Omnipresence. Should we then not delight in Its Law of Love?

March 11**Friday****April 8**

◆ *All ye are brethren. – Matt.23:8.*

**HELP ME TO CULTIVATE A LOVE FOR ALL MY
FELLOWMEN, FATHER.**

We are God's children no matter what our colour, race, or creed, and this being so, we are all brethren as today's text tells us.

Think what a wonderful world we could create if, instead of suspecting our fellowmen, we trusted them. If, instead of trying to grab what we can, we would be ready to give. If, instead of looking for their faults, we would see only the God in them. Then, indeed, would there be peace on earth, and harmonious relations amongst all men.

When we cultivate true love of our brethren we allow the infinite love of God to flow through us to all with whom we come into contact. We know, as followers of Truth, that they cannot take from us anything that is ours by divine right, so we need not fear them or condemn them. Then let us look for the best in them, and expect the best, and thus help them to live up to it.

March 12**Saturday****April 9**

◆ *Every good gift and every perfect gift is
from above. – Jas. 1:17.*

**I SEE THE LOVE OF GOD IN EVERY GIFT
THAT COMES TO ME AND IN THAT LOVE I
GIVE FREELY.**

If I am to see the love of God in all that comes to me from others, it is essential that I free my mind of all wrong thoughts in regard to the possible motives that may be promoting their giving. In truth no other person “gives” to me, what they do is to act as the channel of God’s gift. That is why I have to be steadfast in my determination to see only God’s love in every case.

It is not possible for me to see that love and to receive His gift graciously if I am wondering why the gift is coming my way from a certain person. I shall be unable to receive it freely and gladly and will bring about in myself a feeling of obligation to the giver. When I clearly see that EVERY gift is from God, I shall be able to associate in one harmonious whole, the giver, the gift, and God.

My giving must follow the same rule. I am not the real giver, I am the channel of God to the receiver.

March 13**Sunday****April 10**

MEDITATION
EVEN BEFORE WE ASK



My Father,

I thank You, when want clamours at the windows, that my house is Your House, that I am totally safe within its impenetrable walls, and have absolutely nothing to fear.

You have supplied my every need before I ask. I do not look to a world of miracles, for man's hand is Your hand, the medium through which Your pour Your blessings. Because I can never want, I give confidently of myself, knowing that it is unfailingly replaced in greater measure. I picture Your abundant life embracing my own life.

While I am about Your business I need never ask for anything. It is inconceivable that Your Divine Purpose is not self-sufficient in all things. I go forth now, taking no thought for the morrow. My thoughts are lost in activity – Your activity. I am filled with gratitude that not only are my own needs met, but that I am able to extend my hand to the needs of others with such assurance that they sense Your Presence.

Prayer

*Our Father, Spirit That is Love within me,
Revered and holy be Thy Name,*

*Let Thy Kingdom of Love and Goodness
come into expression through me, and Thy
Will be carried out in and by me; here upon
earth as is done in Thy Spiritual Realm.*

*Help me to forgive my debtors that I myself
may be set free.*

*Teach me of Thy Presence of All-good and
lead me away from all error thinking, all
negation, delusion and vacillation.*

*Preserve me, my Father, from every kind of
separation.*

*For Thine is the Kingdom within me,
The Power and the Glory that fill me,
For ever and ever, Amen.*

March 14**Monday****April 11**

♦ *And this is the victory that overcometh the world, even our faith. – 1 John 5:4.*

**I GIVE THANKS THAT THE MESSAGE OF TRUTH
IS TODAY REVEALED IN THE MINDS AND
HEARTS OF ALL MEN.**

Today, as I turn my thought inwards, I realise with gratitude the eternal love and power of the Spirit of God indwelling me. As I think of the Master and His message to mankind, I am uplifted in the thought that the same Presence which was in Him, is also in me and all my fellowmen.

The power of God made manifest through Him, is my assurance that I am mightier than circumstance, and I give to the Master the honour for showing me the Way. Within me is born this day a new sense of confidence and courage, and a deeper realisation of the omnipotence of Love.

Knowing that the Father, the Master, and I are ONE and that He promised that the works HE did I could do, and even greater, I now consciously go forward realising that within me is the Power constantly sustaining, guiding and blessing me.

March 15**Tuesday****April 12**

◆ *Trust also in Him and He will bring it to pass. –Ps. 37:5.*

I CAN BEST PRAY FOR MY OWN GOOD THROUGH MY PRAYERS FOR MY NEIGHBOUR'S GOOD.

“Come unto Me, all ye that labour and are heavy laden and I will give you rest”. We fret too much, we struggle and strain, hoping by our own unaided efforts to wrest from life the things we desire, and sometimes we even destroy ourselves in the effort forgetting that where our own strength is inadequate, we have Love, to Whom all things are possible, to fall back upon.

Love is ever with us, able and anxious to help us, All we have to do in order to enlist Its aid, is to identify ourselves with It. We have to *know* that there is no separation between ourselves and God, or between us and any of our fellows.

The whole cosmos is an entity, all things work together for the common good. When we recognise this, envy, jealousy and grudging fade out of our hearts because we understand that what blesses one, blesses all, and we rejoice spontaneously in each other's good and give thanks for it as though it were our own.

March 16**Wednesday****April 13**

♦ *I will give thanks unto Jehovah. – Ps. 7:17.*

**FOR ALL THE GOODNESS WHICH YOU
SHOWER UPON ME, AND FOR LIFE ITSELF,
I GIVE THANKS, FATHER.**

So often we forget to thank God for His manifold blessings. Yet, when we remember that all the good things of life come to us as gifts from Him, surely we should remember to express our gratitude. He showers His gifts upon us daily in overflowing measure. Every pleasure that comes to us comes from Him.

Have you a home, food to eat, and clothes to wear? Have you dear ones who love you? Do you enjoy your life? If so, give thanks. We are so liable to take all these things for granted, and consider them our due, are we not?

Make a habit of turning to God sometimes during the day and expressing your love in some way. It may be merely in appreciation of the loveliness of the earth, or whenever your experience pleasure, or happiness. And if there is something you lack, as a sign of your faith give thanks for it even before it materialises.

March 17**Thursday****April 14**

◆ *Be at peace with one another. – Mark 9:50.*

I KNOW THAT MAN CANNOT EXIST WITHOUT LOVE, AND THAT THE MORE LOVE I RADIATE THE RICHER, AND FULLER WILL MY LIFE BE.

The Master could think of nothing better to leave with man than His peace, and one of His most precious promises was that, eventually, we should find the peace “that passeth understanding”. One of the first steps thereto is that of living in friendship with our neighbours.

If we think of ourselves as being separate from each other it is obvious that rivalries will arise. These lead to quarrels among individuals, conflicts in society, wars between nations, and the *complete denial of Love*. But, how can any thinking person deny Love? It is the Life animating all created things, the very Substance out of Which they are made, the Law and Order that keeps the stars in their courses. IT IS GOD. And we, our children, relatives, friends, neighbours, enemies are *one with It*. Is there any room for Its unlikeness, can we endure, if we do not live together in peace? No! Whatever may be our unruly inclinations at present, ultimately we shall have to be at peace with ourselves.

March 18**Friday****April 15**

◆ *In Thy presence is fulness of joy. – Ps. 16:11.*

**TODAY I AM FILLED WITH SPIRITUAL JOY
WHICH RADIATES TO THE BLESSING OF ALL
AROUND ME.**

There are two expressions of happiness, or joy, known to us, but they are very different in their effects upon us. The one is the transitory joy which comes from our appreciation of our outer circumstances of the moment, and the other is the permanent state of happiness which comes from the spirit.

It is a mistake to think that because the world seems to be full of sorrow, misery, trouble and tribulation of every kind, that the man who is trying to live the spiritual life, must not reflect happiness. If he does not show it in himself, how can he bring it into the lives of others?

The spiritual joy of which our affirmation for today speaks is not an unnatural state to be laboriously acquired, it is the very essence of spirit itself. Can you picture God as being downcast and miserable because man has thought himself into such a state? Of course you cannot. Therefore, if you seek to reflect God in your life, you must reflect Him as JOY, not as MISERY.

March 19**Saturday****April 16**

◆ *The Lord is my helper, and I shall not fear what man shall do unto me. – Heb. 13:6.*

**LOVE IS MY REFUGE AND STRENGTH SO I HAVE
NOTHING AND NO ONE TO FEAR.**

If one had a powerful and devoted dog guarding one, it would hardly enter one's head to fear its helpless puppy, would it? Can then the behaviour of man be expected to alarm us, If God be on our side? Why is it that we give way to fear? Can it be because we are not sure of God?

GOD IS LOVE. LOVE is within us, and Its ONLY concern is for our complete well being. Furthermore, It is Omniscience, Omnipotence and Omnipresence, so It knows in what our welfare consists, It has the power to bring it forth and since It is *ALL*-presence, It must *Itself* be our Good.

Where, then does man come in, if Love is all there is? Humanity is Love's self-expression, and all men are our "other selves," for as we are one with Love, so are they also, which makes them one with us.

Love is our shield and outside of It is no power and no presence that could do us harm.

March 20**Sunday****April 17***MEDITATION****YOUR CLEAR PATH***

My Father,

I look back upon my journey along the Path of Truth, at the many breathtaking demonstrations of Your All-Power, knowledge and presence, which required only my acceptance to release into manifestation. I turn to a difficulty that has remained with me in spite of my prayers and affirmations.

I prepare myself now to say goodbye forever to this difficulty, to cast it once and for all into the illusion from where it came, I thank You, Father, that I have You to look up to. I lift up my entire consciousness and regain the high road and recognise this way as that from which I strayed.

This clear path takes me steadily into a world where new opportunities open because I am unfettered by old, imagined shortcomings. I am filled with wonderment at the possibilities that beckon, new activities in which I may glorify You. I thank you, Father, for Your commandment “Take up thy bed and walk.”

March 21**Monday****April 18**

◆ *By their fruits ye shall know them. – Matt. 7:20.*

I WILL TRY TO BE ACTIVELY ABOUT MY FATHER'S BUSINESS OF DOING GOOD

What a strange, unhealthy, and unpleasant stock must be the parent of modern life! The fruits of civilisation as they appear today are hatred, distrust, greed, selfishness, unkindness, and uncharitableness.

It is the task of mankind to get rid of this unwanted harvest and begin to bring the world back to its true nature. What a stupendous task is before us! But it is useless for us to sit back and expect someone else to do the work for us. It is the duty of each one of us to play his part.

In order to undertake this task we must use the greatest power at our disposal – the power of mind. We must keep our minds centred on the good, the true, and the beautiful, and forget our selfish aims. We must think of the good of the greatest number. We must be positive and constructive. And we must think more of what we can give than of what we can get.

March 22**Tuesday****April 19**

◆ *Faith is assurance of things hoped for, a conviction of things not seen. – Heb. 11.1.*

**I NOW EXPRESS MY FAITH IN GOD IN CHEERFUL
EXPECTANCY AND UPLIFTED THOUGHT.**

Here is an explanation of faith by Ralph Waldo Trine which may prove helpful: “Faith is nothing more or less than the operation of the THOUGHT FORCES in the form of an earnest desire, coupled with expectation as to its fulfilment. And in the degree that faith, the earnest desire thus sent out, is continually held to and watered by firm expectation, in just that degree does it either draw to itself, or does it change from the unseen into the visible, from the spiritual into the material, that for which it is sent.”

We all have earnest desires which we want fulfilled, and the thing to do is to expect them – to make pictures in our minds of the things we want, and keep them there. In that way we shall be releasing the force through us which will bring us our heart’s desires. But let us not concentrate only on what we want for ourselves – let us think of the needs of the others involved in the situation in order that we may serve.

March 23**Wednesday****April 20**

◆ *I will restore health unto thee. – Jer. 30:17.*

**I GIVE THANKS DAILY THAT ONLY GOD'S
ATTRIBUTES CONSTITUTE ME, AND CAN NEVER
BE SEPARATED FROM ME.**

The Truth student knows that health is his permanent possession, that it is one of the God-attributes that constitute him and that, because God is indivisible, it can never be separated from him. He also knows, to his cost, that it and any other of the Divine Qualities which are components of his being can be divorced from him *in consciousness*. We have all at one time or another, instead of judging righteous judgement – from the standpoint of Truth – taken note of conditions and circumstances and been misled by the testimony of our five physical senses – and in that way lies disaster.

It is imperative that we keep our eyes single to the good. The moment we look upon negation and accept it as a reality, we make it part of our personal awareness, and in so doing invite it to move in upon us and manifest discord in our lives, bodies or affairs.

God is Perfection and ALL there is, consequently what ever is unlike Him is illusion.

March 24**Thursday****April 21**

♦ *Consider the lilies of the field, how they grow. – Matt. 6:28.*

**HELP ME TO LIVE AS PURELY AS THE
LILIES OF THE FIELD, FATHER, THAT I MAY
GLORIFY YOU.**

What love and care the Father gives to the lilies as He does to all that He has made!

The lily asks little from the world – nourishment from the soil and the air, moisture from the rain and the dew – and light and warmth from the sunshine. With these gifts of God it lives, and well does it pay by its loveliness for all it has received. It asks for so little, and gives so much to the world in return. It is content just to be what the Father intended it to be, and desires nothing else.

Men and women would do well to follow the example of the lily and be what God intended them to be in the beginning. Instead, so many of us want to be something else. We may be greedy and want to have more than our neighbours – or if they have more than we have we may strain to live up to them.

Let us learn to put things of the Spirit first, for then worldly things will fall into their right place.

March 25**Friday****April 22**

◆ *He that soweth and he that reapeth may rejoice. –John 4:36.*

**STEADFASTLY I GUARD MY THOUGHTS, FOR I
KNOW THEIR CREATIVE POWER.**

It is the perfect freedom bestowed upon Man by God that he should be able to mould his life by the power of his thought. AS a man thinketh in his heart, so IS he, is not a platitude printed in the Bible, it is a living, vital truth.

Your mind is your mint – what are you coining? Of what do your thoughts consist – of sickness, unhappiness and lack, or of health, joy an abundance?

The Master meant exactly the same thing when He said “According to your faith is it done unto you.” What is your faith but your thoughts?

Is your mind concerned with sickness, sorrow and poverty? Because, if so, you are having faith in these things and the creative power of your thoughts, or your faith, will ensure that you ARE these things.

It is not God Who is imposing these adverse things upon you but you who are, of your own free will, creating them for yourself.

March 26**Saturday****April 23**

♦ *Give, and it shall be given unto you. – Luke 6:38.*

**BECAUSE GOD FIRST LOVED ME, I SEEK TO GIVE
LOVE TO ALL OF HIS CREATION.**

The Master told us that it is more blessed to give than to receive. Too many of us are apt to bestow “a little charity,” not because our hearts are brimming over with love, but because it seems to us to be the only thing to do in the circumstances, or because it represents a duty that we cannot possibly evade.

When, in this way, we “invest” our charity, it brings us no reward whatever. It is only the free gift that “blesses him that gives, and him that takes” and comes back to us multiplied an hundredfold.

When we give from our hearts, not counting the cost or looking for any return, we experience an uplifting of the spirit that no other action can call forth, for we are not just performing a kindness, we are fulfilling the Law of Love, the one fundamental principle that governs the universe and all that is in it.

March 27**Sunday****April 24**

MEDITATION
PERFECT PEACE



My Father,

Peace is the sleep of the spirit. I relinquish my entire being to Your infinite care. As I bathe in Your radiant Love, all thoughts of harsh conditions fade away, every anxiety about the future disappears. I am again a little child, safe in my parent's arms, knowing that I am protected from anything that may harm me.

In this unthreatened condition I release all to whom I have ever felt animosity. I wash from my consciousness all reports and rumours of conflicts at home and abroad. I share this peace with all who are in need. All loud noise, clamour, cries of unhappiness, retreat from my memory. I think on Your great announcement – “I bring you good news of great joy which will come to all the people.”

Father, as I sink deeper and deeper into Your blessed Peace, I give thanks that it is always available to me, at any time, day or night. I revel in Your freedom from prejudice, Your detachment from personalities and circumstances, Your Presence in me Which overcomes the world. In this state of Divine Rest I find my home now and forever.

March 28**Monday****April 25**

◆ *Thou wilt show me the path of life. – Ps. 16:11.*

**I GIVE THANKS THAT GOD NOW GUIDES ME
INTO THE PATH I SHOULD TAKE.**

So many people are square pegs in round holes, doing work they dislike and for which they feel they are not fitted. This may be due to the influence of parents or guardians during their youth who lacked understanding and sympathy and who insisted that the young ones should follow the course set out for them. The fact that they remain in positions which are irksome is often due to fear. They prefer to do unpleasant work rather than run the risk of being financially insecure, particularly if others are dependent on them.

If you feel you have not found your right niche in life turn to God for help, BELIEVING that you will receive it. Give thanks that you are being led to your right work under grace and in a perfect way. Then, in quiet confidence, wait for the opportunity to come, and when it does, grasp it. If your desire is to serve God and man, the way will be opened for you.

There is a place for each of us in God's scheme, and work for us to do. Let us try to do the thing for which we are best fitted.

March 29**Tuesday****April 26**

◆ *To the wise the way of life goeth upward. – Pro. 15:24.*

**WITH GOD'S HELP I GO EVER ONWARDS AND
UPWARDS IN MY KNOWLEDGE OF TRUTH.**

We should never allow prejudices to retard our progress. We need to be constantly examining our ideas to see that we are not holding fast to outworn opinions which are not in accordance with the teachings of Truth.

God is not a God of vengeance but a God of Love and tenderness, desiring that His children should have the good things of life. If they lack anything to fulfil their needs the fault is theirs, not His. They are not obeying the laws which have been set down for their guidance.

Much of what people believe is entirely erroneous when seen in the light of Truth. Let us examine all things, that we may not remain steeped in beliefs which will deter us on the pathway which leads to the kingdom of God. We want to go onward not back – up not down. Let us not allow prejudice to prevent us from examining new aspects of Truth which are presented to us.

March 30**Wednesday****April 27**

◆ *Commune with your own heart upon your bed,
and be still. – Ps. 4:4.*

**HELP ME TO KNOW MYSELF, FATHER, THAT I
MAY BE TRUE TO THE HIGHEST THAT IS IN ME.**

We should be far less liable to condemn others if we were completely honest with ourselves. Because we often are not, we fail to recognise our own shortcomings and blame someone or something else.

Let us search our hearts and our minds to be sure we have no hidden faults. Let us study ourselves objectively, acknowledge our errors. Having done this, however, let us put them out of our minds, and turn our thoughts from wrong to right.

If we want to understand others, we must first learn to understand ourselves. In our higher selves we are Spirit and made in the image and likeness of God, Who is perfect. Our bodies are temples which house the Spirit, and while they should be well cared for in every way, we should know that the Spirit is of first importance. Let us learn to feel our unity with this inner Power, for only by doing so shall we move upwards and onwards towards the perfection that is our goal.

March 31**Thursday****April 28**

◆ ... *for He is thy life, and the length of thy days. – Deut. 30:20.*

**TODAY I EXPERIENCE AND GIVE THANKS FOR
LIFE MORE ABUNDANT.**

How much of God are you experiencing in your life? To think of God as some far-off BEING, detached from His Creation and taking an interest in it as and when He feels so disposed, will not help you to experience the real thrill of life. The very life that animates you now IS God, but it depends upon you as to how much of that life you are allowing to manifest in and through you.

The amount of vital energy – life force – that you have depends upon the amount of consciousness you have of your one-ness with the ALL-LIFE. It can be great or small, just as you, by the quality of your thoughts, determine. You can go around with the consciousness that you are experiencing sickness, weariness and depression, or you can become conscious that you have the Life of God upon which to draw, and be filled with radiant energy. Which is your choice?

Friday**April 29**

◆ *Thy Kingdom come. Thy will be done in earth,
as it is in heaven. – (Matt 6:10)*

**GOD IS ONLY GOOD AND HIS WILL FOR US
IS ONLY GOOD.**

Why do we make such heavy weather of God's will for us, why are we so nervous to call for it in our lives? Do we think it can only be harsh and judgmental?

It is most likely from early religious days when all sorts of punishments and books filled with all our dubious deeds were so gleefully impressed upon us. Or, of course, it may be through complete ignorance of what God's will consists of. Again in our present age it may be heralded with the disdainful and ubiquitous "whatever" that is the common cause when something is held in dispute.

Let us immediately reject all our nefarious thoughts about God's will for his creation and accept that God's will is good and only good. Let us live with the precious knowledge, as espoused by our founder, "God is in His Heaven and all is right with our world" since it is His omnipresent, omniscient and omnipotent LOVE and WILL, this day to be to us – and all peoples – the Kingdom of All Good here in His visible world.

Saturday**April 30**

♦ *If any man is in Christ he is a new creature. – 2 Cor. 5:17.*

**WITH MY SPIRITUAL VISION I ACKNOWLEDGE
ONLY THE OMNIPRESENCE OF GOD IN ALL
CREATION.**

What is it, do you think, that makes of the man who is “in Christ” a new creature? It is the *renewing of his mind*, No one who has accepted the Masters teaching and is trying to follow in His footsteps can hold on to the doubts and fears that make up so large a part of the human consciousness.

It was His spiritual development that raised the Christ above the people among who he dwelt, and exalts Him at the present time over all mankind. He knew the Truth that there is no separation between the Creator and His created.

As we consciously concur in this truth, we begin to behold life, ourselves and our fellow-creatures through eyes, not of criticism, but of love; we start to discount adverse appearances and, with our spiritual vision, to perceive the GOOD that underlies all manifestation.

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